Mental Health Core Service Agency
Advisory Council Minutes
Date: April 22, 2019

Members: Cameron England, On Our Own, Rebecca Smith, Advantage, and Eric Upperman, Rockford Center

Attendees: Robin Smithmyer, MCF; Cynthia Rose, Cecil County Health Department; Shane O’Hare and Joy Himmel, Union Behavioral Health; Ben, On Our Own; Mike Massuli, ADRC, Dana Uhler, Advantage Psychiatric Services

Core Service Agency (CSA) Staff: Shelly Gulledge, Marianne Redding, and Tahia Jones

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| Call to Order & Introductions | • This meeting was called to order at 3:02 pm.  
• Shelly Gulledge chaired the meeting. Tyra Kenly, the Chairperson, was unable to attend. |
| Minutes | • March 25, 2019, Advisory Council meeting minutes were reviewed and tabled due to lack of a quorum to approve the minutes. |
| Presentation On Our Own | • Cameron England discussed the On Our Wellness and Recovery Program. The program is located at 223 East Main Street in Elkton, MD. On Our Own offers peer support and life skills/recovery groups. The Center is open on Monday, Tuesday, Thursday and Friday 9-3 and on Wednesday from 10:30 to 8 pm. There are two full-time staff and two part-time employees including a driver and an intake coordinator.  
• Mr. England discussed the On Our Own groups and the monthly schedule. Consumers are asked for input regarding future group topics during community meetings. Groups include discussions about life skills, mental health, and addiction issues. Mr. England discussed a new group called Shoplifters Annonomys. A consumer with a history of shoplifting is now conducting the group. That Consumer also presents discussions in schools and in various agencies regarding recovery. In addition to groups, the Center also offers community trips.  
• On Our Own also assists members to pay for medication, co-payments, and IDs. The Center also helps individuals with finding housing and employment.  
• Upcoming events:  
  o NAMI/CSA and OOO are presenting a workshop on Healthy Hearts and Minds on 5/7/19 8:30-5pm. OOO is supplying the food for the event. You can register using the number on the flyer or call Cameron at on Our Own at 410-392-4228.  
  o Mental Health Awareness workshop on May 22, 2019. The topic is MH and Aging. Call Chanelle at On Our Own to register.  
  o May 1- Presentation for CIT conference to discuss the program  
  o Wellness and Recovery Action Plan (WRAP) class should start early next month. |
| CSA Updates and Director's Report | CSA staff update  
• The new Health Officer, Lauren Levy, is starting on May 22  
• BHA 4th Quarter monitoring is scheduled for May 23, 2019  
• Voices of Hope received a grant for a Crisis Center  
• Ms. Gulledge discussed crisis services in Cecil County  
• BHA Conference is on May 1, 2019, in Baltimore. |
- The Behavioral Health Plan review was held on April 1, 2019. This was the first year of an integrated plan and it went well with a few minor corrections.
- Monthly Learning Community: Shelly will be sending out a doodle poll to conduct a focus group to discuss integration.
- The Core Service Agency Telepsychiatry Program is expanding hours starting May 2, 2019.
- Affiliated Santé Group will conduct a Crisis Intervention Team training for law enforcement and first responders on April 29 through May 3, 2019.
- A Resource Network Group is tentatively scheduled for June 6, 2019.
- There is a Provider Alert for a workshop for Lunch and Learn webinar on Fulfilling the Expectations of a Comprehensive Diagnostic Evaluation for Autism Spectrum Disorder on May 31, 2019. Shelly will send out information to the group.
- Post-Acute Care Discussion Group- Changes in the Behavioral Health system in caring for individuals with complex needs. The state brought representatives from counties to discuss

| Roundtable | Union Behavioral Health is accepting referrals for the IOP Program.
|            | Advantage Psychiatric Services have Walk-in hours Monday, Tuesday and Wednesday.
|            | Rockford started Medication Assisted Treatment (MAT) at the hospital for patients in need of the service.
|            | ADRC- There will be a Traumatic Brain Disorder workshop on 4/23/19 at the Health Department. There will be free CEUs offered. There will not be a Drug-Free Cecil Meeting this month.
|            | On May 11, 2019, there will be a Drug-Free Coalition Rally at Cecil College in North East presented by the youth participants.
|            | There are two youth coalitions in Cecil County staffed by youth. They had 60 attendees at the last meeting in the school. April 1 was the start of the Health Dept. Harm Reduction Program. It includes the provision of unused syringes and connecting individuals to treatment, testing, and peers. There will also be NARCAN distribution. Currently, 20 individuals are enrolled in the program.

| Recommendations/ Tasks | The next Advisory Council Meeting will be held on 6/24 in the Cecil County Health Department Auditorium at 3:00 pm.