



**Drug and Alcohol Abuse Council Report
Cecil County Community Health Advisory Committee
July 20, 2017**

Drug-induced death rate per 100,000 population						
	2007-2009	2008-2010	2009-2011	2010-2012	2011-2013	2012-2014
Cecil	21.6	21.2	27.4	29.5	26.5	27.9
Maryland	12.9	12.1	11.9	12.3	13.3	15.2

HP 2020 Target: 11.3 MD 2017 Goal: 12.6 Cecil 2019 CHIP Goal: 25.2
Source: Maryland DHMH Vital Statistics Administration (VSA)

Rate of emergency department visits related to substance abuse disorders (per 100,000 population)					
	2010	2011	2012	2013	2014
Cecil	1538.6	2121.9	2234.8	2057.6	2165.7
Maryland	1122.4	1237.5	1398.2	1474.6	1591.3

MD 2017 Goal: 1400.9 Cecil 2019 CHIP Goal: 2057.4
Source: Maryland Health Services Cost Review Commission (HSCRC), Research Level Statewide Outpatient Data Files

Percentage of high school students who had at least one drink of alcohol on one or more of the past 30 days		
	2013	2014
Cecil	37.5	35.3
Maryland	31.2	26.1

Cecil 2019 CHIP Goal: 33.8%
Source: Maryland Youth Risk Behavior Survey

During the most recent meeting of the Cecil County Alcohol and Drug Council (DAAC) on June 22, 2017, the membership approved the plan and priorities for FY2018 - FY2019 (July 2017- June 2019). The plan was titled: “Plans, Strategies and Priorities for Meeting the Identified Needs of the General Public and the Criminal Justice System for Alcohol and Drug Abuse Evaluation, Prevention and Treatment.”

In short, the Council’s local plan seeks to reduce substance abuse and dependence and related consequences through development and implementation of an integrated and comprehensive prevention/early-intervention, treatment, recovery support and public safety system which meets the needs of the general public and the criminal justice system.

Healthy People. Healthy Community. Healthy Future.

ADMINISTRATIVE SERVICES..... 410-996-5550	ENVIRONMENTAL HEALTH SERVICES..... 410-996-5160
ALCOHOL AND DRUG RECOVERY CENTER..... 410-996-5106	HEALTH PROMOTION..... 410-996-5168
EMERGENCY PREPAREDNESS..... 410-996-5113	MENTAL HEALTH AND SPECIAL POPULATIONS SERVICES..... 410-996-5112
COMMUNITY HEALTH SERVICES..... 410-996-5130	TTY USERS FOR DISABLED: MARYLAND RELAY..... 800-201-7165
DISEASE CONTROL..... 410-996-5100	EN ESPAÑOL..... 410-996-5550 EXT 4680

The goals of the jurisdictional plan include:

- 1) Establish an accessible and integrated continuum of substance abuse treatment services for adult residents of Cecil County.
- 2) Establish and enhance resources and programs to address the substance use disorder concerns among individuals referred by the criminal justice system.
- 3) Establish an accessible and integrated continuum of substance use disorder prevention, intervention and treatment services for children, adolescents and their families of Cecil County.
- 4) Educate and assist the Cecil County community to live healthy and drug free lives.
- 5) Decrease obstacles to prevention, early-intervention, treatment and emergency response programs.
- 6) Develop a recovery-oriented systems approach that builds on the strengths and resilience of individuals, families, and communities to take responsibility for their sustaining health, wellness, and recovery from alcohol and drug problems.
- 7) Decrease the number of drug exposed newborns born in Cecil County.
- 8) Establish an accessible and integrated continuum of gambling prevention, intervention and treatment services.
- 9) Reduce incidence of fatal and non-fatal overdoses in Cecil County.

The above goals are supported by 46 objectives and related performance targets.

During the development of the local plan, the Cecil County Drug and Alcohol Abuse Council identified three priorities (objectives) for specific focus for the next two years, through June 2019. The priorities are aligned with the Cecil County Community Health Improvement Plan, and include the following:

- 1) **Goal 3, Objective E:** Increase protective factors and resiliency to prevent or delay the initiation of substance use and other high risk behaviors among youth in Cecil County.
- 2) **Goal 9, Objective E:** Increase overdose prevention education and related outreach to individuals and groups identified as high risk. Educate community members in overdose recognition and response.
- 3) **Goal 5, Objective F:** Increase communication, collaboration, and, where possible consolidation, among various stakeholder groups.

