
CECIL COUNTY DRUG AND ALCOHOL ABUSE COUNCIL

PLANS, STRATEGIES AND PRIORITIES FOR MEETING THE IDENTIFIED NEEDS OF THE GENERAL PUBLIC AND THE CRIMINAL JUSTICE SYSTEM FOR ALCOHOL AND DRUG ABUSE EVALUATION, PREVENTION, AND TREATMENT

JULY 2017 THROUGH JUNE 2019

Updated June 22, 2017

VISION:

A community free from substance abuse and dependence.

MISSION:

To reduce substance abuse and dependence and related consequences through development and implementation of an integrated and comprehensive prevention, early-intervention, treatment, recovery support and public safety system that meets the needs of the general public and the criminal justice system.

GOALS:

Reducing substance abuse and its related consequences, and preventing the onset and escalation of substance use by adolescents are critical goals for the Cecil County community. The strategic plan detailed below is the result of work from the Cecil County Drug and Alcohol Council, a local group of concerned community members and service providers. The plan, developed by the local group, identifies the service needs of the general public and the criminal justice system, and is in response to the Council's review of available federal, state, local, and private resources for evaluation, prevention, and treatment services. Successful implementation of the following plan is contingent upon receipt of sufficient funding.

The goals of the jurisdictional plan include:

- 1) Establish an accessible and integrated continuum of substance abuse treatment services for adult residents of Cecil County.
- 2) Establish and enhance resources and programs to address the substance use disorder concerns among individuals referred by the criminal justice system.
- 3) Establish an accessible and integrated continuum of substance use disorder prevention, intervention and treatment services for children, adolescents and their families of Cecil County.
- 4) Educate and assist the Cecil County community to live healthy and drug free lives.
- 5) Decrease obstacles to prevention, early-intervention, treatment and emergency response programs.
- 6) Develop a recovery-oriented systems approach that builds on the strengths and resilience of individuals, families, and communities to take responsibility for their sustaining health, wellness, and recovery from alcohol and drug problems.
- 7) Decrease the number of drug exposed newborns born in Cecil County.
- 8) Establish an accessible and integrated continuum of gambling prevention, intervention and treatment services.
- 9) Reduce incidence of fatal and non-fatal overdoses in Cecil County.

PRIORITIES ALIGNED WITH COMMUNITY HEALTH IMPROVEMENT PLAN:

Based on the above goals, and the following objectives, the Cecil County Drug and Alcohol Abuse Council identified three priorities for specific focus for the next two years, through June 2019. The priorities are aligned with the Cecil County Community Health Improvement Plan, and include the following:

- 1) **Goal 3, Objective E:** Increase protective factors and resiliency to prevent or delay the initiation of substance use and other high risk behaviors among youth in Cecil County.
- 2) **Goal 9, Objective E:** Increase overdose prevention education and related outreach to individuals and groups identified as high risk. Educate community members in overdose recognition and response.
- 3) **Goal 5, Objective F:** Increase communication, collaboration, and, where possible consolidation, among various stakeholder groups.

OBJECTIVES, ACTION PLAN, ACTUAL OUTPUTS:

GOAL 1: Establish an accessible and integrated continuum of substance abuse treatment services for adult residents of Cecil County.

- Objective A:** Improve access to residential treatment services.
- Objective B:** Increase capacity to treat co-occurring disorders.
- Objective C:** Improve transitional housing services for individuals in need of ongoing long-term substance abuse care.
- Objective D:** Increase the availability of Vivitrol (naltrexone), Suboxone (buprenorphine and naloxone) and Methadone treatments for persons addicted to opioids.
- Objective E:** Increase continuum of services (education, support and treatment) for families affected by substance use disorders.
- Objective F:** Support the development and coordination of recovery support services offered by non-traditional (citizen-driven, grassroots, faith-based) groups.
- Objective G:** Increase community and provider awareness of existing treatment and recovery support resources.
- Performance Target:** Increased quality and quantity of treatment modalities accessible to Cecil County residents.

GOAL 2: Establish and enhance resources and programs to address the substance use disorder concerns among individuals referred by the criminal justice system.

Objective A: Enhance and expand the Adult Drug Treatment Court Program within the Circuit Court for Cecil County.

Objective B: Expand treatment and re-entry aftercare programs for residents of the Cecil County Detention Center and the Community Corrections.

Objective C: Increase treatment capacity for clients referred through the criminal justice system.

Objective D: Reeducate prosecutors, judges, and probation agents on treatment resources and recovery supports available for individuals referred through the criminal justice system.

Performance Target: Improved substance use disorder related resources for individuals involved with the criminal justice system.

GOAL 3: Establish an accessible and integrated continuum of substance use disorder prevention, intervention and treatment services for children, adolescents and their families of Cecil County.

Objective A: Improve access for adolescents and families to residential treatment services.

