



**CECIL COUNTY  
HEALTH  
DEPARTMENT**

JOHN M. BYERS HEALTH CENTER • 401 BOW STREET • ELKTON, MD 21921

STEPHANIE GARRITY M.S., HEALTH OFFICER

WWW.CECILCOUNTYHEALTH.ORG

**CECIL COUNTY COMMUNITY  
HEALTH ADVISORY COMMITTEE (CHAC) MEETING**  
Thursday, July 20, 2017 at 4:30 p.m.

**Present:** Dan Coulter, Jen Padgett, Laurie Humphries, Mary Ellen Rapposelli, Gwen Parrack, Tahia Glanton, Lily Hilfterty, Mike Massuli, Ken Collins, Beth Creek, Ginny Bailey, Jean-Marie Kelly, John Bennett, De'Anna Collins, Kevin Lundin, Beth Money, Michelle Ness, Katricia Thompson, Alicia Downs, Devon Vitti, Robin Hollar, Dr. Virginia Bailey, Stacy Kortas, John Ness, Dr. James Ziccardi, Patty Smith

Topic	Discussion / Decision	Further Action Required
<p><b>Cecil County Health Status Update – Dan Coulter</b></p>	<ul style="list-style-type: none"> <li>• This meeting marks one year under our Community Health Improvement Plan (CHIP).</li> <li>• As seen in the attached tables, we are making some strides, but there is still room for improvement.</li> <li>• There are 2 categories for the County Health Rankings: Health Outcomes &amp; Health Factors.</li> <li>• Health Factors:               <ul style="list-style-type: none"> <li>○ Cecil County is similar to Maryland for quality of life, but behind in the length of life, our population is dying younger.                   <ul style="list-style-type: none"> <li>Adult smoking in Cecil County is improving. The Food Environment Index is among the top 10% of counties nationwide.</li> </ul> </li> <li>○ Cecil County uninsured rates are improving and among the top 10% of counties nationwide.</li> <li>○ The number of high school graduates is increasing in Cecil County.</li> <li>○ More children in single parent homes as well as an increase in injury deaths</li> </ul> </li> <li>• Over the past 7 years Cecil County's ranking has improved from the 4<sup>th</sup> quartile to the 3<sup>rd</sup> quartile of Maryland counties for both Health Outcomes and Health Factors.</li> <li>• County Health Rankings is just one methodology we use to measure health in our community.</li> <li>• Health Outcomes:               <ul style="list-style-type: none"> <li>○ Top 5 causes of death in Cecil County for 2015 were: – Heart Disease, Cancer, COPD, Stroke and Accidents.                   <ul style="list-style-type: none"> <li>▪ There were 32 Overdose deaths, making up a large portion of all accidental deaths.</li> </ul> </li> <li>○ Heart Disease age-adjusted mortality rates have been increasing over the past 5 years and Cecil County is significantly higher than the state average.</li> <li>○ Cancer age-adjusted mortality rates have decreased over the past 5 years. Cecil County is still significantly higher than the state average.</li> <li>○ COPD age-adjusted mortality rates have decreased slightly; still double the average for Maryland.</li> <li>○ Stroke age-adjusted mortality rates in Cecil County have increased significantly.</li> <li>○ Accident age-adjusted mortality rates have improved slightly over past several years; we are now in line with the state of Maryland.</li> </ul> </li> </ul>	<p><a href="#">Health Status Update Presentation</a></p>

*Healthy People. Healthy Community. Healthy Future.*

ADMINISTRATIVE SERVICES.....410-996-5550  
 ALCOHOL AND DRUG RECOVERY CENTER.....410-996-5106  
 EMERGENCY PREPAREDNESS.....410-996-5113  
 COMMUNITY HEALTH SERVICES.....410-996-5130  
 DISEASE CONTROL.....410-996-5100

ENVIRONMENTAL HEALTH SERVICES.....410-996-5160  
 HEALTH PROMOTION.....410-996-5168  
 MENTAL HEALTH AND SPECIAL POPULATIONS SERVICES.....410-996-5112  
 TTY USERS FOR DISABLED: MARYLAND RELAY.....800-201-7165  
 EN ESPAÑOL.....410-996-5550 EXT 4680

