



**Healthy Lifestyle Task Force Report
Cecil County Health Advisory Committee
July 20, 2017
Work Group 1
FY17 Work Plan**

Long Term CHIP Objective 2.1.1: By June 30, 2019, increase physician practice sites making referrals to chronic disease self-management programs by 2 sites.				
Short Term Objective 1:	By June 30, 2017, upload updated Health Promotion Program Referral Form into the EHR at 2 health care sites			
Activity	Person Assigned	Key Partner	Measure	Timeline
Contact health care sites to introduce referral form.	Lyndsey	Union Primary Care Elkton (UPC-E) Union Primary Care Perryville (UPC-PV)	Contact made	January 1, 2017 – June 30, 2017
Share updated referral form with health care sites.	Lyndsey	UPC-E UPC-PV	Updated form shared with site	January 1, 2017 – June 30, 2017
Upload updated referral form in EHR	Lyndsey	UPC-E UPC-PV THA	Updated form available for use in EHR	January 1, 2017 – June 30, 2017
Send test referral from EHR.	Lyndsey	UPC-E UPC-PV	Referral received	January 1, 2017 – June 30, 2017
Short Term Objective 2:	By June 30, 2017, CHIP work group members will contact 2 health care provider sites not currently referring to programs to provide Chronic Disease Self-Management Program (CDSMP) information and follow up to request referrals within 4 months of providing program referral education if no referrals have been received.			
Activity	Person Assigned	Key Partner	Measure	Timeline
Contact health care provider sites to schedule meetings.	Lily Delois	Seidenberg & Protzco Eye Associates Maryland Family Foot Care Office of Dr. Velotti Holloway Eye Care	2 meetings scheduled and held.	January 1, 2017 – June 30, 2017

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ADMINISTRATIVE SERVICES.....410-996-5550	ENVIRONMENTAL HEALTH SERVICES.....410-996-5160
ALCOHOL AND DRUG RECOVERY CENTER.....410-996-5106	HEALTH PROMOTION.....410-996-5168
EMERGENCY PREPAREDNESS.....410-996-5113	MENTAL HEALTH AND SPECIAL POPULATIONS SERVICES.....410-996-5112
COMMUNITY HEALTH SERVICES.....410-996-5130	TTY USERS FOR DISABLED: MARYLAND RELAY.....800-201-7165
DISEASE CONTROL.....410-996-5100	EN ESPAÑOL.....410-996-5550 EXT 4680



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Share Chronic Disease Self-Management program information with sites and review referral procedure.	Lily Delois	Seidenberg & Protzco Eye Associates Maryland Family Foot Care Office of Dr. Velotti Holloway Eye Care & Optique	Chronic Disease Self-Management program fliers shared	January 1, 2017 – June 30, 2017
Schedule 4 month follow up to review referrals.	Lily Delois	Seidenberg & Protzco Eye Associates Maryland Family Foot Care Office of Dr. Velotti Holloway Eye Care & Optique	Follow up contact made around 4 months after the first meeting if no referrals have been received.	January 1, 2017 – July 31, 2017
Short Term Objective 3:	By July 31, 2017 meet with Dr. Sirin Pandey, Jennifer Noll, and Ashley Farrell at Union Medical Nutritional Services and Diabetes Center (UMNSDC) about referral form location in the EHR and using the EHR to send referrals.			
Activity	Person Assigned	Key Partner	Measure	Timeline
Contact health care providers to schedule meetings.	Lily Lyndsey	UMNSDC	Meeting scheduled and held	January 1, 2017 – July 31, 2017
Provide training on program referral location in EHR and referral process.	Lily Lyndsey	UMNSDC	Training provided	January 1, 2017 – July 31, 2017
Send test referral from EHR.	Lily Lyndsey	UMNSDC	Referral received	January 1, 2017 – July 31, 2017

