Behavioral Health Provider List

The attached referral and resource list is composed primarily of mental health and substance abuse outpatient providers located in Cecil County. Inpatient services for mental health and substance abuse treatment located in Cecil County are scarce; therefore, out of county locations have been included.

This document may be found at www.cecilcountyhealth.org under Addiction Services tab and Mental Health tab.

This list may not be all inclusive for resources related to mental health or substance abuse. If you would like further information please contact us at the following numbers:

Mental Health Core Service Agency
410-996-5112

Alcohol and Drug Recovery Center
410-996-5106

For Behavioral Health Crisis Assistance: 1-888-407-8018

401 Bow Street
Elkton, Maryland 21921
### OUTPATIENT MENTAL HEALTH SERVICES

**Upper Bay Counseling & Support Services Inc.**  
200 Booth Street, Elkton, MD 21921  
Intake: 410-620-7161  
Phone: 410-996-5104  
Fax: 410-996-5197  
www.ubcss.org

<table>
<thead>
<tr>
<th>Insurance</th>
<th>Licensed Staff</th>
<th>Age Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medical Assistance</td>
<td>LCSW-C</td>
<td>3 years &amp; older</td>
</tr>
<tr>
<td>Medicare</td>
<td>Psychiatric Nurse Practitioner</td>
<td></td>
</tr>
<tr>
<td>PAC</td>
<td>MD Psychiatrist</td>
<td></td>
</tr>
<tr>
<td>Commercial Insurance</td>
<td>Clinical Psychologists (Ph.D.)</td>
<td></td>
</tr>
</tbody>
</table>

**Specialties**  
Co-Occurring Disorders: mental health & substance abuse  
Trauma based treatment  
Eye Movement Desensitization Reprocessing (EMDR)  
Cognitive-Behavioral Therapy (CBT)  
Play Therapy, Sand Tray Therapy

**Days and Hours of Operation**  
Monday, Tuesday, and Thursday 8:00 am-5:00 pm  
Wednesdays 8:00 am-8:00 pm  
Friday 8:00 am-3:00 pm

**Description of Services**  
Upper Bay Counseling & Support Services, Inc. is a licensed outpatient mental health clinic (OMHC) that provides an array of services for children, adolescents, adults, and their families including individual, group, and family mental health treatment and evaluation, intensive case management, psychiatric rehabilitation programming (PRP), residential treatment for adults, school based therapy, and a Comprehensive Children’s Program that involves a day treatment program.

Updated: 2/1/12 gp
Key Point Health Services, Inc.
135 N. Parke Street, Aberdeen, MD 21001
Phone: 443-625-1600    Fax: 443-625-1520    www.keypoint.org

**Insurance**
Medical Assistance
Primary Adult Care (PAC)

**Licensed Staff**
Marital & Family Therapists
LCPC
LCSW-C
MD Psychiatrist

**Age Group**
4 years & older

**Days and Hours of Operation**
Monday, Tuesday, Wednesday 8:30 am - 7:00 pm
Thursday & Friday 8:30 am – 5:00 pm

**Description of Services**
Key Point is a licensed outpatient mental health clinic that offers individual and family therapy and medication management for adults and children. Additional adult services include PRP (psychiatric Rehabilitation Program) and RRP (Residential Rehabilitation Program) for adults.

Community Behavioral Services, Inc.
109 West Bel Air Avenue, Aberdeen, MD 21001
Phone: 410-297-2271    Fax: 410-297-2273    www.communitybehavioralservices.org

**Insurance**
Medical Assistance
Medicaid
Primary Adult Care (PAC)

**Licensed Staff**
MD Psychiatrists
LCPC
LCSW-C

**Age Group**
5 years & older

**Days and Hours of Operation**
Monday-Friday 9:00 am-6:00 pm

**Specialties**
Cognitive-Behavioral Therapy
Co-Occurring Disorders: mental health & substance abuse
Anger Management

**Description of Services**
Community Behavioral Services is a licensed outpatient mental health clinic (OMHC) that provides individual and family therapy, medication management, and Psychiatric Rehabilitation Program (PRP) for adults and children.

