



**CECIL COUNTY
HEALTH
DEPARTMENT**

JOHN M. BYERS HEALTH CENTER • 401 BOW STREET • ELKTON, MD 21921

STEPHANIE GARRITY M.S., HEALTH OFFICER

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**COMMUNITY HEALTH ADVISORY COMMITTEE (CHAC)
Thursday, January 18, 2018
4:30 p.m.**

Topic	Discussion / Decision	Further Action Required
Welcome & Introductions	Dan Coulter, Director of Health Planning for Cecil County Health Department (CCHD) opened the meeting. He also introduced his CHAC co-chair, Jean-Marie Kelly, Community Benefits Coordinator for Union Hospital (UH). A brief overview of the agenda was given.	
General Announcement	<p>Stephanie Garrity, Cecil County Health Officer, spoke on behalf of the UH Board of Directors. The group was advised that a letter of intent was recently signed to form a merger between Union Hospital of Cecil County and Lifebridge Health.</p> <ul style="list-style-type: none"> ▪ The Board of UH is very excited about this opportunity and hope to reach a final agreement during late spring or early summer. ▪ The two entities seem to be a “good fit”, as both strive to find ways to better serve their respective communities ▪ This merger would bring additional services and supports to Cecil County ▪ UH will still be Union Hospital and will continue to be governed locally ▪ Next step for each party: due diligence ▪ Dr. Richard Szumel, President and CEO of UH, has stated that he wants this to be a completely transparent process <ul style="list-style-type: none"> ○ Weekly updates to be posted on UH’s website ○ Will also have a section for Frequently Asked Questions ▪ The hospital is financially sound and in an excellent position to negotiate a merger ▪ Questions should be directed to Kathryn McKinney, Director of Public Relations and Marketing for UH 	<p>Watch for updates here:</p> <p>Website for Union Hospital of Cecil County</p>
West Cecil Health Center Dental Services – Emily Davis, DDS	<p>Dr. Davis gave a presentation on West Cecil Health Center’s (WCHC) dental services</p> <ul style="list-style-type: none"> ▪ WCHC has three locations <ul style="list-style-type: none"> ○ Conowingo (provides both medical & dental services) ○ Havre de Grace (provides medical services only) ○ Perryville (provides dental services only) ▪ All dental services available with the exception of implants, braces, and bleaching 	<p>WCHC Dental Presentation</p> <p>WCHC Dental Flyer</p>

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	<ul style="list-style-type: none"> ▪ Dental services originated in the Conowingo office in 2015 <ul style="list-style-type: none"> ○ This location has four chairs ▪ In July, 2017, University of MD Dental School in Perryville became WCHC Dental Office <ul style="list-style-type: none"> ○ This location has 26 chairs ▪ Our Community's Oral Health Needs <ul style="list-style-type: none"> ○ Prevention must start when children are very young ○ Parents must be educated as to the importance of baby teeth and the role they play in their child's future oral health ○ North East is the only town in Cecil County with a fluoridated water supply <ul style="list-style-type: none"> • Make sure that your child's pediatrician is aware of this; fluoride can be prescribed ▪ Gaps Identified in the County <ul style="list-style-type: none"> ○ Transportation to dental appointments ○ Expense of comprehensive exams and treatments ○ Extremely high patient to dentist ratio ○ Large number of patients visiting emergency rooms for dental problems ▪ How WCHC is trying to bridge the gaps <ul style="list-style-type: none"> ○ Since October, 2017, they have been offering free round-trip taxi service to dental patients ○ Offer a five-tiered sliding scale based on income and household size ○ Smiles Fund – Annual gala fundraiser provides funds to those in need; applications are reviewed by a committee ○ Pediatric dentist will be joining the staff in two weeks ○ Also have an oral surgeon and dental hygienists ○ Nitrous oxide is used; sedation medications are not ▪ In addition to on-staff dentists and hygienists, groups of final-year dental students from the University of MD Dental School are also on site to treat patients; they are supervised by faculty 	
Q and A	<ul style="list-style-type: none"> ▪ Does it take long to get an appointment? <ul style="list-style-type: none"> ○ RESPONSE: It did when we first opened. Now it's not too long of a wait. Patients can be seen even sooner if they agree to see a dental student. Remember...they are in their last year of schooling...just prior to graduation, and they are being supervised by a faculty member ▪ Should the Dental Health Advisory Committee somehow be embedded into CHAC? <ul style="list-style-type: none"> ○ RESPONSE: Great idea! We will check into this, or perhaps Mary Ellen Rapposelli could represent the dental advisory board 	
Community Health Needs Assessment (CHNA)	<p>Jean-Marie reviewed with the group the 18-month process that is followed for each CHNA, as well as the proposed timeline for the upcoming cycle</p> <ul style="list-style-type: none"> ▪ Cycle 1 was for FY14 – FY16 ▪ Cycle 2 was for FY 17 – FY19 (currently mid-cycle) ▪ Cycle 3 will be FY 20 – FY22 (beginning to make plans for this) 	<u>CHNA Presentation</u>

