



Cecil County Local Health Improvement Plan (LHIP) Update

Presentation to the Community Health Advisory Committee

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Healthy People. Healthy Community. Healthy Future.

Overview

- LHIP Background
- LHIP Priorities
- Summary of Activities
- Data Summary
- Future Directions



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LHIP Background

State Health Improvement Process (SHIP) Launched in Sept. 2011

CHAC chosen to serve as Cecil County's Local Health Improvement Coalition (LHIC)

Cecil County Local Health Improvement Plan (LHIP) released in Jan. 2012

Cecil County Community Health Needs Assessment (CHNA) released in May 2013

LHIP update presented to CHAC in July 2013



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LHIP Priorities

Priority 1:
Substance Abuse:
Prescription Drugs/
Pain Management

Priority 2:
Mental/Behavioral
Health: Access to
Treatment

Priority 3:
Substance Abuse
Prevention

Priority 4:
Child Abuse

Priority 5:
Childhood Obesity:
Physical Activity



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Priority 1 Update: Substance Abuse: Prescription Drugs/ Pain Management

- 2013 Substance Abuse Assessment
- Local Overdose Fatality Review Team (LOFRT)
- Overdose Response Program
- Drug Take Back Events
- MD Prescription Drug Monitoring Program
- Provider Education



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Priority 3 Update: Substance Abuse Prevention

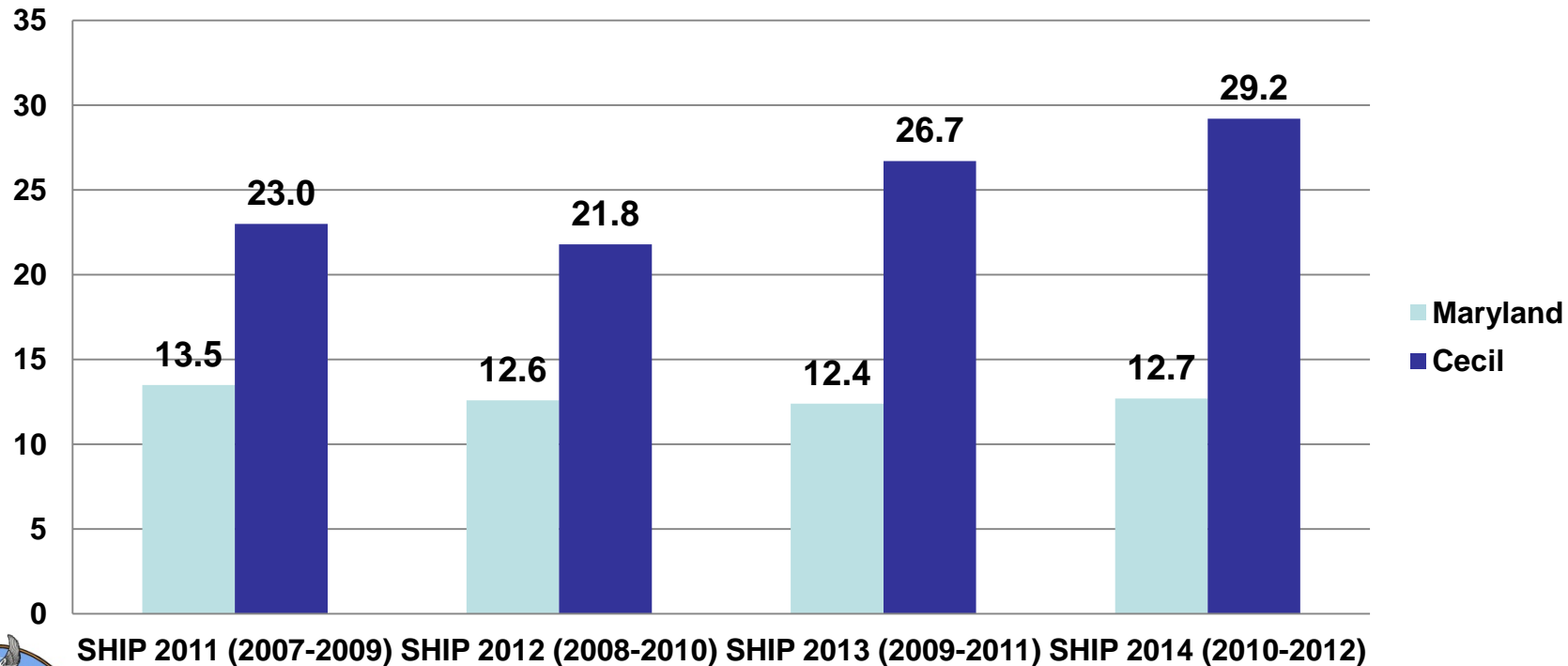
- Substance Abuse Assessment
- DAAC Plan
- Anonymous People Screenings
- Engagement of Governance
- Newspaper Series
- Educational Materials
- Substance Abuse Prevention Forums



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Priority 1 & 3 SHIP Data

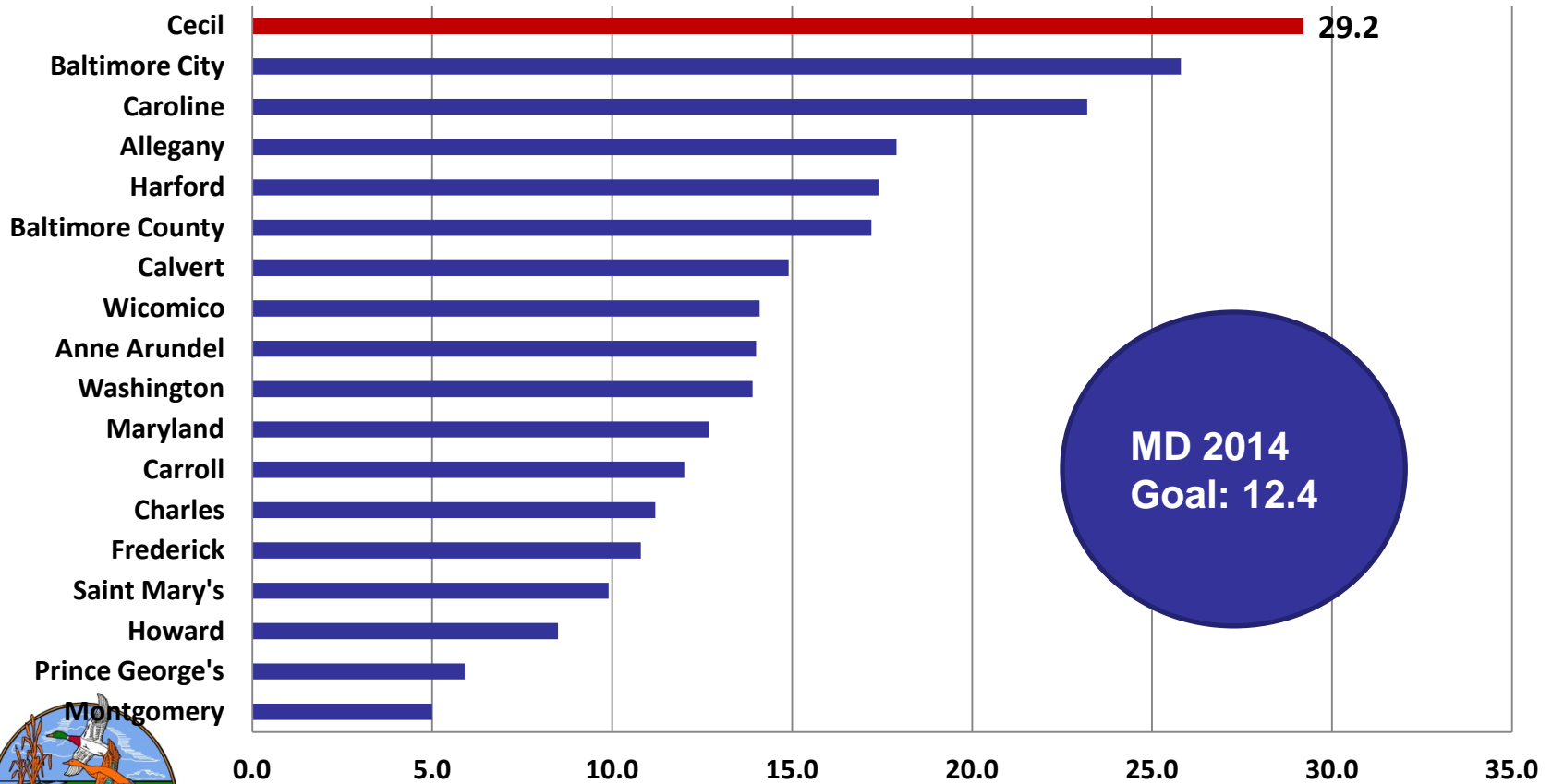
Drug- Induced Death Rate per 100,000 Population



