



**CECIL COUNTY DRUG AND ALCOHOL ABUSE
COUNCIL MEETING MINUTES FOR June 25, 2016**

Meeting Location: Cecil County Health Department

Members In Attendance: Scott Adams, John Bennett, Tyler Brown, Ken Collins, Stephanie Garrity, Howard Isenberg, Tyra Kenly, Tom Klenk, Rebecca Larson, Mike Massuli

Others In Attendance: Jenny Burris, Gregg Bortz, Virgil Boysaw, Daniel Coulter, Beth Creek, April Foster, Jackie Hartman, April Hopkins, Rebecca Kiersznowski, Step Mika, Joanna Seiberling, Shallee Shah, Katricia Thompson, Karl Webner,

Call to Order: John Bennett called the meeting to order at 3:00 p.m. and welcomed everyone.

COUNCIL BUSINESS:

Chairperson's Report, John Bennett:

- Proposed that the Council create a Workforce Enhancement Subcommittee. Subcommittee would address Council goals related to workforce, including workforce shortage in an effort to increase the number of residents served. Subcommittee could work with the Board of Professional Counselors and Therapists to develop policies that will support reciprocity of other state certifications and licenses for substance abuse counselors. The subcommittee could also work with educational facilities, health care and substance abuse providers to recruit, train and certify/license additional counselors.
- Motions to approve the establishment of a Workforce Enhancement Subcommittee were initiated and approved by a vote of 10 to 0.
- Chairman recognized Howard Isenberg as volunteer to chair this subcommittee

Board of Health Report - Stephanie Garrity:

- [No report at this time.]

County Executive Report:

- [No report at this time.]

County Health Officer Report - Stephanie Garrity:

- [No report at this time.]

PRESENTATIONS AND DISCUSSION TOPICS:

Substance Use Disorder Prevention in Maryland - Larry Dawson, Prevention Manager, DHMH-Behavioral Health Administration:

- [Presentation Deferred]

Cecil County Drug Free Communities Coalition - Virgil Boysaw, Jr., Coalition Coordinator:

- Shared that prevention is an active, assertive process of creating conditions and/or personal attributes that promote the well-being of people. Discussed the vision, mission and goals of the CCDFCC. Stated that the purpose of the coalition is to develop collaboration between the groups and/or sectors of the community, in which each group retains its identity but all agree to work together towards a common goal of building a safe, healthy, and drug-free community. Select recent accomplishments included:
 - Coalition representatives completed two of three weeks of mandatory training at the National Coalition Academy.
 - Selected Epiphany Community Services to provide process and outcome evaluation for the Coalition.
 - Expanded Coalition sector representatives and partnerships with six additional local organizations.
 - In partnership with the Cecil County Strategic Prevention Framework Coalition, provided funding and support to expand alcohol compliance check initiatives in Cecil County.
 - Collaborated with Youth Empowerment Services (YES) to sponsor the County's first Faith Based Drug Symposium.
 - Collaborated with the Boys and Girls Club to promote National Prevention Week.
 - In partnership with Cecil County Public Schools, promoted National Drug & Alcohol Facts Week to County students.
 - Collaborated with the Maryland Strategic Framework Coalition, the Opioid Misuse Prevention Program, and Youth Empowerment Services to develop an Underage Drinking media campaign/billboards.

Cecil County Maryland Strategic Prevention Framework Coalition (MSPF-2) - Step Mika, Coalition Co-Coordinator:

- Funding for the first Cecil County (Maryland) Strategic Prevention Framework (MSPF) Coalition concluded on June 30, 2015. During the five year project, the Coalition provided funding to increase monitoring of licensed liquor establishments to a minimum of three annual visits. The frequency of visits appeared to improve vendor compliance and decrease underage sales to minors. Liquor establishments who failed the compliance checks were offered additional fraudulent ID training. The Coalition also supported expanded law enforcement party patrols, underage drinking prevention awareness campaigns/billboards, and community education events.
- New funding (effective September 30, 2015) was awarded for Cecil County to begin a similar Strategic Prevention Framework Coalition, also known as "MSPF-2." Cecil County was one of ten Maryland jurisdictions to receive the additional funding. The new funding will focus on reduced alcohol use by minors, and decreased binge drinking by youth aged 18-25. First steps for the new initiative requires the completion of a needs assessment. That process is currently in the final stages, and will be followed by the development of a strategic plan.
- Concurrent with the development of a needs assessment, the MSPF-2 Coalition, developed a social media campaign to increase awareness of underage drinking, and facilitated community education events including a recent Faith Based Drug Symposium.

Cecil County Public School LifeSkills Program - Joanna Seiberling, Coordinator of Guidance Services:

- During FY 2016, CCPS implemented universal substance use prevention for all students, grades 3 through 10. The project utilized the evidence- based Botvin LifeSkills training with two instructors dedicated to teaching the curriculum.
- LifeSkills Training is designed to increase students' information about consequences of

drug use, support their ability to handle stress, and teach substance use resistance skills.