Objective B: Expand evidenced-based counseling and case management services for the families of at-risk children and adolescents.

Objective C: Extend the benefits of the drug court treatment model to adolescent offenders and their families.

Objective D: Expand adolescent offender participation in criminal justice diversion programs and neighborhood youth panels.

Objective E: Increase protective factors and resiliency to prevent or delay the initiation of substance use and other high risk behaviors among youth in Cecil County.

Objective F: Increase the number of Cecil County youth who participate in evidenced-based prevention and early-intervention programs.

Performance Target: Increased number of children and adolescents accessing integrated prevention, intervention and treatment services.

GOAL 4: Educate and assist the Cecil County community to live healthy and drug free lives.

Objective A: Utilize multi-media initiatives to change individual and community norms.

Objective B: Increase community awareness of behavioral health prevention and treatment resources.

Objective C: Increase the percentage of healthcare providers who routinely screen for substance use disorder, and refer for further assessment/treatment for those patients at-risk.

Performance Target: Reduced prevalence of high risk behaviors associated with substance use disorders among residents as indicated by Cecil County Community Health Survey and Maryland Adolescent Survey.

GOAL 5: Decrease obstacles to prevention, early-intervention, treatment and emergency response programs.

Objective A: Establish new transportation resources for Cecil County residents seeking prevention, early-intervention and treatment services.

Objective B: Promote the establishment of community based and Telemedicine behavioral health services in underserved areas.

Objective C: Improve services for non-English speaking community members.

Objective D: Initiate activities to address behavioral health workforce shortage issues in Cecil County (in an effort to increase the number of residents served).

Objective E: Identify and address challenges that discourage emergency response associated with behavioral health incidents.

Objective F: Increase communication, collaboration, and, where possible consolidation, among various stakeholder groups.

Performance Target: Increased attendance and participation of those community members in need of services.

GOAL 6: Sustain a recovery-oriented systems approach that builds on the strengths and resilience of individuals, families, and communities to take responsibility for sustaining health, wellness, and recovery from alcohol and drug problems.

Objective A: Develop a comprehensive menu of services and supports that can be combined and readily adjusted to meet the individual's needs and chosen pathway to recovery.

Objective B: Develop an ongoing process of systems-improvement that incorporates the experiences of those in recovery and their family members.

Objective C: Coordinate with multiple systems to develop responsive, outcomes-driven approaches to care.

Objective D: Elevate the visibility of behavioral health recovery and decrease the related negative stigma. Incorporate the experiences of those in recovery to help and support individuals and families suffering with behavioral health disease.

Performance Target: Increased recognition, growth and system collaboration of recovery oriented processes and resources.

GOAL 7: Decrease the number of drug exposed newborns born in Cecil County.

Objective A: Identify resources, barriers to care and gaps in services for drug exposed newborns and their families.

Objective B: Increase physician/obstetrician screening for substance abuse and respective referrals for substance abuse assessments and treatment.

Objective C: Expand the menu of services and supports for parents who use and abuse alcohol and other drugs of abuse.

Objective D: Develop a comprehensive menu of services and supports for infants and children affected by parental substance use

Performance Target: Decreased number of drug exposed newborns. Decreased premature birth, miscarriage, low birth weight, and the variety of behavioral and cognitive problems associated with prenatal and postnatal drug exposure.

GOAL 8: Establish an accessible and integrated continuum of gambling prevention, intervention and treatment services.

Objective A: Implement problem gambling prevention and early-intervention programming throughout Cecil County.

Objective B: Raise awareness about consequences of problem-gambling.

Objective C: Recruit and train workforce to provide competent problem gambling assessment, intervention and counseling.

Objective D: Integrate problem gambling screening within all substance abuse assessments.

Objective E: Expand access to evidenced-based problem-gambling services. Identify barriers to care and gaps in services for problem gamblers and their families.

Performance Target: Increased number of individuals accessing integrated prevention, intervention and treatment services.

GOAL 9: Reduce incidence of fatal and non-fatal overdoses in Cecil County

Objective A: Raise awareness about consequences of substance abuse, including opioids and prescription drugs.

Objective B: Increase community participation in disposal of unused and expired medications.

Objective C: Elevate physician participation in Maryland's prescription drug monitoring program (PDMP).

Objective D: Increase healthcare provider screening of patients for substance abuse treatment.

Objective E: Increase overdose prevention education and related outreach to individuals and groups identified as high risk. Educate community members and law enforcement officers in overdose recognition and response.

Objective F: Increase availability of emergency overdose response kits and intranasal Naloxone medication.

Objective G: Elevate review and consideration of local overdose incidents. Identify root causes, determine trends, target resources to decrease overdose death rates, and support implementation of other prevention/intervention efforts.

Performance Target: Reduced per-capita rate of fatal and non-fatal overdoses in Cecil County.

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