- HP 2020 Goal: 11.3
 - MD 2014 Goal: 12.4
- Source: Maryland DHMH Vital Statistics Administration (VSA)

Priority 1 & 3 SHIP Data

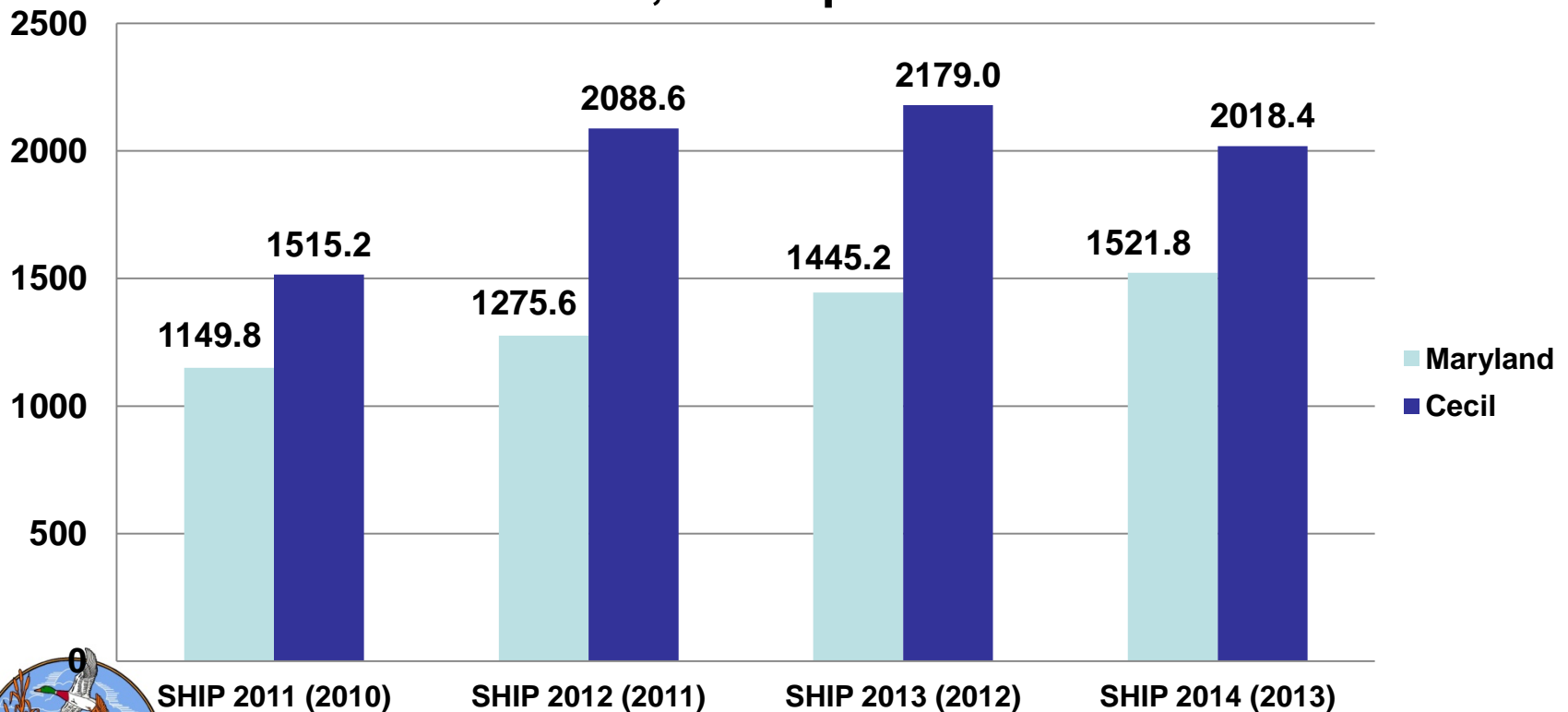
Drug- Induced Death Rate County Comparison



SHIP 2014 (2010-2012) data

Priority 1 & 3 SHIP Data

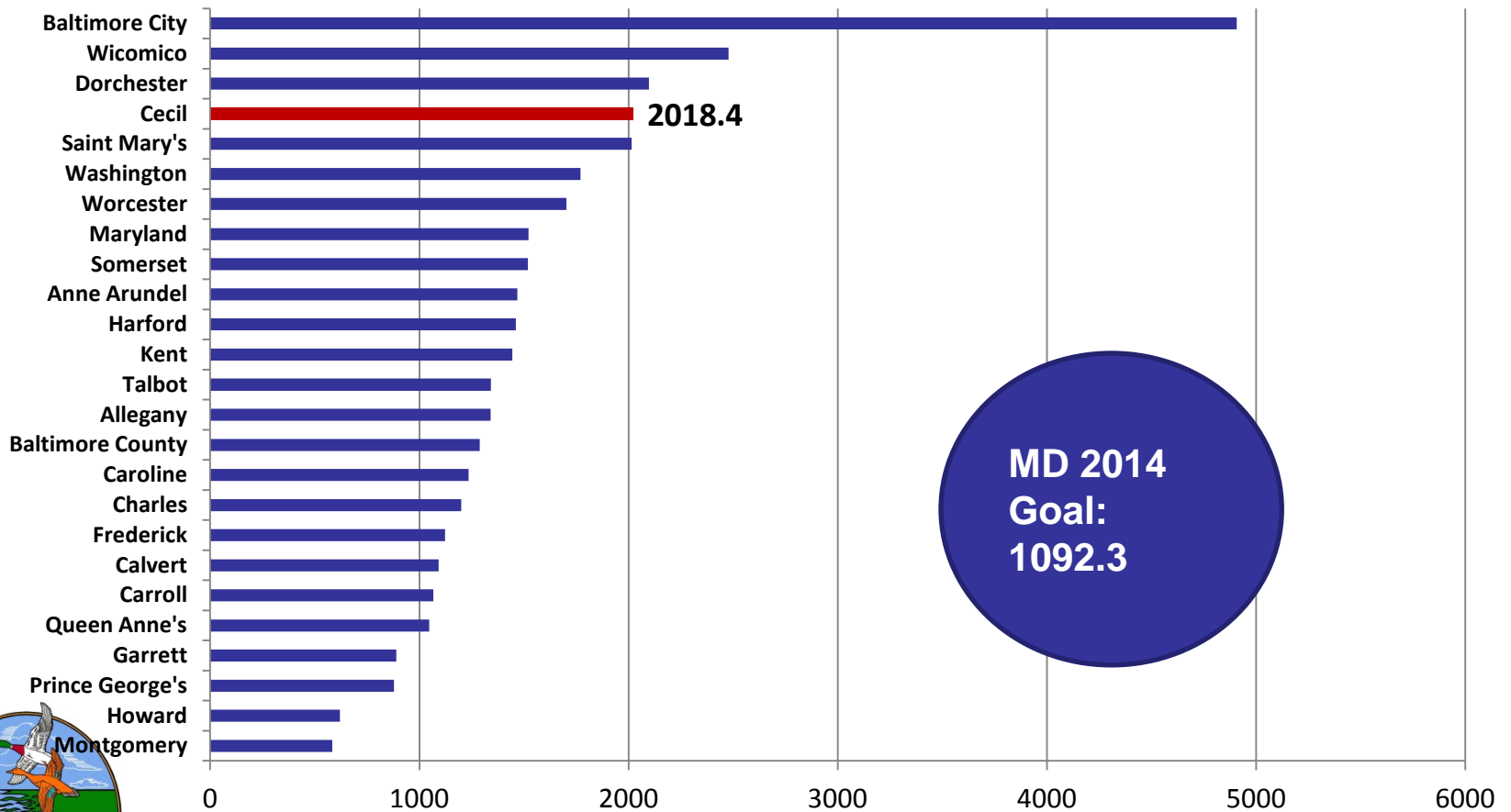
ED Visits for Addictions- Related Conditions per 100,000 Population