CECIL COUNTY HEALTH DEPARTMENT TOLL FREE.....877-334-9985

Task Force Reports:		
Drug & Alcohol Abuse Council – John Bennett	<ul style="list-style-type: none"> <li>• The Drug and Alcohol Abuse Council’s approved local plan seeks to reduce substance abuse and dependence and related consequences through development and implementation of an integrated and comprehensive prevention/early-intervention, treatment, recover support and public safety system which meets the needs of the general public and the criminal justice system.</li> <li>• Recent progress toward the FY2016-FY2017 DAAC “Plans, Strategies and Priorities” and the Community Health Improvement Plan:               <ul style="list-style-type: none"> <li>○ Cecil County Overdose Response Program facilitated substance use disorder education, overdose identification and response guidance, and naloxone distribution for 429 individuals. Between calendar year (CY) 2015 and CY 2016, Cecil County was one of the three counties in Maryland to see a decrease in total fatal overdoses.</li> <li>○ Outreach to Survivors of Overdose (OSO) Program: between April 3, and June 30, 2017, 110 contacts were initiated with survivors. From these attempts, 20 connections were successful, and seven individuals enrolled into substance use disorder treatment.</li> <li>○ Cecil County maintains four permanent locations for drug disposal; Cecil County Sheriff’s Office in Elkton, Elkton Police Department, North East Police Department, and Rising Sun Town Hall. Perryville may have a mobile drop off soon.</li> </ul> </li> </ul>	<a href="#">DAAC Report</a>
Mental Health Core Service Agency Advisory Council – Tahia Glanton	<ul style="list-style-type: none"> <li>• The Advisory Council participated in a prioritization exercise and selected strategies from the CHIP to work on at this time. As the process continues, more strategies will be developed and added to achieve the goals.</li> <li>• Goal 1.2: Improve the mental health and well-being of Cecil County residents.               <ul style="list-style-type: none"> <li>○ Combined objective 1.2.1 and 1.2.2</li> <li>○ Status: Reviewed YRBS data regarding youth sadness among Cecil County high school students, and identified LGBTQ youth as a subpopulation reporting significantly higher prevalence of sadness (68.1% vs. 24.3%) and thoughts of suicide (57.3% vs. 13.4%) to focus efforts on.</li> </ul> </li> <li>• Goal 2: Improve Access to Behavioral Health Services in Cecil County.               <ul style="list-style-type: none"> <li>○ Strategies: Increase awareness of behavioral health resources and services in the community.</li> <li>○ Status: Coordinating with the Resource Directory QI project at the Health Department regarding the launch of the electronic resource guide. This guide will be focused on behavioral health resources for the Cecil County residents.</li> </ul> </li> <li>• LGBTQ workshop to be held at the Cecil County Health Department August 16, flyer attached.</li> </ul>	<a href="#">MHCSA Report</a>  <a href="#">LGBTQ Flyer</a>
Healthy Lifestyles Task Force – Lily Hilferty	<p>Tasked with 2 goals: (1) With partners, increase youth access to physical activities and nutritious foods in each community in Cecil County. (2) With partners, implement evidenced-based prevention programs that teach personal responsibility for one's health.</p> <ul style="list-style-type: none"> <li>• Each Workgroup set long term and short term goals.</li> <li>• Developed an infographic n the health benefits of walking to be shared by partners on social media.</li> <li>• Short Term Objective 5: In contact with the Perryville Library as a potential new site for a Chronic Disease Self-Management Program</li> <li>• Developed a comprehensive electronic inventory of community resources: <a href="http://www.cecilcommunityresources.org">http://www.cecilcommunityresources.org</a></li> <li>• Contact Lily Hilferty with any resources to be added to the list.</li> </ul>	<a href="#">HLTF Report</a>
Cancer Task Force – Mary	<ul style="list-style-type: none"> <li>• Subcommittee EMR Flagging &amp; Referrals:               <ul style="list-style-type: none"> <li>○ For Objective 2.2.1 Union Hospital (UH) and Union Primary Care (UPC) of</li> </ul> </li> </ul>	<a href="#">CTF Report</a>

