



CECIL COUNTY DRUG AND ALCOHOL ABUSE COUNCIL MEETING MINUTES FOR September 25, 2014

Meeting Location: Cecil County Health Department, Bow Street, Elkton

Members In Attendance: John Bennett, Sean Cannon, Kenneth Collins, Jack Foreaker, Kelly Frost, Stephanie Garrity, Alan J.McCarthy, Tom Klenk, Rebecca Larson, Donna Lewis, Michael Massuli, Nancy Turner.

Others In Attendance: Robert Amato, Elaine Barclay, Richard Bartel, Toneiya Benson, Earl Bradford, Darcy Brazzle, Diana Broomell, Daria Brown, Chris Burge, Jenny Burris, Daniel Coulter, Beth Creek, Connie Dausch, Robert Fisher, Joe Fisona, Theresa Hampton, Jackie Hartman, Kathleen Harvey, Leah Heyel, Donna Johnson, Dorothyanne LeFore, Kyle Longeway, Cheryl Mattix, Glenn McCurry, Reverend Meekins, Step Mika, Carrie Miller, Tari Moore, Jennifer Naylor, Alicia O'Connor, Roger Owens, Stephanie Palko, Gwen Parrack, Mark Rajkowski, June Reasin, Nancy Schwerzler, Jenny Shields, Linda Shroyer, Jay Youtz.

Call to Order: John Bennett called the meeting to order at 3:00 p.m., and welcomed everyone

Presentations/Discussion Topics:

- <u>Resource for Families STEPS Recovery Resources, Inc</u>. April Foster introduced STEPS, a nonprofit program started by her and Carrie Miller. The program strives to reduce the negative stigma associated with addiction and recovery, and provides addiction related support and education for the family. For the individuals and families served, STEPS has made referrals to the health department, Serenity Health and Elkton Treatment Center. Additional information is available on the program's Facebook page. Informational cards were distributed.
- <u>Introduction to "The Monarch House"</u> Pastor Phil Meekins introduced the Monarch House, a Recovery House in North east for up to seven men. Two residents are currently housed in the program. Residents can remain at Monarch House from six to twelve months. Residents are required to attend treatment, participate in community service and search for/obtain employment. The program's website is *www.monarchhouse.org*. Pastor Meekins also spoke to efforts to organize New Beginnings (a food ministry) in Elk Neck, and facilitate "Celebrate Recovery" support group meetings. Celebrate Recovery meetings will be moving to 117 E. Cecil Ave., in North East. Pastor Meekins hopes to expand the meetings to seven days a week. Pastor Meekins also discussed opportunities to send individuals to long term care for reduced rates.

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	ENVIRONMENTAL HEALTH SERVICES

- <u>Resource for Families "The Addicts Mom"</u> Jennifer Naylor on behalf of Kim Hoyle, introduced "The Addicts Mom," a web based support resource for families. Participants have access to free educational and inspiration resources, on-line chat with members, and links to treatment resources. Throughout the United States and 52 other countries, more than 20,000 members are enrolled. The web site is address is: *www.addictsmom.com*.
- <u>Introduction to "Recovery Centers of America"</u> Dorothy Brazel and Jay Youthz introduced Recovery Centers of America (RCA) whose mission is to "inspire and empower individuals suffering from the disease of addiction across America to enter into Recovery, one person, one step one community at a time." Ms. Brazel informed the group that RCA anticipated purchase of a 500 acre house in Earville which will have 50 detoxification and short term residential beds. The facility will be CARF accredited.
- <u>Update on Overdose Response Activities</u> Ken Collins provided a brief overview of the overdose response training. The one-hour session is available at no cost, and provides information on opioids, overdose recognition, and overdose response. Those who complete the training are eligible to receive an overdose rescue kit and a prescription for Narcan. To date, 212 members in the community completed the training. An additional 220 law enforcement officers including 4 public safety officers from Cecil College, also participated in the course. Since May 2014, the training has helped save six lives. Ken encouraged everyone to participate, and to contact Karl Webner at 443-245-3785 to register.
- <u>Update on Local Overdose Fatality Review Team</u> Presentation by Karl Webner on the "Local Overdose Fatality Review Team Summary of Findings." Utilizing a multi-disciplinary approach, the LOFRT investigates intoxication deaths within Cecil County in order to determine ways to potentially reduce the overdose rate. Spoke to the observed trends, including the common use of multiple substances of abuse, and statistical significance of alcohol in overdose deaths. Summarized several observations and recommendations of the LOFRT team members.
- <u>Fourth Annual Cecil County 12-Step Recovery Walk</u> Elaine Barclay encouraged everyone to attend the 2014 Twelve-Step 5K Recovery Walk. The event is scheduled for 10:00 am to 2:00 pm., Saturday, September 27, 2014, at the Cecil County Circuit Court. More than twenty vendors are registered, and we anticipate more than 500 attendees.