• MD 2014 Goal: 1092.3
Source: Maryland Health Services Cost Review Commission (HSCRC)

Priority 1 & 3 SHIP Data

ED Visits for Addictions- Related Conditions County Comparison

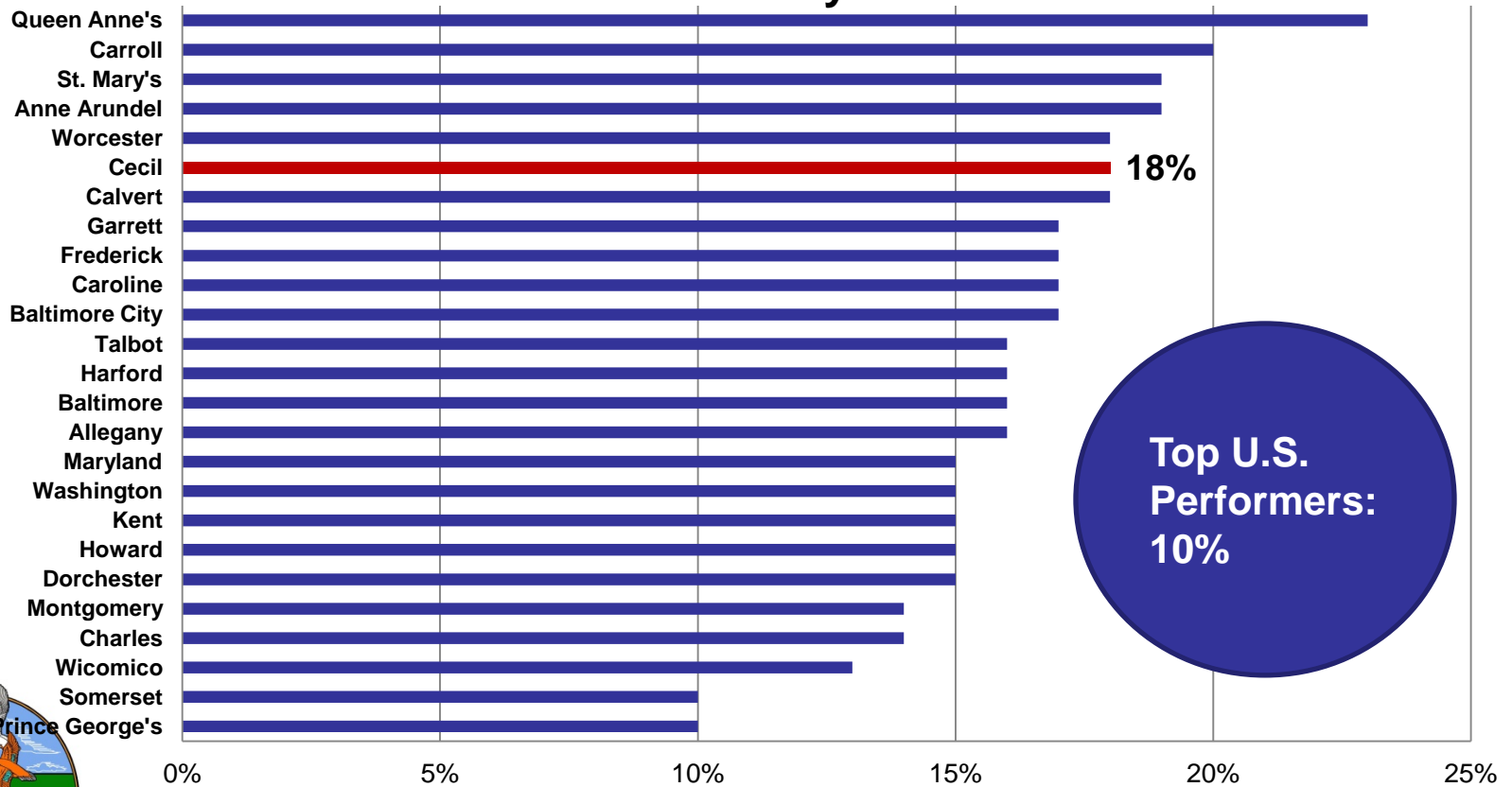


SHIP 2014 (2013) data



Additional Substance Abuse Data

Percentage of Adults Reporting Excessive Drinking in the Last 30 Days



County Health Rankings 2014 (2006- 2012) data

Additional Substance Abuse Data

Substance Use Among High School Students		
Alcohol/ Drug Use	Cecil	Maryland
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days	37.5%	31.2%
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days	23.0%	17.0%
Percentage of students who used marijuana one or more times during their life	41.9%	35.9%
Percentage of students who used marijuana one or more times during the past 30 days	23.9%	19.8%
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life	6.5%	6.5%
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life	9.1%	10.4%



Source: Maryland Youth Risk Behavior Survey (YRBS), 2013

Additional Substance Abuse Data

Substance Use Among High School Students

Alcohol/ Drug Use	Cecil	Maryland
Percentage of students who used heroin one or more times during their life	4.5%	4.9%
Percentage of students who used methamphetamines one or more times during their life	4.1%	5.0%
Percentage of students who used ecstasy one or more times during their life	7.4%	8.3%
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life	3.9%	5.1%
Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times during their life	15.7%	15.2%
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life	3.6%	3.9%
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months	25.6%	29.1%



Source: Maryland Youth Risk Behavior Survey (YRBS), 2013

Priority 2 Update: Mental/Behavioral Health: Access to Treatment

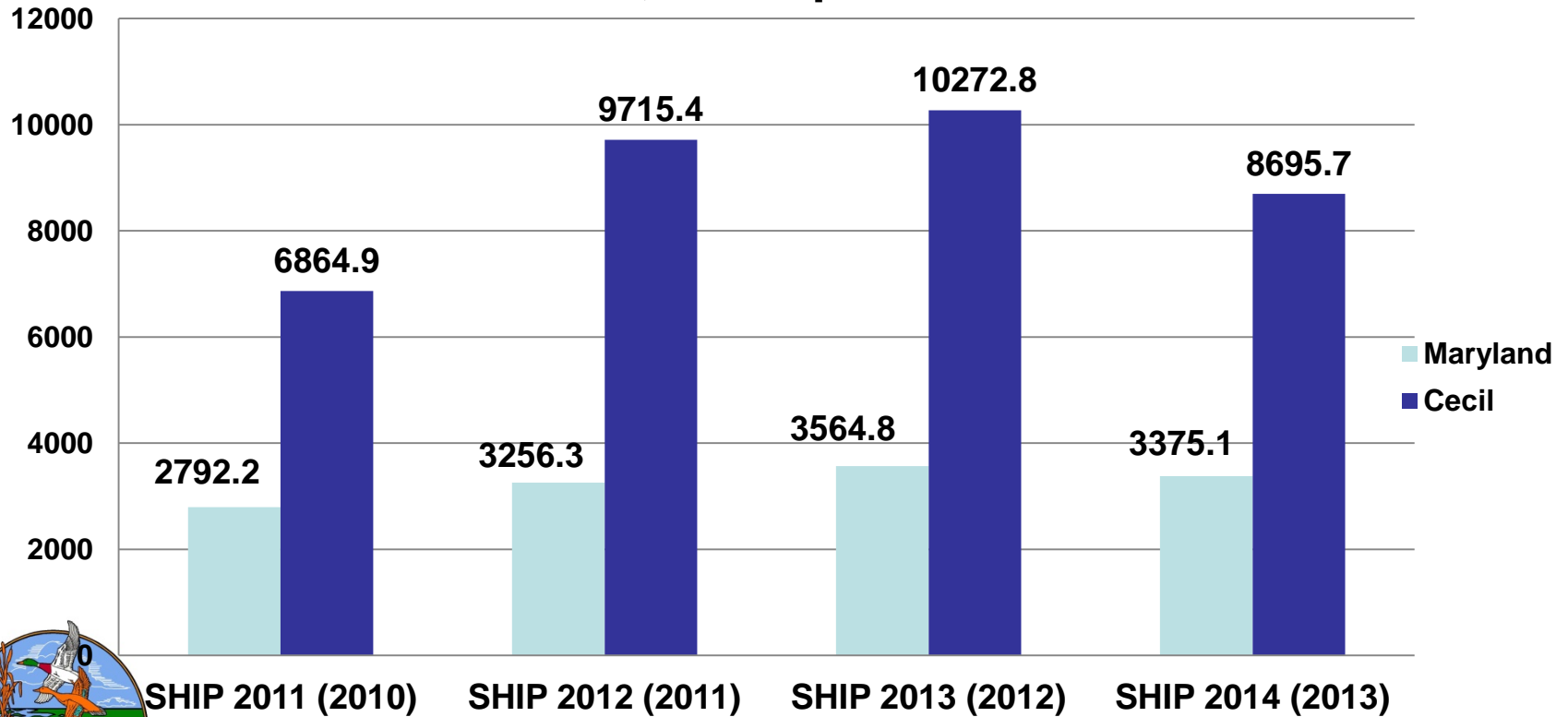
- Mental Health Needs Assessment and Annual Plan
- Eastern Shore Mobile Crisis (ESMC)
- Emergency Room & Hospital Intervention Project
- Crisis Intervention Team
- Telepsychiatry Program
- Behavioral Health Integration in Pediatric Primary Care (B-HIPP)
- Resource Directory



