



**CECIL COUNTY DRUG AND ALCOHOL ABUSE COUNCIL  
MEETING MINUTES FOR March 23, 2017**

**Meeting Location:** Cecil County Health Department

**Members In Attendance:** Scott Adams, John Bennett, Sean Cannon, Kenneth Collins, Joseph Fisona, Jack Foreaker, April Foster, Stephanie Garrity, Howard Isenberg, Tyra Kenly, Mike Massuli, Dr. James W. Ziccardi

**Others In Attendance:** Elaine Barclay, Virgil Boysaw Jr., Jenny Burris, Marc Butler, Tim Clarke, Daniel Coulter, Beth Creek, Shelly Gullede, Theresa Hampton, Jackie Hartman, Laura Humphries, Linda Katz, Dr. Paul Katz, Steve Kendrick, Becky Kiersznouski, Raymond Lynn, Daniel Norvell, Gwen Parrack, Marianne Redding, Laurie Shires, George Stanko, Katricia Thompson, Kate Ulmer, Shawn Wister

**Call to Order:** John Bennett called the meeting to order at 3:00 p.m. and welcomed everyone.

**COUNCIL BUSINESS:**

**Chairperson’s Report, John Bennett:**

- New DAAC members were introduced: Steven Kendrick, Ashley Addiction Treatment; April Foster, S.T.E.P.S. Recovery Resources, Inc.; Dr. Jim Ziccardi, retired cardiologist. Dr. Ziccardi self-identified as an individual in long-term recovery.

**Board of Health Report, Stephanie Garrity:**

- Health Officer Stephanie Garrity reported that there has not been a Board of Health meeting since December. The next meeting is scheduled for May 23, 2017. The agenda has not been finalized but she anticipates it will include a discussion about overdoses in Cecil County. The meeting will be open to the public.

**County Executive Report, Joe Fisona:**

- Mr. Fisona reported that Dr. Alan McCarthy could not attend this meeting due to a schedule conflict. No additional report at this time.

**County Health Officer Report, Stephanie Garrity:**

- Reported on exploration for potential syringe services program. Following the passage of Senate Bill 97 in 2016, state and local health departments have the ability to certify local providers who wish to bring syringe service programs to their communities. The Health Department plans to request funding to hire a consultant to explore the feasibility of syringe services programs in Cecil County. Mike Massuli and Dan Coulter will serve as leads for our Health Department and

*Healthy People. Healthy Community. Healthy Future.*

ADMINISTRATIVE SERVICES . . . . .	.410-996-5550	ENVIRONMENTAL HEALTH SERVICES . . . . .	.410-996-5160
ALCOHOL & DRUG RECOVERY CENTER . . . . .	.410-996-5106	HEALTH PROMOTION . . . . .	.410-996-5168
OFFICE OF EPIDEMIOLOGY & EMERGENCY PREPAREDNESS . . . . .	.410-996-5113	SPECIAL POPULATIONS MENTAL HEALTH C.S.A. . . . .	.410-996-5112
COMMUNITY HEALTH SERVICES . . . . .	.410-996-5130	TTY USERS FOR DISABLED: MARYLAND RELAY . . . . .	.800-201-7165
DISEASE CONTROL . . . . .	.410-996-5100	EN ESPAÑOL . . . . .	.410-996-5550 EXT. 4680

will work with the consultant. Stephanie encouraged DAAC members to consent to be interviewed by the consultant when requested.. Products to be delivered by the consultant include data analysis, best practices, key informant interviews, interviews about this service with people in active addiction, presentations to the community to acquire feedback, and future plans for these syringe service programs regarding what they will look like, i.e. mobile or stationary. Stephanie will keep the DAAC informed of their progress with this initiative.

- An Opioid Operations Command Center (OCCC) within the MD Emergency Management Agency (MEMA), was recently established by the Governor as part of the administration's 2017 Heroin and Opioid Prevention, Treatment, and Enforcement Initiative. The Center serves as the operational coordination entity for opioid-reduction activities across the state. MEMA will provide coordination and support of federal, state and local resources and data analysis focusing on this crisis. Clay Stamp was appointed to spearhead this effort. Stephanie will keep the DAAC informed.
- The Maryland Behavioral Health Administration (BHA) submitted a request to the federal government for the ability to presume Medicaid eligibility for individuals leaving jail to elevate access to treatment and recovery services. In addition, BHA also sought federal approval for the use of Medicaid funds to support residential treatment. Both requests were approved.
- Local Overdose Fatality Review Teams (LOFRT) are exploring processes for review of non-fatal overdoses in addition to fatal overdoses.
- New legislation introduced during the 2017 General Assembly relates to: prescriber limits for opioids; cannabis bills; overdose reporting requirements.
- The Cecil County Council wrote a letter in opposition to a bill authorizing safe drug consumption facilities and a letter in support for the Heroin and Opioid Education and Community Action Act of 2017 (Start Talking Act of Maryland Act), which would provide funding for public awareness and education. Sheriff Scott Adams attended the Maryland Sheriff's Association meeting and reported that some bills have died in committee.
- Announced that the Cecil County Health Department today achieved national accreditation through the Public Health Accreditation Board (PHAB). The accreditation process helps to ensure that the programs and services we provide are as responsive as possible to the needs of our community.

#### **Other Committee/ Sub-Committee Reports:**

- Workforce Committee: Ken Collins reported for Howard Isenberg, committee chair. Indicated that no new meetings of the local workforce committee occurred. However, reported that members of the DAAC committee participated in a workforce workgroup of the Maryland Addiction Directors Council (MADC). MADC continues to advocate for reduced barriers and changes to processes and requirements within the Maryland Board of Professional Counselors that could help expand the behavioral health workforce.

