



**Drug and Alcohol Abuse Council Report
Cecil County Community Health Advisory Committee
January 19, 2017**

Drug-induced death rate per 100,000 population						
	2007-2009	2008-2010	2009-2011	2010-2012	2011-2013	2012-2014
Cecil	21.6	21.2	27.4	29.5	26.5	27.9
Maryland	12.9	12.1	11.9	12.3	13.3	15.2

HP 2020 Target: 11.3 MD 2017 Goal: 12.6 Cecil 2019 CHIP Goal: 25.2
Source: Maryland DHMH Vital Statistics Administration (VSA)

Rate of emergency department visits related to substance abuse disorders (per 100,000 population)					
	2010	2011	2012	2013	2014
Cecil	1538.6	2121.9	2234.8	2057.6	2165.7
Maryland	1122.4	1237.5	1398.2	1474.6	1591.3

MD 2017 Goal: 1400.9 Cecil 2019 CHIP Goal: 2057.4
Source: Maryland Health Services Cost Review Commission (HSCRC), Research Level Statewide Outpatient Data Files

Percentage of high school students who had at least one drink of alcohol on one or more of the past 30 days		
	2013	2014
Cecil	37.5	35.3
Maryland	31.2	26.1

Cecil 2019 CHIP Goal: 33.8%
Source: Maryland Youth Risk Behavior Survey

The Cecil County Drug and Alcohol Abuse Council (DAAC) seeks to reduce substance use disorders and related consequences through development and implementation of an integrated and comprehensive prevention/early-intervention, treatment, recovery support and public safety system. Select accomplishments and recent progress toward the DAAC “Plans, Strategies and Priorities,” and the Community Health Improvement Plan follow:

- The Cecil County Drug and Alcohol Abuse Council helped promote National Recovery Month during September 2016. The Recovery Month theme, “Join the Voices for Recovery: Our Families, Our Stories, Our Recovery,” highlighted the value of peer support and invited individuals and families in recovery to celebrate the achievements of the recovery community. Celebrations included: a NorthEastern Maryland Intergroup of Alcoholics Anonymous picnic on September 3rd; the Voices of Hope for Cecil County screening of the

Healthy People. Healthy Community. Healthy Future.

ADMINISTRATIVE SERVICES.....410-996-5550	ENVIRONMENTAL HEALTH SERVICES.....410-996-5160
ALCOHOL AND DRUG RECOVERY CENTER.....410-996-5106	HEALTH PROMOTION.....410-996-5168
EMERGENCY PREPAREDNESS.....410-996-5113	MENTAL HEALTH AND SPECIAL POPULATIONS SERVICES.....410-996-5112
COMMUNITY HEALTH SERVICES.....410-996-5130	TTY USERS FOR DISABLED: MARYLAND RELAY.....800-201-7165
DISEASE CONTROL.....410-996-5100	EN ESPAÑOL.....410-996-5550 EXT 4680

movie “Generation Found” (a film about one community coming together to ignite a youth addiction recovery revolution in their hometown) on September 6th; the Haven House Celebrate Recovery picnic on September 10th; a reading of the Recovery Month proclamation by the County Executive and a member of County Council at the Cecil County Drug Court on September 16th; and the sixth annual 5K/12 Step Recovery Walk & Block Party on September 24th. These events brought more than one-thousand people together to share real life experiences of the power of recovery from mental and/or substance use disorders.

- Cecil County Drug and Alcohol Abuse Council members participated in a Cecil County roundtable discussion with U.S. Senator Ben Cardin at the Perryville branch of the Cecil County Public Library, on September 24, 2016. The discussion focused on the heroin epidemic permeating the county, state, and country. The roundtable was chaired by then-County Council Vice-President (currently-County Executive) Alan McCarthy, and included a diverse representation of prevention, treatment, recovery support, and public safety organizations and officials. Two Elkton High School students, members of the Cecil County Drug Free Community Coalition, also participated. During the event, Senator Cardin learned about local progress to address substance use disorders, including efforts by Peer Recovery Specialists to outreach to, and connect with services, those in need of treatment and recovery support. Senator Cardin also learned about system and capacity challenges related to limited workforce, too few residential treatment beds, low insurance reimbursement, and inadequate transportation.
- The Cecil County Local Overdose Fatality Review Team (LOFRT) continued to serve as a model for other jurisdictions and states. The Team utilized a multi-disciplinary approach to investigate intoxication deaths, determine root causes, and suggest potential strategies for the reduction of future overdoses.
 - Thirty one members representing 23 local organizations participate on the Cecil County LOFRT, including several members of the Cecil County Drug and Alcohol Abuse Council. The Team convened 29 meetings and reviewed 72 cases between February 2014 and December 31, 2016.
 - On October 11, 2016, the Team hosted several senior health and public safety representatives from New Jersey, including the Deputy Commissioner of the New Jersey Department of Health and the Commander of New Jersey HIDTA (High Intensity Drug Trafficking Area). The visitors observed LOFRT processes and received technical guidance for organizing similar review teams in New Jersey.
 - The Cecil County - Local Overdose Fatality Review Team (LOFRT) is currently preparing the CY2016 Annual Report. Prior annual reports informed policy and programming to help prevent overdoses. Observations and recommendations from prior reports included: (1) evidence of need to provide education, outreach,