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Priority 2 SHIP Data

ED Visits Related to Mental Health Disorders per 100,000 Population

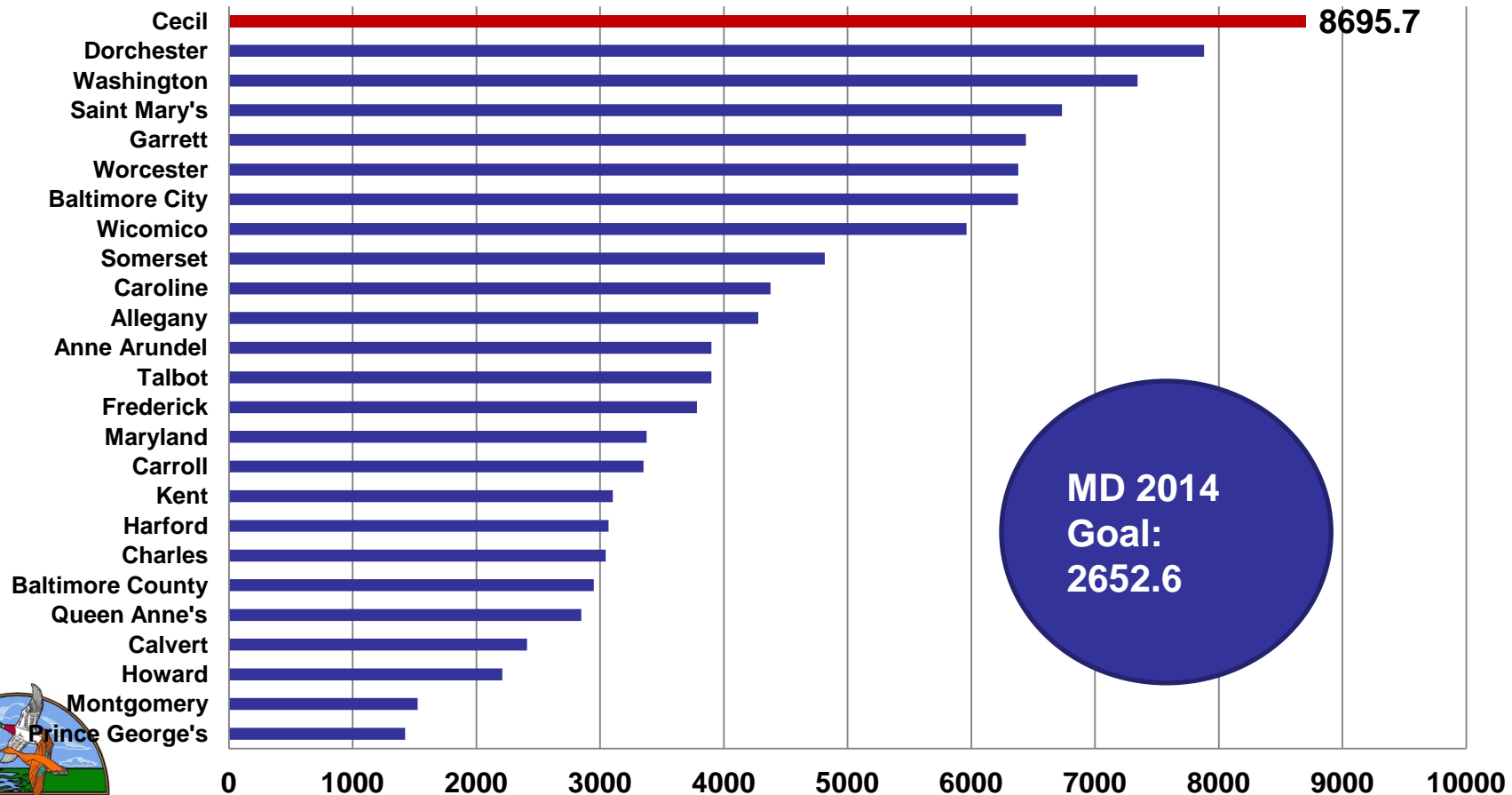


• MD 2014 Goal: 2652.6

Source: Maryland Health Services Cost Review Commission (HSCRC)

Priority 2 SHIP Data

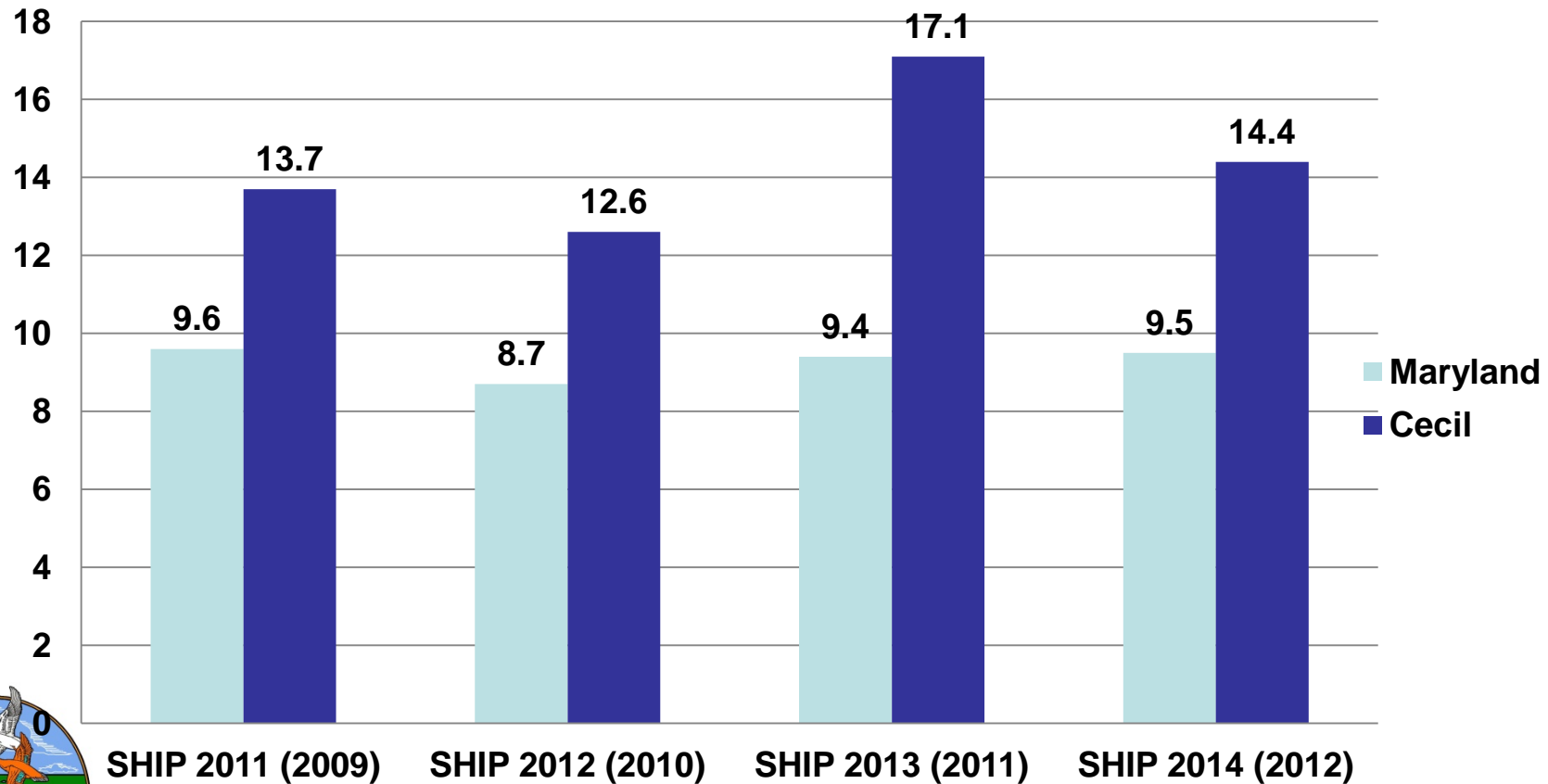
ED Visits Related to Mental Health Disorders County Comparison