Updated: 2/1/12 gp
## OUTPATIENT MENTAL HEALTH SERVICES - continued

### Union Behavioral Health

111 W. High Street, Ste 302, Elkton, MD 21921  
Phone: 410-620-0008  Fax#: 410-620-1999  
Contact: Tami Randolph

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<tr>
<th>Insurance</th>
<th>Licensed Staff</th>
<th>Age Group</th>
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</thead>
<tbody>
<tr>
<td>Medical Assistance</td>
<td>Priscilla Stevens, MS, LCPC</td>
<td>4 years &amp; older</td>
</tr>
<tr>
<td>Medicare</td>
<td>Min Yu, MD Psychiatrist</td>
<td></td>
</tr>
<tr>
<td>Primary Adult Care (PAC)</td>
<td>Oscar Galvis, MD Psychiatrist</td>
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<tr>
<td>Commercial Insurance</td>
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</table>

**Days and Hours of Operation**  
Monday-Friday 8:30 am - 5:00 pm

**Description of Services**  
Union Behavioral Health provides individual counseling services and psychiatric medication management for adults. For children 4 years of age and older, **ONLY** psychiatric medication management is available.

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### Sheppard Pratt Physicians

501 S. Union Street, Havre de Grace, MD 21078  
Phone: 443-843-8050  Fax: 443-843-8023

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<tr>
<th>Insurance</th>
<th>Licensed Staff</th>
<th>Age Group</th>
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<tbody>
<tr>
<td>Medicaid</td>
<td>MD Psychiatrists</td>
<td>18 years &amp; older</td>
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<td>Primary Adult Care (PAC)</td>
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<td>Commercial Insurance</td>
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**Days and Hours of Operation**  
Monday-Friday 8:30 am – 4:00 pm

**Description of Services**  
Sheppard Pratt Physicians provides outpatient psychiatry/medication management services for adults ages 18 and over.

Updated: 2/1/12 gp
West Cecil Health Center
535 Rowlandsville Road, Conowingo, MD 21921
Phone: 1-877-378-9696  Fax: 410-378-9922

**Insurance**
- Medicaid
- Commercial Insurance
- Sliding Fee
- Medicare
- Primary Adult Care (PAC)

**Licensed Staff**
- Eileen Potocki, Ph.D. (Clinical Psychologist)

**Age Group**
- 8 years & older

**Days and Hours of Operation**
- Monday 8:00 am – 8:00 pm
- Wednesday & Thursday 8:00 am – 5:00 pm
- Friday 8:00 am – 3:00 pm

**Description of Services**
West Cecil Health Center offers primary and preventive healthcare, including mental health evaluation and treatment, with a focus on serving the underinsured and uninsured population. Most commercial insurances and Medical Assistance are also accepted.

Chesapeake Behavioral Health, LLC
221-C East Main Street, Rising Sun, MD 21911
Phone: 443-956-7945  Fax: 410-658-0088
Contact: Jodi French

**Insurance**
- Medical Assistance
- Primary Adult Care (PAC)
- Commercial Insurance

**Licensed Staff**
- Clinical Psychologist
- Neuropsychology

**Age Group**
- 18 years & older

**Days and Hours of Operation**
- Evening & Saturdays by appointment only

**Specialties**
- Neuropsychology
- Forensic psychology

**Description of Services**
Chesapeake Behavioral Health provides individual and family counseling services with a cognitive-behavioral orientation to treatment.
### Chesapeake Behavioral Health

215 North Street, Suite D, Elkton, MD 21921  
David Crone, LLC  Phone: 443-207-1809  Fax: 410-398-8678  
Donald Crone, LLC  Phone: 443-466-7138  Fax: 410-620-8678  
Nancy J. Rafert, LCSW-C  Phone: 410-398-4222  Fax: 410-398-8678

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<th><strong>Insurance</strong></th>
<th><strong>Licensed Staff</strong></th>
<th><strong>Age Group</strong></th>
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<tr>
<td>Commercial Insurance</td>
<td>LCSW-C</td>
<td>3 years &amp; older</td>
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<tr>
<td>Medical Assistance</td>
<td>Clinical Psychologist</td>
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#### Days and Hours of Operation

David Crone: Monday-Saturday Evening appointments  
Donald Crone: Monday-Thursday 9:00 am-8:00 pm  
            Friday-Saturday 9:00 am-12:00 pm  
Nancy Rafert: Monday-Thursday 10:00 am-7:00 pm

#### Specialties

- Spiritual Counseling: Depression  
- Chronic Pain: Cognitive-Behavioral Therapy  
- Anxiety Disorder: Scheme Focused Therapy  
- Medical Issues: Play Therapy  
- Anger Management

#### Description of Services

Chesapeake Behavioral Health provides individual, couples and family counseling for an array of mental health treatment needs.