	<p>Purpose: to create a health profile for Cecil County and to select the priorities on which to focus our health improvement efforts during the next cycle</p> <p>Priorities will form the foundation of our Community Health Improvement Plan (CHIP); strategies will then be devised</p> <p>Collaboration and support from our community partners is vital</p> <p>Proposed timeline:</p> <ul style="list-style-type: none"> ▪ February – June, 2018 <ul style="list-style-type: none"> ○ Gather primary and secondary data sources; develop survey questions; decide on focus group structure; identify key stakeholders to be interviewed (new for this cycle); create and implement promotional plan ▪ July – September, 2018 <ul style="list-style-type: none"> ○ Go live with online survey; schedule and conduct focus groups; schedule and conduct interviews with key stakeholders ▪ October – December, 2018 <ul style="list-style-type: none"> ○ Compile data; perform data analysis; write first draft of the Community Health Needs Assessment (CHNA) ▪ January – April, 2019 <ul style="list-style-type: none"> ○ Present data to membership present at January CHAC meeting ○ Group will decide on top three priorities ○ Form three subgroups ○ Hold one – three special meetings to develop strategies for our Community Health Improvement Plan (CHIP) ○ Post drafts of both the CHNA and CHIP for public comment (April 1 – 30th) ▪ May – June, 2019 <ul style="list-style-type: none"> ○ Revise both drafts ○ Publish the final CHNA and CHIP online no later than June 30, 2019 (This is an IRS requirement to which UH must adhere) 	
<p>Announcement</p>	<ul style="list-style-type: none"> ▪ Dan and Jean-Marie informed the group that Cecil County was honored to be chosen as one of the ten case study sites in a Robert Wood Johnson Foundation funded study of promising community health improvement processes in the country. <ul style="list-style-type: none"> ○ The excellent collaboration between CCHD and UH is unusual, compared to other sites nationally ○ We are one of the only health department / hospital partnerships that combine resources to produce a single CHNA and CHIP for the entire county 	
<p>Q and A</p>	<ul style="list-style-type: none"> ▪ There is another hospital in this county and it is the one at Perry Point. We have a lot of veterans in this county and I think that they should be represented. Can Perry Point be included in CHAC? <ul style="list-style-type: none"> ○ RESPONSE: Of course. Perry Point VA Hospital is a member of several of the task forces. We can specifically 	<p>One of the co-chairs will reach out to Perry Point VA Hospital</p>

	reach out to them and invite them to join us at CHAC meetings.	
Task Force Updates: <ul style="list-style-type: none"> ▪ Drug & Alcohol Abuse Council 	<p>John Bennett (Chairperson, DAAC) gave a brief update on the Drug & Alcohol Abuse Council (DAAC)</p> <ul style="list-style-type: none"> ▪ Cecil County is in the forefront of having programs in place to address drug abuse ▪ This past Recovery Month (September, 2017) was our most successful one yet <ul style="list-style-type: none"> ○ Events brought together more than 1,000 people to share their experiences of recovery from substance use and/or mental health disorders ▪ Very uplifting experience to see all those who are willing to come out, be identified, and show that recovery is working! ▪ Drug Take-Back programs continue to be successful; all towns participate ▪ Council members met with Mr. Richard Baum, acting director of the White House Office of National Drug Control Policy <ul style="list-style-type: none"> ○ His office recognizes and applauds what we're doing ▪ Our work with Cecil County Public Schools (CCPS) continues to be well received ▪ Narcan <ul style="list-style-type: none"> ○ We are concerned that some of our emergency responders are now experiencing fatigue ○ They administer Narcan to many of the same people which is emotionally wearing to them ○ Fentanyl is a serious danger for emergency personnel <ul style="list-style-type: none"> • Must have two responders and need to be extremely careful; such a small molecule that it can be absorbed through the skin by accident • Creates another burnout issue • 70% of overdose deaths involve Fentanyl ▪ Have looked at the number of families with a history of substance use going back through several generations <ul style="list-style-type: none"> ○ Kids witness trauma; trying to intervene earlier in order to break the multi-generational behaviors ▪ Cecil County Public Schools recently received a \$3 million grant from the National Institute of Justice (NIJ) focusing on providing behavioral support for students who have experienced various levels of trauma. ▪ Acknowledged how well our programs have continued to expand <ul style="list-style-type: none"> ○ People ARE getting better! 	<p>Drug & Alcohol Abuse Council Report</p> <p>Resources:</p> <p>Rewrite Your Script</p> <p>Before It's Too Late</p>
Announcement	<ul style="list-style-type: none"> ▪ The Third Annual Voices of Hope Banquet will be held on March 10th <ul style="list-style-type: none"> ○ Trying to match up overdose survivors who are in recovery due to Narcan intervention with our First Responders; want to show the responders the positive results of their efforts 	