SHIP 2014 (2013) data

Priority 2 SHIP Data

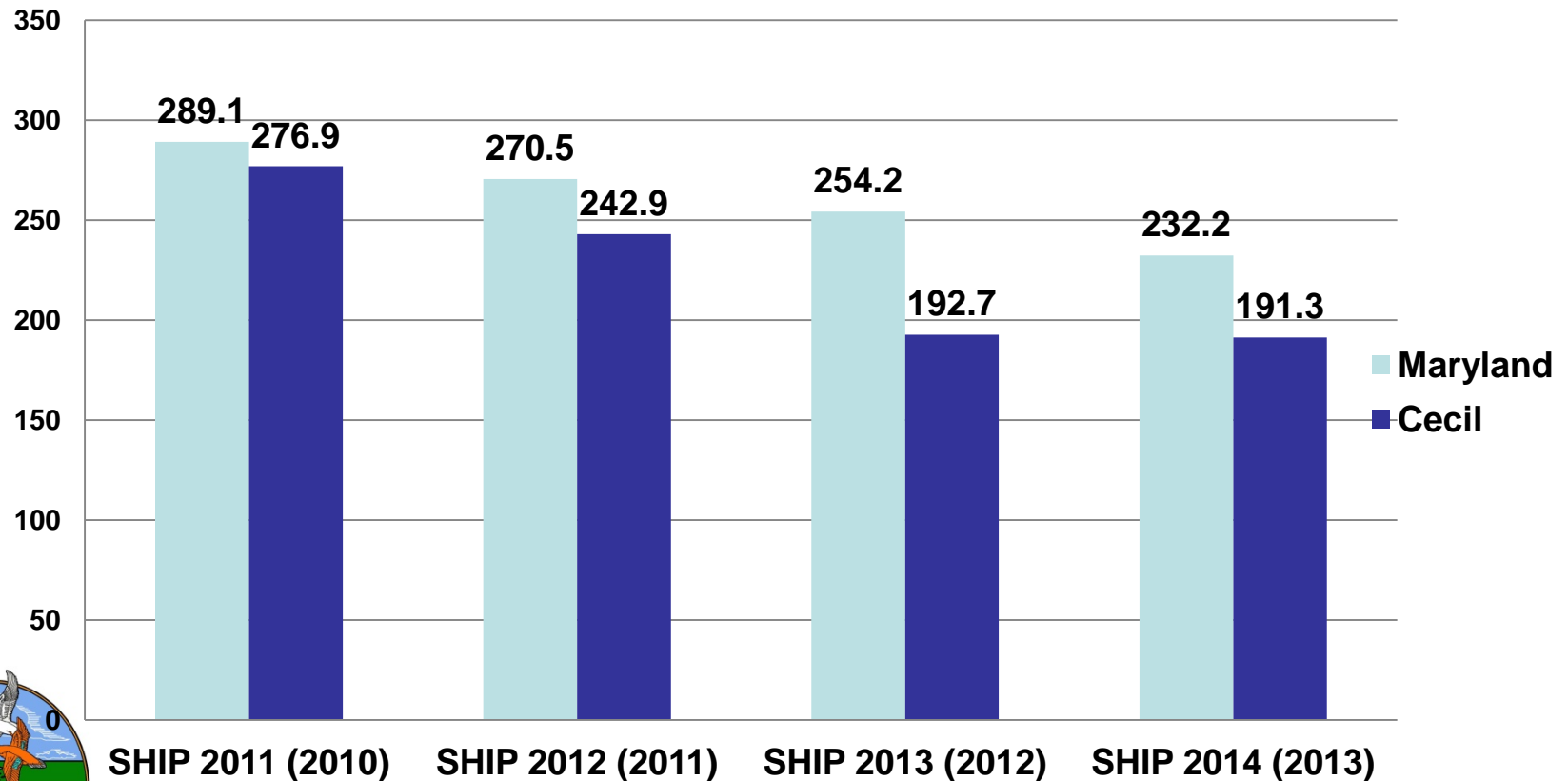
Suicide Rate per 100,000 Population



• HP 2020 Goal: 10.2 • MD 2014 Goal: 9.1
Source: Maryland DHMH Vital Statistics Administration (VSA)

Priority 2 SHIP Data

Hospitalizations Due to Alzheimer's and Other Dementias per 100,000 Population

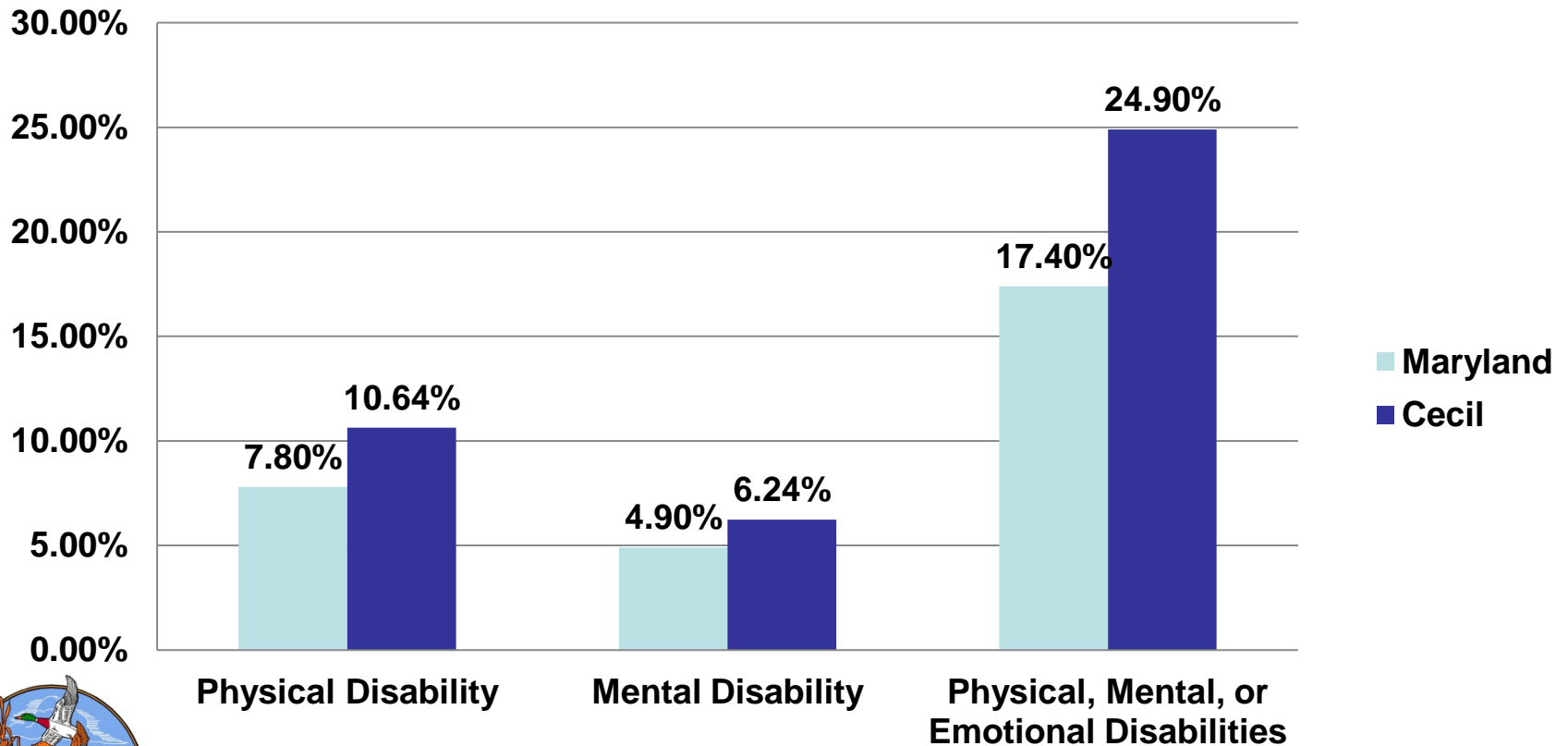


• MD 2014 Goal: 274.6

Source: Maryland Health Services Cost Review Commission (HSCRC)