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### Safe Harbor Christian Counseling, LLC

206 Mechanics Valley Road, North East MD 21901 or  
290 Whitehall Road Elkton, MD 21921  
Phone: 410-569-9497  Fax: 410-569-0094  [www.safeharbor.com](http://www.safeharbor.com)  
Contact: Sherry McCotter

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<th><strong>Insurance</strong></th>
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<tr>
<td>Medical Assistance</td>
<td>LCSW-C</td>
<td>13 years &amp; older</td>
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#### Days and Hours of Operation

North East Site: Monday-Friday 9:00 am – 5:00 pm  
Elkton Site: Thursday 3:00 pm – 9:00 pm

#### Specialties

- Christian Counseling

#### Description of Services

Safe Harbor provides individual, couples, and family counseling with a cognitive-behavioral orientation to treatment.

Updated: 2/1/12 gp
R.E.S.E.T., LLC
16 Commercial Plaza, Ste. 174, Elkton, MD 21921
Phone: 443-822-2446

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<tr>
<th>Insurances</th>
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<tr>
<td>Medical Assistance</td>
<td>Sarah Langley, LCPC</td>
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<td>Commercial Insurance</td>
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</table>

**Days and Hours of Operation**

**Specialties**
Clinical Counseling
Life and Business Coaching
Business Consulting
Motivational Speaking

**Description of Services**
R.E.S.E.T provides individual, family, marital and pre-marital counseling. Other areas of focus include relationship building, mood stabilization, trauma recovery and resilience strategies, grief and bereavement, and anger management.

Norman Salzberg, Ph.D.
308 Curtis Ave.
Elkton, MD 21921
Phone: 410-392-4255  Fax: 410-392-5922  nsalzberg@comcast.net

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<td>Medical Assistance</td>
<td>Clinical Psychologist</td>
<td>13 years &amp; older</td>
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<tr>
<td>Medicare</td>
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<tr>
<td>Primary Adult Care (PAC)</td>
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<td>Commercial Insurance</td>
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**Days and Hours of Operation**
Monday – Friday 10:00 am – 7:00 pm

**Specialties**
Cognitive Behavioral Therapy  Eclectic Therapy
Supportive Therapy  Individual Therapy
Rogerian Therapy (Person-Centered Therapy)  Group Therapy

**Description of Services**
Dr. Salzberg provides psychological counseling services to adults, adolescents, couples, and families.
### OUTPATIENT MENTAL HEALTH SERVICES - continued

George Raine, Ph.D.  
159 Gina Court Wyn Lea  
Elkton, MD 21921  
Phone: 410-398-5991  Fax: None

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<th>Insurance</th>
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<td>Commercial Insurance</td>
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**Days and Hours of Operation**

**Specialties**

**Description of Services**

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### HOSPITAL (INPATIENT) PSYCHIATRIC SERVICES

Meadow Wood Behavioral Health System  
575 South DuPont Highway, New Castle, De 19720  
Phone: 1-302-328-3330  Fax: 1-302-328-9336

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<tr>
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<tr>
<td>DE- Medical Assistance</td>
<td>All</td>
<td>18 yrs - up</td>
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<td>Commercial Insurance</td>
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**Days and Hours of Operation**

24 hours/7 days a week

**Specialties**

Co-occurring Disorders
Geriatric Behavioral Health

**Description of Services**

Meadow Wood Hospital offers acute psychiatric services including detoxification and 24 hour free and confidential assessments for adults. Specialized services include a geriatric unit and a partial hospitalization program for adults with co-occurring disorders.

Updated: 2/1/12 gp
Rockford Center Psychiatric Hospital
100 Rockford Drive
Newark, DE 19703
Phone: 1-302-996-5480   Fax: 1-302-996-0269

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<tr>
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<tr>
<td>MD Medicaid</td>
<td>All</td>
<td>Children</td>
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<td>Medicare</td>
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<td>Adolescents</td>
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<tr>
<td>Commercial Insurance</td>
<td></td>
<td>Adults</td>
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</tbody>
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_Days and Hours of Operation_
24 hours/7 days a week

_Specialties_
Acute Psychiatric Care
Partial Hospitalization Program
Geriatric

_Description of Services_
Rockford Center offers free and confidential assessments 24 hours daily, acute psychiatric care, and partial hospitalization programs for children, adolescents, and adults.