and supportive services for family members of substance abusers; (2) evidence of need to provide overdose response training and increased access to naloxone in the community; (3) evidence of need to train and equip providers of somatic care to complete Screening, Brief Intervention, and Referral to Treatment protocols; (4) evidence of need to embed peer recovery specialists within somatic care provider offices; (5) evidence of need to expand use of the Prescription Drug Monitoring Program and mandate provider participation; and (6) evidence of need for care coordination and provider follow-through to ensure continuity of care, regardless of treatment level, reason for discharge, patient prognosis, or perceived patient effort in treatment.

- On November 17, 2016, leadership from the Health Department’s Division of Addiction Services facilitated a presentation at the Maryland Integrative Overdose Prevention Strategies & Practices Conference sponsored by Behavioral Health Administration of the State of Maryland’s Division of Health and Mental Hygiene. The presentation was entitled “Integrating Peer Outreach Services within Behavioral Health and Recovery Settings” and focused on successful efforts to embed Peer Recovery Specialists within Cecil County’s Department of Social Services, Department of Parole and Probation, Detention Center, Drug Court, West Cecil Health Center, Mary Randall Center, as well as the emergency room and every floor of Union Hospital. All Maryland jurisdictions were represented at the conference. The Cecil County Health Department was one of three Maryland health departments asked to facilitate a presentation.
- On December 15, 2016, the Cecil County Drug and Alcohol Abuse Council acknowledged the extraordinary leadership of the Honorable Tari Moore, former County Executive for Cecil County. The Council awarded Ms. Moore a plaque of recognition for efforts to address substance use disorders and expand related prevention, treatment, recovery support and public safety initiatives throughout the jurisdiction.
- On December 31, 2016, the Health Department’s Division of Addiction Services summarized 32 months of Overdose Response Program (ORP) training. Between April 30, 2014 and December 31, 2016, the Cecil County overdose prevention coordinator facilitated training for 1,385 community members and law enforcement officers. Offered at no cost, the training is for anyone who may encounter a person experiencing an opiate overdose. Participants gain education, skills, and the ability to possess and administer Narcan to reverse an opiate overdose. Between April 30, 2014 and December 31, 2016, 128 lives were reported saved as a result of actions taken by ORP certified individuals; 74 lives were saved by community members and 54 by law enforcement interventions. During the first nine months of calendar year (CY) 2016, overdose fatalities in Maryland increased by 62% over the same period in CY 2015. Cecil County experienced twenty-two fatalities during the first nine months of CY

2016, with no increase from the same period in CY 2015. Additional overdose data is available at: http://bha.dhmh.maryland.gov/OVERDOSE_PREVENTION/Pages/Data-and-Reports.aspx

- During the last six months, Cecil County observed an unprecedented expansion of Substance Use Disorder (SUD) treatment resources. Project Chesapeake opened offices in Elkton in September 2016, offering outpatient and intensive-outpatient (IOP) addictions counseling, driving while intoxicated (DWI/DUI) education and treatment, and an anger management and a domestic violence curriculum. Recovery Centers of America (RCA) also opened during September 2016. The organization, located at Bracebridge Hall in Earleville, is Cecil County's first residential SUD treatment program. Upper Bay Counseling and Support Services expanded their treatment continuum in October 2016, to include SUD outpatient and IOP treatment for adolescents and adults. The program offers services from offices in Elkton, Havre de Grace, and Cecilton. In December 2016, Ashley Addiction Treatment (formally Father Martin's Ashley) opened a location within the Union Hospital Professional Building in Elkton. Ashley provides outpatient and IOP addictions counseling with ambulatory detoxification.
- Medication take back efforts were successful and expanded during CY 2016. Two-hundred, fifty-one pounds of unwanted medication were collected during DEA National Take-Back events at seven locations throughout Cecil County, an increase of 737% above the 30 pounds collected in 2013. The increase may be a result of additional permanent boxes, increased promotion of take-back events, increased participation by law enforcement agencies as collection sites, and an increase in the communication of the collection amounts from all participating agencies. In addition, Cecil County established four permanent locations for drug disposal, including: the Cecil County Sheriff's Office in Elkton, the Elkton Police Department, the North East Police Department, and the Rising Sun Town Hall. The fixed drop-boxes provide a safe, convenient and anonymous opportunity to dispose of unused and expired medications. Disposal locations are promoted online at: <http://www.rewriteyourscript.org/>

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