#### **PRESENTATIONS AND DISCUSSION TOPICS:**

##### **Chesapeake Wellness Center, New Elkton Office, Update - Dr. Paul Katz**

- The new location, in Elkton at 105 East Main Street, offers family wellness, mental health and substance use disorder treatment. The Elkton office has been identified as a "Provider 20" (not necessarily a primary care provider). Community members seeking care will not be turned away. Please call 443-593-3092 to refer patients.

##### **Update from Sheriff's Office Heroin Coordinator - Raymond Lynn, Cecil County Sheriff's Office**

- 119 suspected overdoses (104 non-fatal, 15 fatal) occurred in Cecil County between January 1, 2017 and March 23, 2017. Most of the overdoses occurred in the Elkton area. The primary

suspected drug in the overdose cases was heroin, with four cases of fentanyl and four cases involving alcohol.

- Narcan was administered 72 times, including 27 multiple doses, saving 62 lives this calendar year.
- Mr. Lynn stated that suggestions had been made to have a roundtable to discuss and strategize what to do. A local citizen who runs two recovery houses in North East expressed that individuals in recovery want to help combat the drug overdose problem and become involved in ways to find a solution.

### **Fatality Review Team, Summary of Second Annual Report - Katricia Thompson, Cecil County Health Department**

- The Cecil County LOFRT is a multi-disciplinary review committee established in February of 2014, and comprised of 37 members representing 26 community based agencies and organizations.
- Of the 30 intoxication deaths reviewed during calendar year 2016, the majority were males, with ages ranging between 24-59 years. The majority of intoxication deaths occurred in private residences. Although the primary substance of intoxication death was heroin, there was a significant increase in alcohol as an indicated substance. In 73% of the deaths, the victims were found by family members.
- Since the inception the Cecil County Overdose Response Program (ORP) on April 30, 2014, 1200 community members (including 326 law enforcement officers) had been trained in overdose recognition and response. To date, 138 known lives were saved as a result of actions taken by ORP certified individuals.
- The LOFRT and the Opioid Misuse Prevention Program (OMPP) are working to expand prescription drug disposal through increased drop box locations, and plans to distribute the Deterra Drug Deactivation System. The LOFRT and OMPP also seek to increase promotion of the [www.rewriteyourscrip.org](http://www.rewriteyourscrip.org) campaign and update website resources and educational information available for download. Additional objectives include expanded group membership, and improved data collection.
- Dr. Katz advocated for the SBIRT initiative training and expanded use of the PDMP.
- Howard Isenberg suggested select initiatives in Delaware available via the Nursing Association and Pharmacy Association.

### **REVIEW OF MEETING MINUTES FROM December 15, 2016**

Minutes from the DAAC meeting of December 15, 2016 were reviewed and adopted with no changes.

### **FOR THE GOOD OF THE CAUSE:**

**April Foster, STEPS Recovery Resources Inc.:** April reported STEPS will host two additional movie nights: “Overtaken” and “Overtaken 2” on March 30<sup>th</sup> at 6:00 p.m.; and “Healing Neen” on April 6<sup>th</sup> at p.m.

**Jenny Burris, Parole and Probation:** a resource fair for offenders and community members is scheduled for April 18, 2017, from 1:00–4:00 p.m. at the Cecil County Health Department Auditorium. Information on substance abuse, health, and employment search will be available.

**Ken Collins, Cecil County Health Department:** informed on plans to revise the “Plans, Strategies and Priorities for Meeting the Identified Needs of the General Public and the Criminal Justice System for Alcohol and Drug Abuse Evaluation, Prevention, and Treatment.” DAAC and community members will

be invited to participate in a workgroup to discuss and develop the revision. Subsequently, the DAAC will be asked to discuss and vote on the draft during the June 2017 meeting.

**Jack Foreaker, Haven House:** Haven House, in cooperation with Elkton Treatment Center, plans to offer a workforce training on smoking cessation. Also, developing a program to assist the court system with referrals to Haven House from Cecil and Harford County jails.

**Joe Fisona,** advocated for heroin prevention awareness.

**Steve Kendrick, Ashley Addiction:** Ashley has been open with IOP for three months, serving 70 patients, with a capacity of 150. Ashley is looking for partners to work with them.

#### **PUBLIC COMMENT:**

**Elaine Barclay, Haven House:** the seventh Cecil County Recovery Walk is scheduled for Saturday, September 30, 2017. Many people are needed to help with this event, which is sponsored by the DAAC. Encouraged all to participate in upcoming planning meetings.

**Virgil Boysaw, Jr., Drug Free Communities Coalition:** three prevention coalitions (the Cecil County Drug Free Community Coalition-DFC, the Cecil County Maryland Strategic Prevention Framework Coalition-MSPF2, and the OMPP Coalition) are working together to prevent substance abuse in the county. The “super coalition” will be called Drug Free Cecil; additional information is available on [www.drugfreececil.org](http://www.drugfreececil.org).

#### **ADDITIONAL COUNCIL BUSINESS:**

**John Bennett:** spoke to efforts to complete the Council’s most recent “Plans, Strategies and Priorities” progress report. Howard Isenberg motioned to accept the progress report. Jack Foreaker seconded. Progress report approved by consensus vote.

Adjourned: 5:01 p.m.

Next Meeting: June 22, 2017

Submitted by Jackie Hartman

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On June 22, 2017, these minutes were reviewed and approved by consensus vote of the DAAC membership.