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Long Term CHIP Objective 2.1.2: By June 30, 2019, increase the number of sites hosting chronic disease self-management programs by 5 sites.				
Short Term Objective 4:	By June 30, 2017, create 1 Geographic Information System (GIS) Map of Cecil County for the Chronic Disease Self-Management Programs and present at 1 Healthy Lifestyles Task Force (HLTF) meeting.			
Activity	Person Assigned	Key Partner	Measure	Timeline
Provide Chronic Disease Self-Management Program data to Dan.	Lyndsey	Cecil County Health Department (CCHD)	Chronic Disease Self-Management Program Data Shared	January 1, 2017 – February 1, 2017
Upload data and create GIS map.	Dan	CCHD	1 GIS map developed	January 1, 2017 – February 28, 2017
Share map with CHIP work group.	Lyndsey Dan	CHIP Workgroup Members	Map shared with CHIP Workgroup	February 1, 2017 – March 30, 2017
Present map at HLTF.	Lyndsey	HLTF Members	Map shared with HLTF	February 1, 2017 – June 30, 2017
CHIP workgroup and HLTF members identify 1 new site for programs.	CHIP workgroup and HLTF members	CHIP workgroup and HLTF members	1 new site identified	February 1, 2017 – June 30, 2017
Short Term Objective 5:	By July 30, 2017 contact Perryville library to schedule a Chronic Disease Self-Management Program (CDSMP) for FY18.			
Activity	Person Assigned	Key Partner	Measure	Timeline
Contact library to obtain available dates for programs.	Lyndsey Delois	Perryville Library	Availability for July – October 2017 obtained	May 1, 2017 – July 31, 2017

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Share availability with program coordinator to schedule program.	Delois	Perryville Library	Site availability shared with program coordinator	May 1, 2017 – July 31, 2017
Schedule 1 CDSMP	Delois	Perryville Library	1 program scheduled	May 1, 2017 – July 31, 2017
Long Term CHIP Objective 2.1.3: By June 30, 2019, promote 1 county-wide walking program.				
Short Term Objective 6:	By June 30, 2017, create an infographic on the benefits of walking and share with CHIP workgroup.			
Activity	Person Assigned	Key Partner	Measure	Timeline
Develop an infographic highlighting the benefits of walking for partners to use to promote walking.	Dan	CCHD	Infographic developed	May 1, 2017 – June 30, 2017
Share infographic with CHIP work group.	Dan	CHIP Workgroup Members	Infographic shared with CHIP Workgroup and approved for use with partners	May 1, 2017 – June 30, 2017
Share infographic at Cecil County Community Health Advisory Committee (CHAC)	Lily	CHAC	Infographic shared with CHAC members	May 1, 2017 – July 31, 2017

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Short Term Objective 7:		By June 30, 2017, engage three Healthiest Maryland Businesses (HMB) to promote walk MD.		
Activity	Person Assigned	Key Partner	Measure	Timeline
Obtain list of current HMB in Cecil County and contact person at each site.	Lyndsey	HMB Coordinator	List and contacts obtained	January 1, 2017 – February 28, 2017
Share list and contacts with CHIP workgroup	Lyndsey	CHIP Workgroup	List and contacts shared	February 1, 2017 – June 30, 2017
Contact HMB sites to promote walking	Lyndsey Lily Kylie	Union Hospital of Cecil County (UHCC) Triangle Helah Alliance (THA) Terumo	Contact made with sites	February 1, 2017 – June 30, 2017
Short Term Objective 8:		By September 30, 2017, three HMB will promote walking via social media or their websites.		
Activity	Person Assigned	Key Partner	Measure	Timeline
Developed infographic and other state resources shared with HMB sites	Lyndsey Lily Kylie	UHCC THA Terumo	Infographic and resources shared	May 1, 2017 – July 31, 2017
3 sites promote walking via social media or their website.	HMB Coordinator	List and contacts obtained	Walking promoted by 3 sites at least once via social media or their website	July 1, 2017 – September 30, 2017