<ul style="list-style-type: none"> ▪ Mental Health Core Service Agency Advisory Council 	<p>Tahia Glanton (Coordinator of Special Programs for the Core Service Agency CCHD) gave a brief update</p> <ul style="list-style-type: none"> ▪ Two committees continue to meet to address objectives 1.2.1 and 1.2.2 of the CHAC goals <ul style="list-style-type: none"> ○ By June 30, 2019, reduce the percentage of youth in grades 9 – 12 who felt sad or hopeless almost every day for two weeks or more during the past 12 months to no more than 24.8% ▪ As part of our strategy to promote screening for depression during well visits, a survey was sent out to local providers asking about their use of depression screening tools. <ul style="list-style-type: none"> ○ Approximately 20% of the providers responded and indicated they would be interested in receiving a depression screening tool and resource lists ○ These were given to providers ▪ Data shows that a higher proportion of Cecil County youth who are LGBTQ reported feeling sad or hopeless so the committee decided to focus efforts on this group <ul style="list-style-type: none"> ○ On August 16, 2017, a training was held for providers; it focused on LGBTQ youth and was very well received ▪ The second committee continues to work on a behavioral health electronic resource directory 	<p>Mental Health Core Service Agency Advisory Council Report</p>
<p>Q and A</p>	<ul style="list-style-type: none"> ▪ It seems like many of our organizations are compiling resource guides. Could we all merge our info to avoid a duplication of effort? <ul style="list-style-type: none"> ○ RESPONSE: That is a good idea. A lot of our resources are not yet in electronic format, though 	
<p>Announcement</p>	<ul style="list-style-type: none"> ▪ The Healthy Lifestyles Task Force has an electronic resource guide that is web-based and searchable; for the site address and additional information you can contact Dan Coulter. <ul style="list-style-type: none"> ○ Have already purchased a generic domain name that could be used more broadly ○ Willing to have the listing become the CHAC resource guide, and be a comprehensive listing for the County. 	<p>HLTF Community Resource Directory</p>
<ul style="list-style-type: none"> ▪ Healthy Lifestyles Task Force 	<p>Lyndsey Scott (Coordinator of Special Programs for CCHD Division of Health Promotion) gave an update</p> <ul style="list-style-type: none"> ▪ Task Force workgroups developed short term objectives on how to achieve the long term goals related to diabetes, heart disease and stroke in the CHIP <ul style="list-style-type: none"> ○ Have completed most of their short-term CHIP objectives. ▪ QI in Health Systems <ul style="list-style-type: none"> ○ Providers are linking patients with community resources to help them better understand and manage their disease ○ Encompasses 28 providers <ul style="list-style-type: none"> • Four primary care offices • One specialist office ○ Referral form embedded in their electronic health records; trying to standardize their documentation 	<p>Healthy Lifestyles Task Force Report</p>