<p>Ellen Rapposelli for Beth Money</p>	<p>Elkton are the Key Partners. UH currently retrieving data, but UPC of Elkton has identified 58 clients to be referred for low-dose CT lung cancer screening.</p> <ul style="list-style-type: none"> <li>○ Would like to see how many clients came in and how many were actually referred, and how many actually received screening. Researching that outcome measure.</li> <li>● Subcommittee Health Fair: <ul style="list-style-type: none"> <li>○ Group decided to create a video. Brought in a student from the University of Delaware to film this video. Content of the video is of a client who came in to talk about the lung cancer screening, how the cancer was found, and how she is now back to work. She talked about her own experience and how easy it was.</li> <li>○ Video will be ready for August 10 presentation.</li> </ul> </li> <li>● Subcommittee Social media: <ul style="list-style-type: none"> <li>○ Would like to use this video. Currently going through the approval process.</li> <li>○ A short message has been posted on Facebook by UH &amp; CCHD.</li> <li>○ Funding Sources: CRF-CPEST Grant FY18 submitted to provide Lung Cancer Screening Pilot Program and awaiting approval.</li> </ul> </li> </ul>	
<p>Tobacco Task Force – Jennifer Padgett &amp; Jean- Marie Kelley</p>	<ul style="list-style-type: none"> <li>● This CHIP Objective was divided into 3 areas: Community Engagement, Education, and Enforcement. Goal is to reduce tobacco use in adults and youth.</li> <li>● Seeing a surge in electronic-cigarette use in youth and pregnant women.</li> <li>● 3 anti-tobacco videos shown – can be found at Youth initiative.org (YouTube) <ul style="list-style-type: none"> <li>○ Please contact Jen P if you would like to put the videos on your social media</li> <li>○ Video 1 – “No Cigarette Smoking” from Anne Arundel County</li> <li>○ Video 2 – “Cat” – this one went viral</li> <li>○ Video 3 – study group with North Bay</li> <li>○ All of these videos are geared and designed for youth.</li> </ul> </li> <li>● Community Baby Shower: (Jean Marie) <ul style="list-style-type: none"> <li>○ MIC unit received grant for the community baby shower which was held on June 10 at Union Hospital.</li> <li>○ Served 119 people:72 women (30 pregnant), 10 men, 37 children.</li> <li>○ 9 Booths (smoking cessation from our respiratory therapist). Over \$500 in free gifts – car seats, pack &amp; play, baby monitor.</li> <li>○ Survey: 38 people responded. The majority heard about us on Facebook. Most were nonsmoking women.</li> </ul> </li> </ul>	<p><a href="#">TTF Report</a></p> <p><a href="#">Community Baby Shower Presentation</a></p>
<p>Cecil County Inter-Agency Council on Homelessness– Gwen Parrack</p>	<ul style="list-style-type: none"> <li>● Goal 3.1: <ul style="list-style-type: none"> <li>○ Status: <i>Bridges to Opportunity</i> and <i>Open Table</i> are two anti-poverty models that communities have implemented at the local level and have been selected for further review.</li> </ul> </li> <li>● Goal 3.2 : <ul style="list-style-type: none"> <li>○ Strategy 1 - Related to all tiers, implement a county-wide coordinated assessment system for efficient linkage to services and housing options for all. This is a way of insuring that everybody is screening the homeless with the same criteria and priority. There are many barriers, but engaging in talks to lower those barriers. Reviewing the chronically homeless and seeing some success with housing.</li> <li>○ Strategy 2 - Technical assistance to be implemented by January of 2018.</li> <li>○ Strategy 3 – Research shows when people have a roof over their head people are more motivated to get assistance. Additional funding is prioritized for homeless.</li> <li>○ Strategy 4 – No partnering agency has been identified yet</li> <li>○ Strategy 5 – Paris Foundation has partnered with law enforcement to create an after-hours funding source for emergency housing situations that occur during non-business hours of human service agencies. These funds were used for an older woman to stay in a hotel until DSS was open, after being evicted.</li> <li>○ Strategy 6 – This has been accomplished informally.</li> <li>○ Strategy 7 – Furniture bank – No progress. Need an agency to take the lead.</li> </ul> </li> </ul>	<p><a href="#">CCIACH Social Determinants Report</a></p>

	Discussed recently formed furniture bank in Harford County.	
<b>Public Comment</b>	<ul style="list-style-type: none"><li>• Senator Cardin will be attending the Donaldson Brown Center tomorrow from 12 to 2 p.m. This is open to the public.</li></ul>	
<b>NEXT MEETING</b>	<b>Thursday, <span style="color: red;">January 18, 2018 at 4:30 p.m.</span> at the Cecil County Health Department</b>	