



**Mental Health Core Service Agency Advisory Council Report
Cecil County Health Advisory Committee
January 19, 2017**

Suicide rate per 100,000 population						
	2007-2009	2008-2010	2009-2011	2010-2012	2011-2013	2012-2014
Cecil	13.6	12.8	16.8	13.6	15.1	13.4
Maryland	8.9	8.7	8.9	8.8	9.0	9.2

HP 2020: 10.2 MD 2017 Goal: 9.0 Cecil 2019 CHIP Goal: 14.3
Source: Maryland DHMH Vital Statistics Administration (VSA)

Rate of emergency department visits related to mental health disorders per 100,000 population					
	2010	2011	2012	2013	2014
Cecil	7085.5	9974.8	10570.8	8901.6	5501.6
Maryland	2780.8	3211.2	3500.6	3318.5	3442.6

MD 2017 Goal: 3152.6 Cecil 2019 CHIP Goal: 4951.4
Source: Maryland Health Services Cost Review Commission (HSCRC), Research Level Statewide Outpatient Data Files

Percentage of students who felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)		
	2013	2014
Cecil	27.5	29.4
Maryland	27.0	26.8

Cecil 2019 CHIP Goal: 24.8
Source: Maryland Youth Risk Behavior Survey

**Overview of Activities
June 2016 – January 2017**

Cecil County Mental Health Advisory Council

The Cecil County Mental Health Core Service Agency (MHCSA) maintains an Advisory Council which meets on a monthly basis. The purpose of the MHCSA Advisory Council is to collaborate with the local behavioral health providers to develop goals, review progress, identify barriers, and provide input for planning. The MHCSA Advisory Council has taken an active role in reviewing the Community Health Improvement Plan (CHIP), in the selection of goals, and selection of strategies to address the community’s behavioral health needs.

The Advisory Council has reviewed the following CHIP goals to identify current resources and gaps in services:

- Objective 1.2.1: By June 30, 2019, reduce the percentage of youth in grades 9-12 who felt sad or hopeless almost every day for two weeks or more during the past 12 months to no

Healthy People. Healthy Community. Healthy Future.

ADMINISTRATIVE SERVICES.....410-996-5550	ENVIRONMENTAL HEALTH SERVICES.....410-996-5160
ALCOHOL AND DRUG RECOVERY CENTER.....410-996-5106	HEALTH PROMOTION.....410-996-5168
EMERGENCY PREPAREDNESS.....410-996-5113	MENTAL HEALTH AND SPECIAL POPULATIONS SERVICES.....410-996-5112
COMMUNITY HEALTH SERVICES.....410-996-5130	TTY USERS FOR DISABLED: MARYLAND RELAY......800-201-7165
DISEASE CONTROL.....410-996-5100	EN ESPAÑOL.....410-996-5550 EXT 4680

more than 24.8%.

- Objective 1.2.2: By June 30, 2019, decrease the suicide rate in Cecil County by 5%.
- Objective 1.3.1: By June 30, 2019, decrease the rate of emergency department visits related to mental health conditions by 10% and emergency department visits related to substance use disorders by 5%.

Status:

The Cecil County Mental Health Advisory Council plans to continue to review the CHIP goals and select strategies to address the service gaps in order to achieve the goals of improving the mental health and well-being of Cecil County residents and improving access to behavioral health services in Cecil County.

The following are some highlights of activities being conducted by the Cecil County Mental Health Core Service Agency and local behavioral health stakeholders to further these goals:

Crisis Intervention Team (CIT)

CIT is a collaborative community partnership between first responders, mental health providers, consumers, mobile crisis, and other local community agencies for the common goals of increased public safety and appropriate services to people affected by mental health conditions and their families. It involves extensive training and education of first responders, and ongoing partnership, and monitoring of how CIT is functioning once implemented. To date, 35 members of the first responder community have received the initial 4-hour training in behavioral health and effective crisis intervention with someone suffering from a serious psychiatric condition. The second phase of CIT involves a 40-hour training for designated responders. One representative from the Sheriff's Department completed the 40-hour training. However, it is anticipated that 11 community law enforcement officers will complete the 40-hour training scheduled for January 30, 2017– February 3, 2017.

Development of Residential Crisis Services

A workgroup led by Union Hospital that includes partners such as the Mental Health Core Service Agency, Alcohol & Drug Recovery Center, and other community partners received an update on the progress for the Behavioral Crisis Assessment & Stabilization Center (BCASC) in October. The plan is for this site to serve as an effective community based alternative to services traditionally sought in the emergency room or hospital inpatient setting. This program will be referral based and will serve those with mental health or substance use issues. UHCC is moving forward with efforts to open the BCASC program. UHCC has purchased a parcel of land in downtown Elkton and a draft of the architectural plan has been developed and shared with workgroup. The official ground breaking for this site is planned for March 2017, with the goal to open in the late Spring of 2018.