Union Hospital of Cecil County
106 Bow Street
Elkton, MD 21921
Phone: 410-398-4000   Fax: 410-620-1320

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<tr>
<td>Medicaid</td>
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<td>18 years &amp; older</td>
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<tr>
<td>Medicare</td>
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<tr>
<td>Commercial Insurance</td>
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_Days and Hours of Operation_
24 hours/7 days a week

_Specialties_

_Description of Services_
Union Hospital offers acute psychiatric stabilization services for adults.

Updated: 2/1/12 gp
### Alcohol & Drug Recovery Center
Cecil County Health Department/ADRC  
401 Bow Street, Elkton, MD 21921  
Phone: 410-996-5106   Fax: 410-996-5707  
Contact: Ken Collins

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<tr>
<th>Insurance</th>
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<th>Age Group</th>
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</thead>
<tbody>
<tr>
<td>Medical Assistance</td>
<td>Certified Addiction Counselors</td>
<td>12 years &amp; older</td>
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<tr>
<td>Commercial Insurance</td>
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<td></td>
</tr>
<tr>
<td>Primary Adult Care (PAC)</td>
<td></td>
<td>Pregnant Women Accepted</td>
</tr>
</tbody>
</table>

**Days and Hours of Operation**  
Monday-Thursday 8:00 am-8:30 pm  
Friday 8:00 am-5:00 pm

**Specialties**  
Adolescent/Adult Outpatient Treatment services  
Family Programs  
Court Assessments

**Description of Services**  
The Alcohol and Drug Recovery Center provides a comprehensive array of substance abuse prevention, intervention, and treatment services for Cecil County residents.

### Haven House Treatment Programs, Inc.
1195 Augustine Herman Highway  
Elkton, MD 21921  
Phone: 410-398-9900   Fax: 410-398-4881

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<tr>
<th>Insurance</th>
<th>Licensed Staff</th>
<th>Age Group</th>
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<tbody>
<tr>
<td>Commercial Insurance</td>
<td>Certified Addiction Counselors</td>
<td>18 years &amp; older</td>
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<tr>
<td>Primary Adult Care (PAC)</td>
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</table>

**Days and Hours of Operation**  
Monday-Friday 9:00 am-9:00 pm

**Specialties**  
9 Month Halfway House Treatment Program (Male Only)

**Description of Services**  
10 Week Drug Education Program, 10 Week Anger Management Program, 12 hours DUI/Alcohol Education Program, and Outpatient Treatment for Alcohol and Drug Abuse (MVA and ADAA Certified) – Women and pregnant women accepted for these programs

Updated: 2/1/12 gp
## OUTPATIENT MEDICATION-ASSISTED SUBSTANCE ABUSE TREATMENT PROVIDERS

Elkton Treatment Center  
212 Blue Ball Avenue  
Elkton, MD 21921  
Phone: 410-620-6077  
Fax: 410-620-6081

**Insurance**  
Participating MD Medicaid MCO’s  
Commercial Insurance

**Age Group**  
Age 18 & older  
*Pregnant Women Accepted*

**Additional Information**  
Specializing in Treatment of Opiate Dependence  
Methadone / Buprenorphine Provider  
**Not Currently Accepting New Referrals (as of January 2012)**

## PRIMARY CARE PHYSICIANS / CERTIFIED in BUPRENORPHINE MANAGEMENT

<table>
<thead>
<tr>
<th>Dr. Muhammad Afzal</th>
<th>Dr. Paul Katz</th>
</tr>
</thead>
<tbody>
<tr>
<td>139 W. Main Street</td>
<td>251 South Bohemia Avenue</td>
</tr>
<tr>
<td>Elkton, MD 21921</td>
<td>Cecilton, MD 21913</td>
</tr>
<tr>
<td>Phone: 410-392-8182</td>
<td>Phone: 410-275-8156</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Dr. David Hoffman</th>
<th>* Buprenorphine treatment is not available to pregnant women by any of the Primary Care Physicians.</th>
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</thead>
<tbody>
<tr>
<td>16 Commercial Plaza</td>
<td></td>
</tr>
<tr>
<td>Elkton, MD 21921</td>
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<tr>
<td>Phone: 610-255-4466</td>
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Updated: 2/1/12 gp
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<thead>
<tr>
<th>INPATIENT/RESIDENTIAL SUBSTANCE ABUSE TREATMENT PROVIDERS</th>
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<tbody>
<tr>
<td><strong>Father Martin’s Ashley</strong></td>
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<tr>
<td>800 Tydings Lane</td>
</tr>
<tr>
<td>Havre de Grace, MD  21078</td>
</tr>
<tr>
<td>Phone: 800-799-HOPE (4673)</td>
</tr>
<tr>
<td><strong>Insurance</strong></td>
</tr>
<tr>
<td>Commercial Insurance</td>
</tr>
<tr>
<td><strong>Age Group</strong></td>
</tr>
<tr>
<td>18 years &amp; older</td>
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</table>