Additional Mental/ Behavioral Health Data

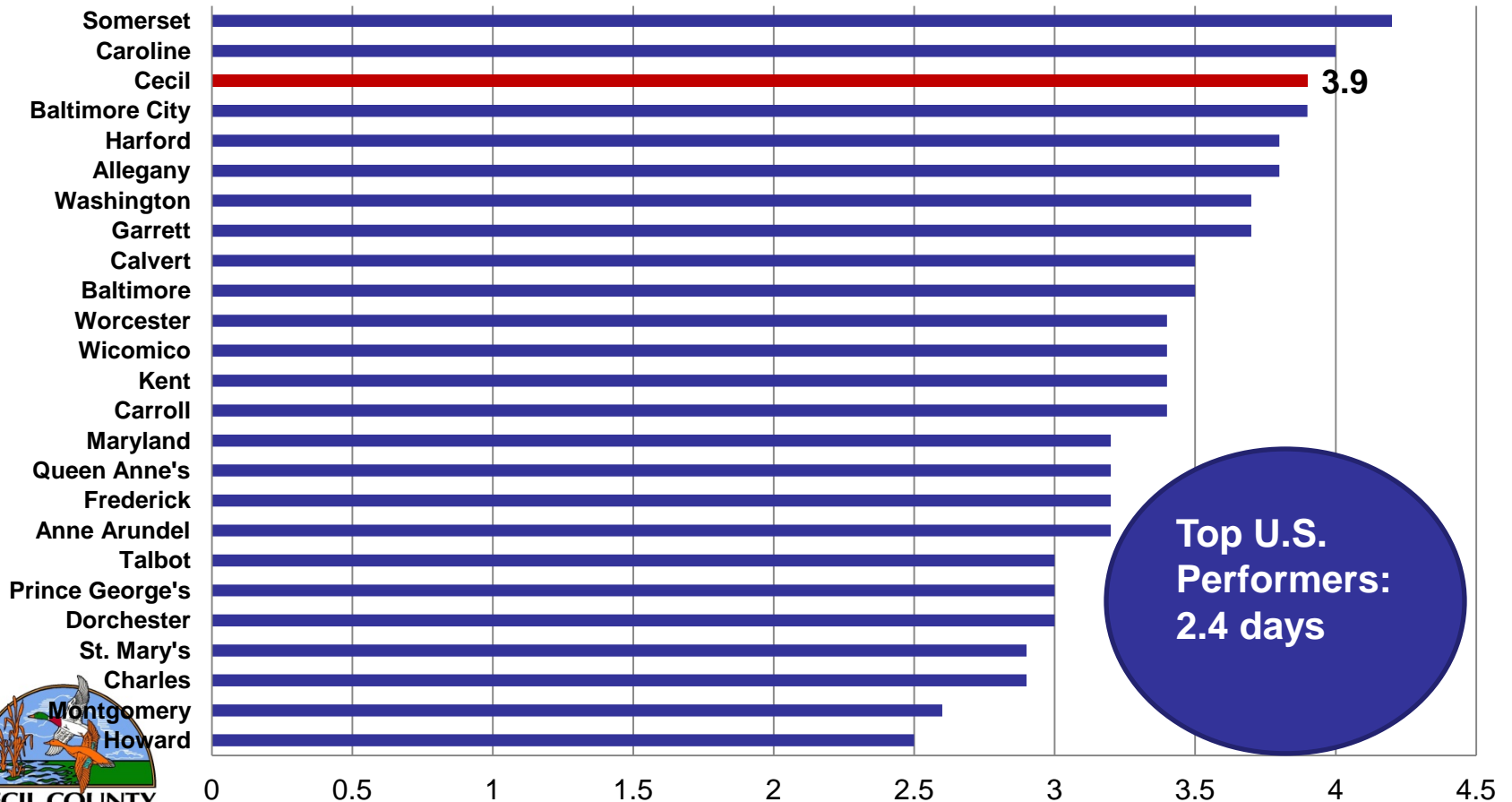
Percentage of Population With a Disability



Sources: Maryland Behavioral Risk Factor Surveillance System (BRFSS) 2007 data, U.S. Census, American Community Survey 2005-2007 data

Additional Mental/ Behavioral Health Data

Average Number of Mentally Unhealthy Days per 30 Day Period



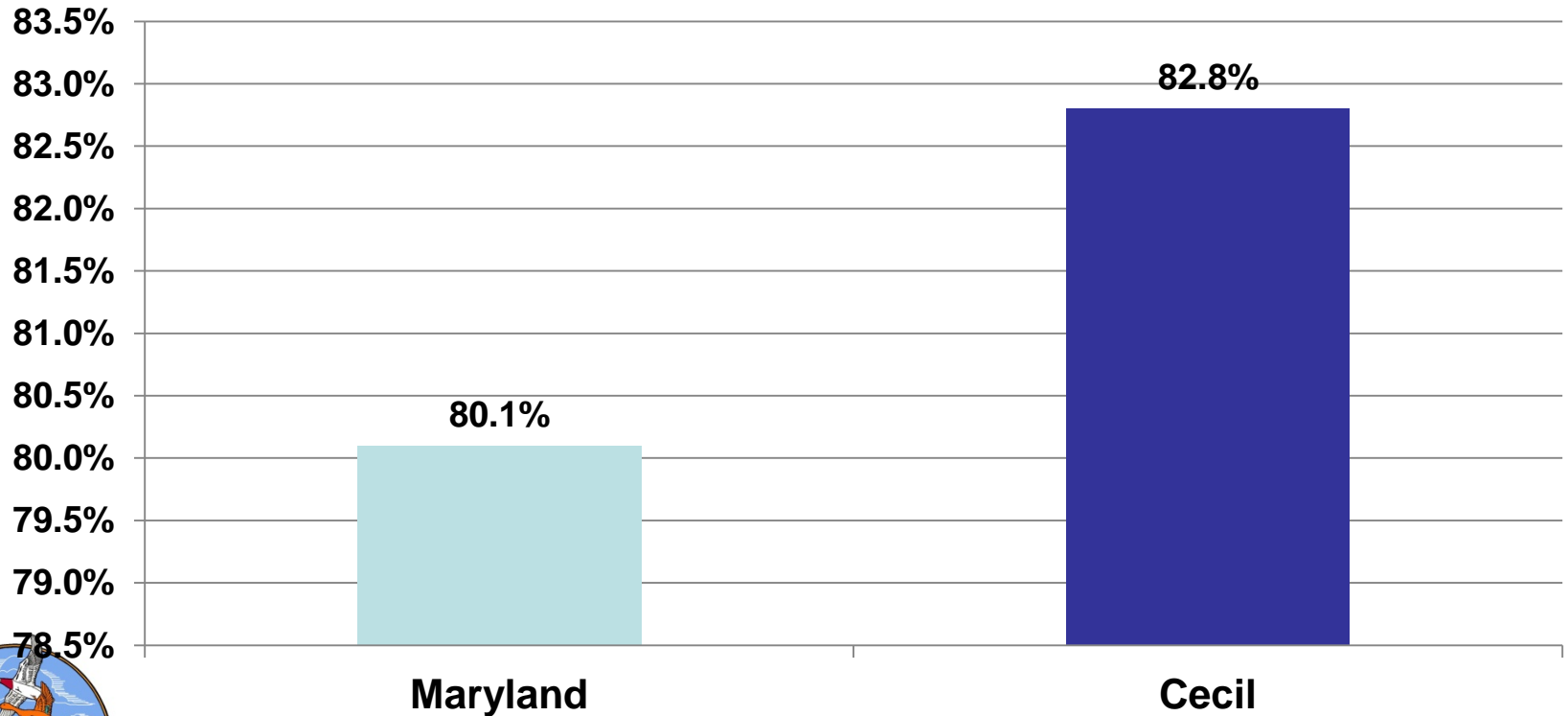
Top U.S. Performers: 2.4 days



County Health Rankings 2014 (2006-2012) data
Source: CDC, Behavioral Risk Factor Surveillance System (BRFSS)