	<ul style="list-style-type: none"> ○ Info then faxed to CCHD ○ CCHD calls patients directly to reduce the number of missed connections ▪ From July → December, we received 200 referrals to our self-management programs, etc. 	
<ul style="list-style-type: none"> ▪ Cancer Task Force 	<p>Beth Money (Director of the Oncology Program at UH) gave a brief update</p> <ul style="list-style-type: none"> ▪ Lung cancer is leading cause of cancer death in the U.S. ▪ Cecil County has one of the highest rates of advanced lung cancer in the State of MD ▪ Low-dose screening for lung cancer is available and can reduce lung cancer deaths by 20 percent. <ul style="list-style-type: none"> ○ Three locations <ul style="list-style-type: none"> ✓ Union Hospital ✓ Open MRI & Imaging Center – Elkton ✓ Open MRI & Imaging Center – Principio ▪ Must meet criteria <ul style="list-style-type: none"> ○ Between ages 55 and 77 ○ Current smoker or quit within past 15 years ○ No symptoms or personal history of lung cancer ○ Have a 30 pack-year smoking history (Number of packs of cigarettes smoked / day multiplied by number of years you smoked) ▪ Will need a doctor’s referral ▪ Small nodules are able to be watched ▪ Please promote video (can be found on UH’s website or CCHD’s YouTube page) 	<p>Cancer Task Force Report</p> <p>UH's Lung Cancer Screening Video</p>
<ul style="list-style-type: none"> ▪ Tobacco Task Force 	<p>Jennifer Padgett (Community Health Educator for CCHD’s Division of Health Promotion) provided a task force update</p> <ul style="list-style-type: none"> ▪ CHIP plan focusing on community engagement, education, and enforcement ▪ The number of vaping youth has plateaued nationally. ▪ Community Engagement <ul style="list-style-type: none"> ○ Truth Initiative in the forefront of research & development ○ Two PSAs posted on Facebook sites <ul style="list-style-type: none"> • Exploiting People with Mental Health • Love Your Quitter ○ Additional PSAs available; sites can choose the one they think will be the best fit ▪ Education <ul style="list-style-type: none"> ○ Pleased to work with Drug-Free Cecil ○ Have received more referrals during the past six months than in the entire previous year ○ “Big Tobacco” targets people with behavioral health issues or substance use <ul style="list-style-type: none"> • These two populations account for 40% of all cigarettes smoked ○ Even cats and dogs have a greater likelihood of getting cancer 	<p>Tobacco Task Force Report</p> <p>Business or Exploitation? Video</p> <p>Love Your Quitter Video</p> <p>Finish It Video about Cancer in Pets</p>

	<ul style="list-style-type: none"> • Cancer in Pets PSA ○ Love Your Quitter <ul style="list-style-type: none"> • Takes smokers an average of 11 attempts to be able to quit for good ○ Looking for connections <ul style="list-style-type: none"> • Please let us know about anyone who is willing to put a PSA link on their site • legacyforhealth.org • truthinitiative.org ▪ Enforcement <ul style="list-style-type: none"> ○ Pleased to see a difference in the vendors' understanding of the laws and the new FDA rulings ○ Enforcement officers are doing a great job 	
<ul style="list-style-type: none"> ▪ Cecil County Inter-Agency Council on Homelessness 	<p>Gwen Parrack (Director of Special Populations Services Division at CCHD) gave a council update</p> <ul style="list-style-type: none"> ▪ Subcommittees of this Council were formed to address the social determinants of health portion of the CHIP <ul style="list-style-type: none"> ○ Aiming to reduce poverty and homelessness ▪ Anti-poverty programs were researched and identified; need to identify local agency interested in implementing ▪ The Health Department was recently awarded grant funding through Maryland's Assistance in Community Integration Services (ACIS) Pilot. This pilot is targeting citizens who are homeless and make frequent visits to the ER, or have multiple chronic health issues. ▪ Three-year grant will fund a full-time case manager for three years <ul style="list-style-type: none"> ○ Case manager will also work to stabilize at-risk housing situations 	Cecil County Inter-Agency Council on Homelessness Report
Q and A	<ul style="list-style-type: none"> ▪ What if a child in a family has mental health issues? <ul style="list-style-type: none"> ○ RESPONSE: I doubt if that situation would qualify. It probably needs to be the Head of Household, but we can check into that 	
Community Updates and Public Comment	<ul style="list-style-type: none"> ▪ Marc Butler announced that Ashley Treatment Center will be holding an open house to celebrate the one-year anniversary of their Elkton location <ul style="list-style-type: none"> ○ Friday, January 26, 2018 ○ Union Hospital Professional Building <ul style="list-style-type: none"> • 2:00 – 5:30 p.m. Tours, refreshments and Q&A • 5:30 – 5:45 p.m. Introduction of Becky Flood, Ashley President and CEO • 5:45 – 6:30 p.m. Remarks from Drs. Szumel and Teal. Representatives from both Ashley and UH will reflect on our first year 	Ashley Open House Flyer
Next CHAC Meeting		Thursday, July 19, 2018 4:30 p.m.