



MENTAL HEALTH FIRST AID

Learn the basics of responding to a mental health crisis.



WHEN?

May 8th, 2024
9:00 AM - 4:00 PM



WHERE?

Cecil County
Health
Department



Recognize the signs of mental health or substance use challenges



Learn how to offer and provide initial help



Learn how to guide a person toward appropriate care

Questions?

Email:
amanda.kerr@maryland.gov
Phone:
410-996-5106 ext. 3902

All participants will be certified in Mental Health First Aid. A free workbook will be provided.

Register Now