Additional Mental/ Behavioral Health Data

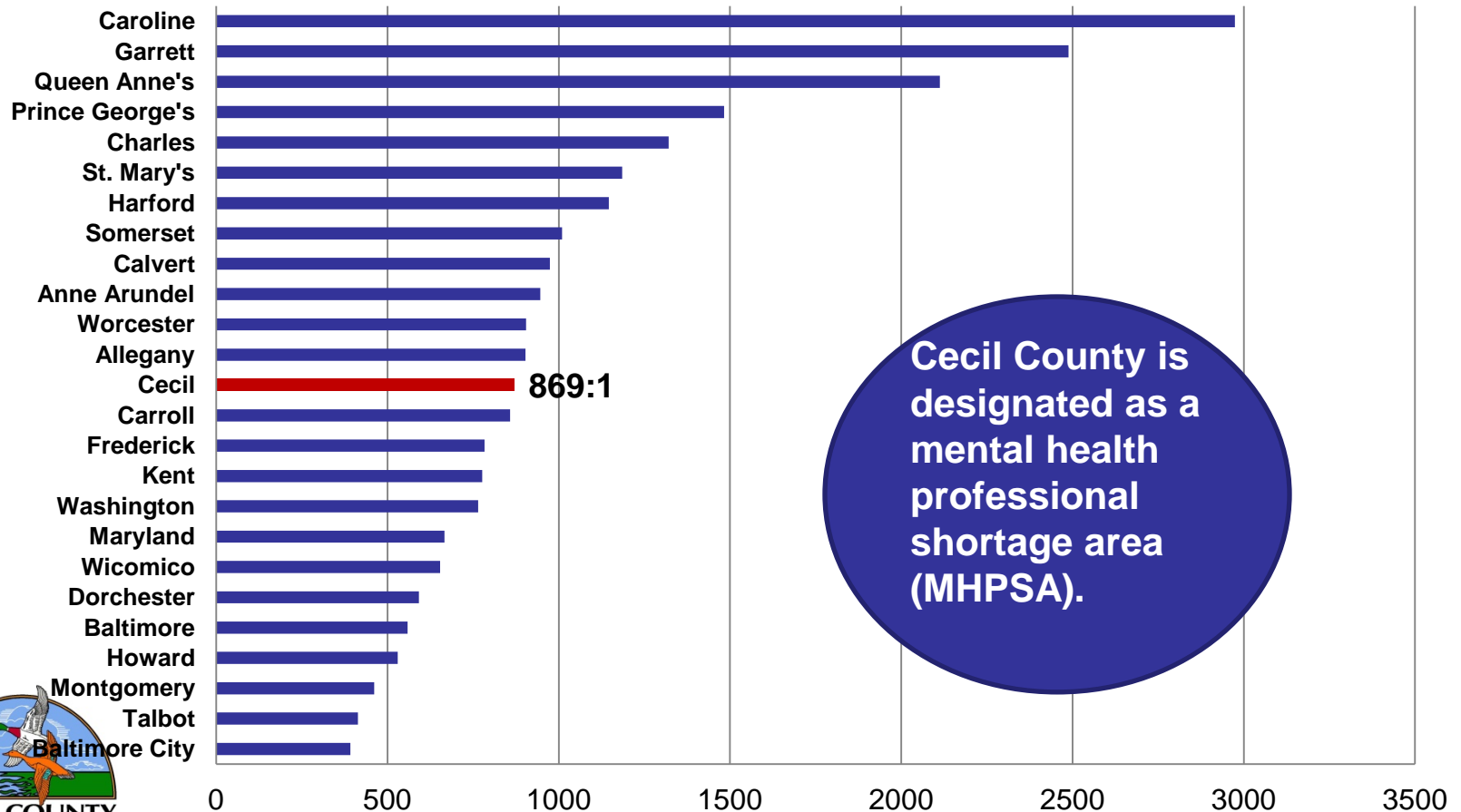
Percentage of Adults Receiving Sufficient Social-Emotional Support



Source: Maryland Behavioral Risk Factor Surveillance System (BRFSS) 2005-2010 data

Additional Mental/ Behavioral Health Data

Ratio of Mental Health Providers to Population



County Health Rankings 2014(2013) data

Priority 4 Update: Child Abuse

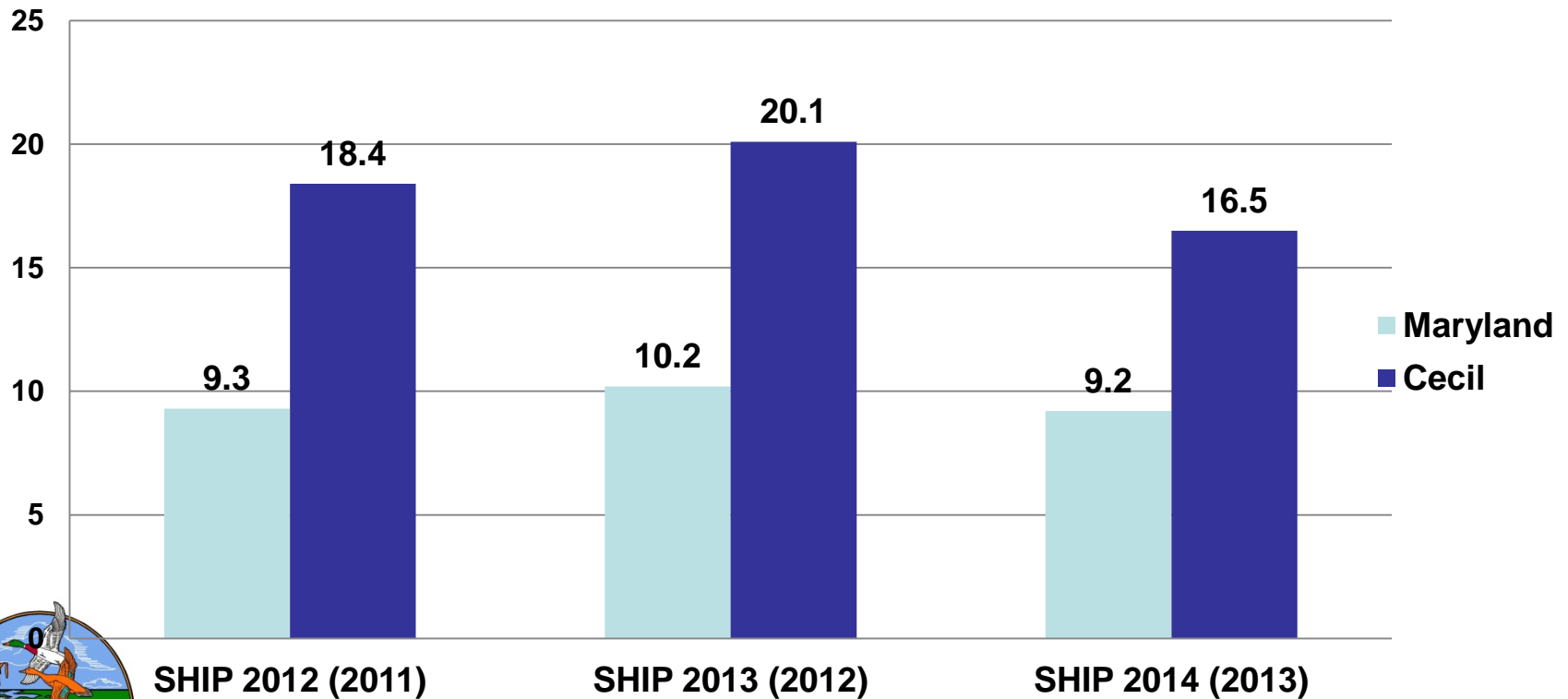
- Strengthening Families Program
- Darkness to Light: Stewards of Children Training
- Identification of Crisis Lines
- Anti- Bullying Educational Materials
- Pinwheels for Prevention Campaign (planned for April, 2015)