Successful implementation of the goals and objectives is contingent upon receipt of sufficient funding.

Select accomplishments and recent progress toward the FY2016 - FY2017 DAAC “Plans, Strategies and Priorities,” and the Community Health Improvement Plan follow:

- During Fiscal Year 2017, the Cecil County Overdose Response Program facilitated substance use disorder education, overdose identification and response guidance, and naloxone distribution for 429 individuals, (including 287 community members, 49 law enforcement officers, and 93 combined community and law enforcement renewals). Naloxone is a life-saving opioid antagonist medication that counters the effects of an

opioid overdose, reversing the depression of the central nervous system and respiratory system. The education and medication distribution were available for individuals with a history of opioid use and to those that could be in a position to witness and respond to an overdose. 1,623 community members and law enforcement officers completed said course since the program's inception on April 30, 2014. Between April 30, 2014 and June 30, 2017, a minimum of 164 lives were reported saved as a result of actions taken by ORP- trained individuals; (88 lives were reported saved by community members and 76 by law enforcement interventions). Between calendar year (CY) 2015 and CY 2016, overdose fatalities in Maryland increased by 66%. Cecil County, however, was one of three counties in Maryland to see a decrease in total fatal overdoses – deaths fell from 32 in CY 2015 to 30 in CY 2016. Additional overdose data is available at: https://bha.health.maryland.gov/OVERDOSE_PREVENTION/Pages/Data-and-Reports.aspx

- On April 3, 2017, the Cecil County Health Department in collaboration with the Cecil County Sheriff's office initiated the Outreach to Survivors of Overdose (OSO) program. Objectives for the program include the prevention of disease progression, future overdose events and death. The project strives to connect with individuals who survived an overdose event but refused transportation to Union Hospital or other healthcare provider. The Cecil County Sheriff's office provides overdose incident data and contact information for many of the overdose survivors. Health Department Peer Recovery Specialists and Overdose Prevention Coordinator employ the Sheriff's office data to contact the survivors, offer assistance and community resources, and encourage treatment admission. Between April 3, and June 30, 2017, one-hundred and ten contacts (initial and subsequent) were initiated with survivors. From these attempts, twenty connections were successful, and seven individuals enrolled into substance use disorder treatment.
- Medication take back efforts were successful and expanded during FY 2017. National Prescription Drug Take Back Days, scheduled twice annually, strive to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse and medications. On the most recent Take Back Day, April 29, 2017, Cecil County hosted eight locations for medication collections including all seven law enforcement offices and the County's first faith based event location at Five Rivers Church in Elkton. Local collections for the spring 2017 Take Back Day were the most successful on record: 341.8 lbs of medications were collected, an increase of 232% above amounts tallied for the spring 2016 event. In addition, Cecil County maintains four permanent locations for drug disposal, including: the Cecil County Sheriff's Office in Elkton, the Elkton Police Department, the North East Police Department, and the Rising Sun Town Hall. The fixed drop-boxes provide a safe, convenient and anonymous opportunity to dispose of unused and expired medications. Disposal locations are promoted online at: <http://www.rewriteyourscript.org/>
- During CY 2017, Cecil County observed an unprecedented expansion of Substance Use Disorder (SUD) treatment resources. Project Chesapeake opened offices in Elkton in September 2016, offering outpatient and intensive-outpatient (IOP) addictions counseling, driving while intoxicated (DWI/DUI) education and treatment, and an anger management and a domestic violence curriculum. Recovery Centers of America (RCA)

also opened during September 2016. The organization, located at Bracebridge Hall in Earleville, is Cecil County's first residential SUD treatment program. Upper Bay Counseling and Support Services expanded their treatment continuum in October 2016, to include SUD outpatient and IOP treatment for adolescents and adults. The program offers services from offices in Elkton, Havre de Grace, and Cecilton. In December 2016, Ashley Addiction Treatment opened a location within the Union Hospital Professional Building in Elkton. Ashley provides outpatient and IOP addictions counseling with ambulatory detoxification.

###