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Healthy Lifestyle Task Force Work Group 2 FY17 Work Plan

Long Term CHIP Objective 2.3.1: By June 30, 2019, reduce high blood pressure among adults by 5%, in order to reduce the incidence of stroke in Cecil County.				
Short Term Objective 1:	By July 30, 2017, provide 3 Cecil County Healthiest Maryland Businesses (HMB) information about engaging in the Million Hearts campaign.			
Activity	Person Assigned	Key Partner	Measure	Timeline
Contact HMB to educate about the Million Hearts campaign.	Lyndsey	Cecil County HMB	Contact made. Education done.	January 1, 2017 – June 30, 2017
Cecil County HMB agree to engage and promote the Million Hearts campaign.	Lyndsey	Cecil County HMB	3 Cecil County HMB engage in Million Hearts Campaign.	January 1, 2017 – June 30, 2017
Million Hearts educational and promotional small media items provided to HMB.	Lyndsey	Cecil County HMB	Small media items provided.	January 1, 2017 – July 30, 2017
Short Term Objective 2:	By December 30, 2017, five Cecil County faith based organizations will engage in the Million Hearts “100 Congregations” faith based program.			
Activity	Person Assigned	Key Partner	Measure	Timeline
Contact Cecil County faith based organizations to educate about the Million Hearts “100 Congregations” faith based program.	Lily Lyndsey	Cecil County faith based organizations	Contact made. Education done.	July 1, 2017 – December 30, 2017

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Cecil County faith based organizations enroll and promote the Million Hearts “100 Congregations” faith based program	Lily Lyndsey	Cecil County faith based organizations	5 Cecil County faith based organizations enrolled in 100 Congregations.	July 1, 2017 – December 30, 2017
Million Hearts educational and promotional small media items provided to faith based organizations.	Lily Lyndsey	Cecil County faith based organizations	Small media items provided.	July 1, 2017 – December 30, 2017
Long Term CHIP Objective 2.3.2: By June 30, 2019, increase the percentage of students who eat vegetables one or more times per day by 5%, in order to reduce the incidence of heart disease				
Short Term Objective 3:	By December 31, 2017 CCHD and at least 1 partner will use social media to provide at least five youth focused posts about healthy lifestyles.			
Activity	Person Assigned	Key Partner	Measure	Timeline
Develop youth focused healthy lifestyle graphics, messages, fliers, etc. for social media to be shared with partners.	Jean-Marie Kylie Dan	UHCC	Small media items developed.	July 1, 2017 – September 30, 2017
Educate partners and provide information about youth focused healthy lifestyle choices.	Jean-Marie Kylie Dan	UHCC	Education and information provided to partners	July 1, 2017 – December 31, 2017
Partners will disseminate developed graphics, messages, fliers, etc. via social media.	Jean-Marie Kylie Dan	UHCC	1 partner engaged 5 posts made on social media	July 1, 2017 – December 31, 2017

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Long Term CHIP Objective 2.3.3: By June 30, 2019, implement a wellness program for one local small business.

Short Term Objective 4: By June 30, 2017, Union Hospital and Triangle Health Alliance will use the CDC Worksite Health Scorecard as a part of the “Roadmap to Wellness” employee wellness program.

Activity	Person Assigned	Key Partner	Measure	Timeline
Contact employee wellness coordinator for UHCC to obtain current process for “Roadmap to Wellness”	Jean-Marie Kylie	UHCC	Contact made. Current process shared.	January 1, 2017 – June 30, 2017
Introduce and provide education on the CDC Worksite Health Scorecard	Jean-Marie Kylie	UHCC	Information and education provided.	January 1, 2017 – June 30, 2017
UHCC agrees to use the CDC Worksite Health Scorecard as part of the “Roadmap to Wellness” program.	Jean-Marie Kylie	UHCC	UHCC utilizing the CDC Worksite Wellness Scorecard	January 1, 2017 – June 30, 2017

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