- Pre- and post-survey results found that middle school students showed, on average, an 11% improvement on the survey questions, while elementary school students showed a 26.5 percent increase. One specific example, includes response from students who would say “no” to alcohol and cigarettes if offered: 58% of Elkton Middle School (EMS) students said they would say “no to alcohol” on the pre-survey, compared to 79% on the post-survey; 63% of EMS students said they would say no to cigarettes on the pre-survey, compared to 91 percent on the post-survey.

NorthBay Adventure Camp - Cecil County Youth Leadership Summit (and related Cecil County Public School Student Prevention Projects) - Richard Garber, Director of Education:

- During the recent school year, NorthBay Adventure Camp facilitated a Cecil County Youth Leadership Summit in partnership with Cecil County Public Schools, Cecil County Health Department, and Cecil County Drug Free Coalition. Funding was made available for the project through a donation from the Old Dominion Electric Cooperative.
- Seventy-seven students from five county high schools (Rising Sun, Bohemia Manor, Perryville, North East, and Elkton) attended the two-day event, and developed action plans to impact school climate and build safe and sober communities.
- After completion of the summit, students reported an increased understanding of risk factors for drug abuse and an increased understanding of county wide drug issues. Many of the students also reported an increased understanding of leadership, reported practicing leadership, and affirmed that they had the power to influence their friends.
- Implementation of student action plans are scheduled to continue during the remainder of FY2016, with support from NorthBay, CCPS, CCHD, and CCDFCC.

Cecil County D.A.R.E. (Drug Abuse, Resistance , Education) Program - Sgt. Todd Creek, Cecil County Sheriff Office:

- The DARE program is taught by deputies to all sixth grade students in Cecil County.
- The program promotes drug awareness and education about the dangers of alcohol, tobacco use and illegal drugs.

Prevention Programs at Youth Empowerment Source (YES) - Beth Creek, Executive Director:

- Youth Empowerment Source (YES) is a non-profit agency dedicated to providing critical supports to children, youth and families in the Mid Atlantic region.
- We want our clients to say 'yes' to education, sobriety, abstinence and ultimately success.
- Our goal is to provide at-risk kids with additional support to keep them in school so they can become responsible adults.
- YES focuses on third to ninth grader students, with regular meetings within the public schools. Parents are also encouraged to participate in YES services.

REVIEW OF MEETING MINUTES FROM - MARCH 24, 2016:

Minutes from the DAAC meeting of March 24, 2016 were reviewed and approved.

FOR THE GOOD OF THE CAUSE:

Ken Collins, Cecil County Health Department: Announced that Karl Webner will be leaving the Cecil County Health Department. Expressed appreciation to Mr. Webner for his tremendous service to the community, and extended best wishes for his new job at the Spring Grove psychiatric hospital. Introduced Katicia Thompson as the acting Overdose Prevention Coordinator for the Cecil County Health Department.

Scott Adams, Cecil County Sheriff: Working on obtaining two substance related grants. One of those grants would allow for the County to have a law enforcement heroin coordinator. Also, plans to attend a Heroin Response Strategy Symposium in Towson, Maryland.

Tyler Brown, Dep. of Public Safety and Correctional Services: Recently provided a presentation to local youth on the services provided by Parole and Probation. Also, Parole and Probation recently started providing pre-release probation orientations with individuals at the detention center.

Mike Massuli, Cecil County Health Department: Website “Drug Free Cecil.org” is an additional digital resource to learn about the various coalitions and related substance use disorder services available within Cecil County. It is a partner site to Rewrite Your Script. www.drugfreececil.org and www.rewriteyourscrip.org

Howard Isenberg, Open Door/Family Services: Open Door operates five active locations in Delaware. Planning to develop a new location for substance use disorder treatment in Elkton, with an anticipated September start date.

Thomas Klenk, Office of the Public Defender for Cecil County: Reported a number of successful graduations from the County’s Drug Court program.

PUBLIC COMMENT:

April Foster: Provided information on the STEPS Recovery Resources. Invited others to visit the program’s website: <http://www.stepsrecoveryresources.org/>

Daniel Coulter: Announced that the Next Community Health Advisory Committee (CHAC) meeting is scheduled for Thursday, July 21st at 4:30 pm in the Health Department Auditorium. The CHAC will be introducing the Community Health Improvement Plan (CHIP) for FY 2017-2019. This plan describes how the Health Department, partner organizations on CHAC and the community will address identified health priorities for Cecil County including, behavioral health, chronic disease, and determinants of health.

Adjourned: 4:30PM

Next Meeting: Tentatively scheduled for September 22, 2016

Submitted by Theresa Hampton

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On September 29, 2016, these minutes were reviewed and approved by consensus vote of the DAAC membership.