| **Gaudenzia**                                           | **Hudson Health**                                      |
| Multiple Locations in Maryland                          | 1506 Harting Drive                                     |
| Phone: 410-887-1503                                     | Salisbury, MD 21802                                    |
| **Insurance**                                           | Phone: 888-288-9086                                    |
| Commercial Insurance                                    | Commercial Insurance                                   |
| Participating MD Medicaid MCO’s                        | Participating MD Medicaid MCO’s                       |
| **Age Group**                                           | **Age Group**                                          |
| Adults                                                  | 18 years & older                                       |

| **Phoenix Recovery Center**                             | **Mountain Manor**                                     |
| 107 Edgewood Road                                        | 3800 Frederick Avenue                                  |
| Edgewood, MD  21040                                     | Baltimore, MD 21229                                    |
| Phone: 800-671-9516                                     | Phone: 410-233-1400 or 301-447-2361                    |
| **Insurance**                                           | **Insurance**                                          |
| Commercial Insurance                                    | Commercial Insurance                                   |
| **Age Group**                                           | Participating MD Medicaid MCO’s                       |
| 18 years & older                                        | **Age Group**                                          |
|                                                        | Adolescent & Adults                                    |

*Updated: 2/1/12 gp*
<table>
<thead>
<tr>
<th>Warwick Manor</th>
<th>A.F. Whitsitt Center</th>
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<tbody>
<tr>
<td>3680 Warwick Road, East New Market, MD 21631</td>
<td>300 Scheeler Road, Chestertown, MD 21620</td>
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<tr>
<td>Phone: 410-943-8108</td>
<td>Phone: 410-778-6404</td>
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**Insurance**
- Commercial Insurance
- Participating MD Medicaid MCO’s

**Age Group**
- 18 and older

**Additional Information**
- Dual Diagnosis Capability

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<tr>
<th>Mirmont</th>
<th>Maryville</th>
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<tr>
<td>100 Yearsley Mill Road, Lima, PA 19063</td>
<td>1903 Grant Avenue, Williamstown, NJ 08094</td>
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<tr>
<td>Phone: 800-846-466 or 610-744-1400</td>
<td>Phone: 856-629-0244</td>
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</tbody>
</table>

**Insurance**
- Commercial Insurance

**Age Group**
- 18 years & older

**Additional Information**
- Detoxification
- Up to 28 Day Stay
- Requires Referral from a Healthcare Professional
### Kirkwood Detox
3315 Kirkwood Highway  
Wilmington, DE 19808  
Phone: 302-691-0140

**Insurance**  
Commercial Insurance

**Age Group**  
18 years & older

**Additional Information**  
Detoxification Only  
Many insurance companies require on-site evaluation to authorize treatment.

### Bowling Green-Kennett Square
1375 Newark Road  
Kennett Square, PA 19348  
Phone: 888-307-6237

**Insurance**  
Commercial Insurance

**Age Group**  
18 years & older

**Additional Information**  
Dual Diagnosis Capacity  
Pregnant Female Program  
Methadone Detox, Maintenance, & Buprenorphine

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### Center for Addiction & Pregnancy (CAP)
The Johns Hopkins Bayview Medical Center  
4940 Eastern Ave.  
Baltimore, MD 21224  
Phone: 410-550-3020  
Fax: 410-550-3027  
For Referrals: 410-550-3066

**Insurance**  
Commercial Insurance  
Participating MD Medicaid MCO’s  
(Jai, Amerigroup, MD Physician’s Care, Priority Partners, United Health Care)

**Age Group**  
No Age Restrictions

**Additional Information**  
CAP offers innovative and comprehensive substance abuse treatment to pregnant and drug-dependent mothers and their drug-affected infants including individual/group therapy, family counseling, case management, relapse prevention, and when indicated, methadone maintenance as an adjunct to treatment. A full range of healthcare services are also available including psychiatry, pediatrics, obstetrics/gynecology, and family planning.

Updated: 2/1/12 gp