Review of DAAC Meeting Minutes from June 26, 2014:

• DAAC minutes from the June 26, 2014 meeting were reviewed and approved.

For the Good of the Cause / Announcements:

Tom Klenk - Cecil County Adult Drug Treatment Court

• Ninety-four participants are currently enrolled in the Cecil County Adult Drug Treatment Court program. The program serves individuals with an extensive criminal history. Criteria for program completion had been set very high.

Donna Lewis – Community Supervision of Cecil County

• Announced that "Community Supervision" will be renamed to the "Division of Parole and Probation."

Nancy Turner – Serenity Health

• Announced the departure of Tonia McMillan from Serenity Health.

Mike Massuli - CCHD Alcohol and Drug Recovery Center

- Introduced new ADRC staff including the Vocational Counselor several Peer Recovery Advocates.
- Announced that "Voices of Hope of Cecil County" has a Facebook page.

Ken Collins - CCHD Alcohol and Drug Recovery Center

- Expressed appreciation for the opportunity to assist County Executive Tari Moore.
- Announced drug take back events scheduled for Saturday September 27th from 10:00 am to 2:00 pm. Briefly described the benefits of the drug take program. Encouraged all to help promote proper disposal of unused, unwanted and expired medications.

Dr. Alan McCarthy - Cecil County Government

- Thanked everyone for the opportunity to participate as a member of the DAAC
- Informed regarding a recent meeting he attended with the "Voices of Hope for Cecil County," and Peer Recovery Advocates.

John Bennett

• Shared regarding meetings with candidates for County Council and Sheriff to discuss substance abuse issues in Cecil County.

Stephanie Garrity – Cecil County Health Department

• Expressed appreciation for the tremendous attendance and interest in this meeting.

Kelly Frost – Interested Community Member

- Expressed concern with a recent e-mail and request for a vote on a recent DAAC progress report. Stated that she did not vote to support the progress report.
- Asked that the DAAC meet at a different time than 3:00 pm. since most people are working during that time.

Sean Cannon – Cecil County Schools

- Shared regarding plans to offer the MET/CBT-5 program within the school's Twilight Program. The new program has been designed as an early–intervention initiative for students suspended from school due to a substance use concern. Children will receive 2 individual sessions and 3 group sessions with a substance abuse counselor at the school.
- Spoke to the potential for expanding the evidenced-based Life Skills Program within County schools.

Jack Foreaker – Haven House

- Shared regarding recent attendance at a Maryland Addictions & Behavioral-health Professional Board meeting. Reported that the Board certified ninety Peer Recovery Advocates.
- Announced M-ROCC (Maryland Recovery Organization Connecting Communities) successful certification visit of Haven House. The certification permits access to Maryland's Recovery-Net funding for recovery housing.

Tari Moore - Cecil County Government

• Thanked the DAAC and the community for their dedication and commitment to address substance abuse concerns.

Step Mika – Cecil County - Maryland Strategic Prevention Framework (MSPF) Coalition

- Announced that MSPF program was enrolled in its final year of grant funding. For the current year, the MSPF coalition was awarded twice that amount revived in the prior year. Therefore, the coalition will be able to increase funding for police saturation patrols.
- The coalition also plans to increase funding to expand liquor board training for store vendors. The training helps liquor store operators and clerks recognize fraudulent IDs, and can help reduce purchase of alcohol by those under the age of 21.

Public Comment:

- Step Mika suggested that the DAAC augment membership with representation from law enforcement.
- Diana Broomell suggested that the DAAC should meet more frequently, and that DAAC membership should include the Sheriff's Department and Emergency Services.
- Mr. Robert Hodge thanked everyone for working on prevention, treatment and enforcement. In regards to anticipated new treatment programs in the county, encouraged supporters to attend related planning commission and board of appeals meetings.
- Richard Bartel asked that presenters announce during their presentations weather they are for profit or not for profit agencies.
- Glenn McCurry requested that a representative from the State Attorney's Office be present as he had not seen anyone from that office in the last two meetings that he attended. He also requested that representatives from Law Enforcement and from Emergency Services be present at the DAAC meetings as well. Suggested that the DAAC meet on a monthly basis.

Next Meeting: Details for the December 2014 to be announced.

Adjourned: 4:30 PM

Submitted by Alicia O'Connor