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Priority 4 SHIP Data

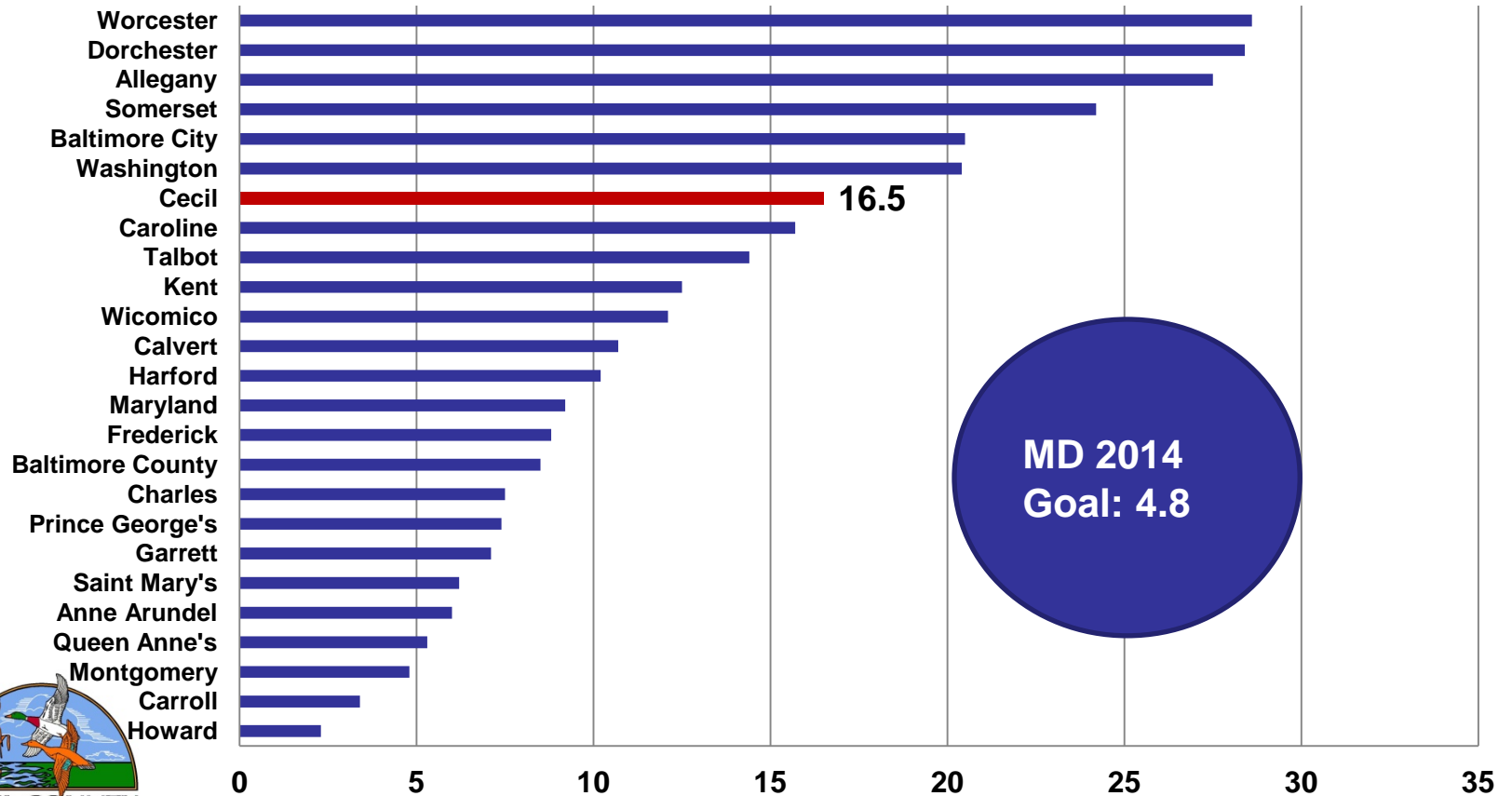
Child Maltreatment Rate per 1,000 Children Under the Age of 18



• HP 2020 Goal: 8.5 • MD 2014 Goal: 4.8
Source: Maryland Department of Human Resources (DHR)

Priority 4 SHIP Data

Child Maltreatment Rate County Comparison

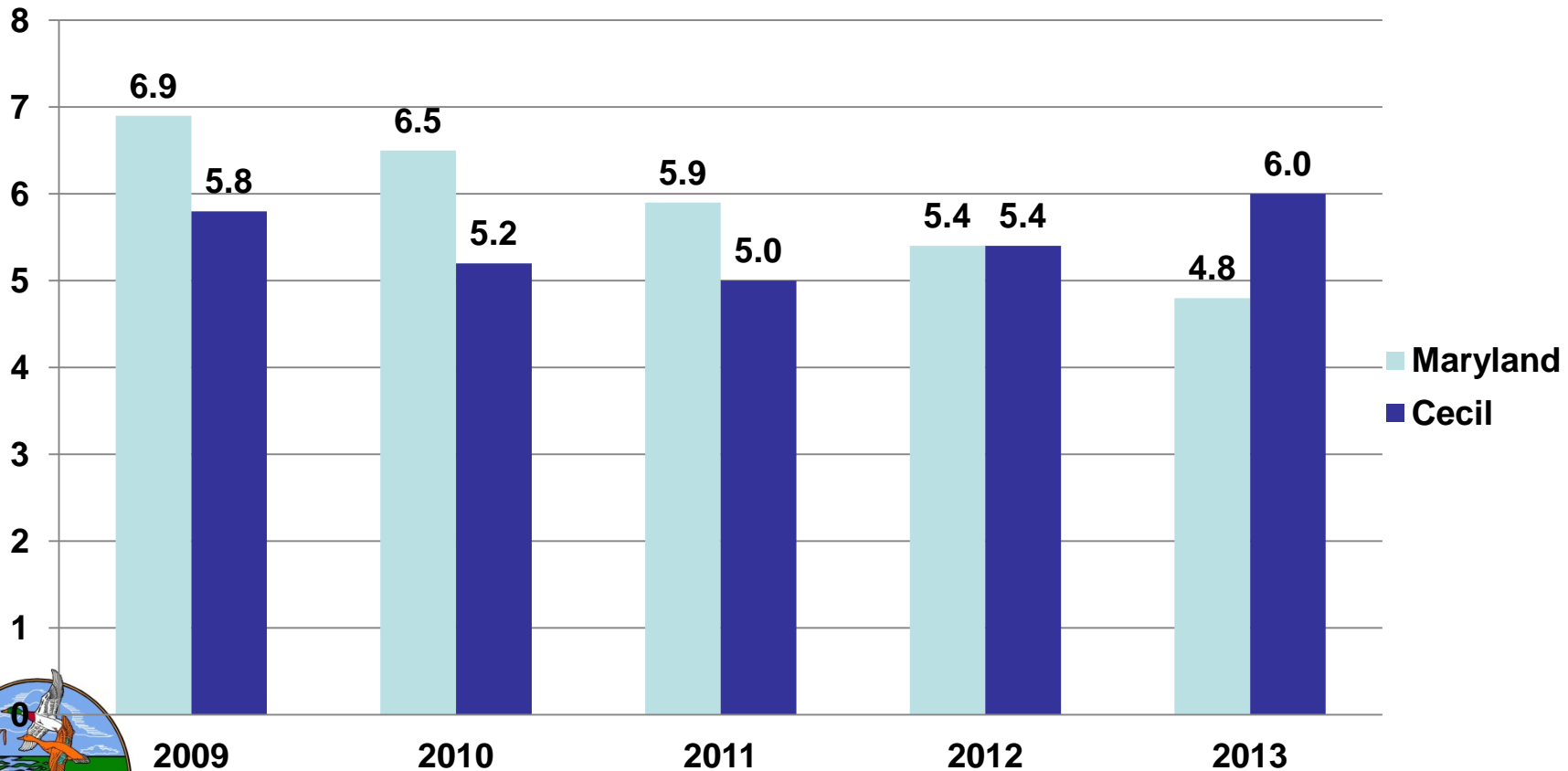


SHIP 2014 (2013) data

Source: Maryland Department of Human Resources (DHR)

Additional Child Abuse Data

Out of Home Placement Rate per 1,000 Children Under 18



Source: Maryland Dept. of Human Resources, SSA StateStat Jurisdiction Data, 2009-2013.

Priority 5 Update: Childhood Obesity: Physical Activity

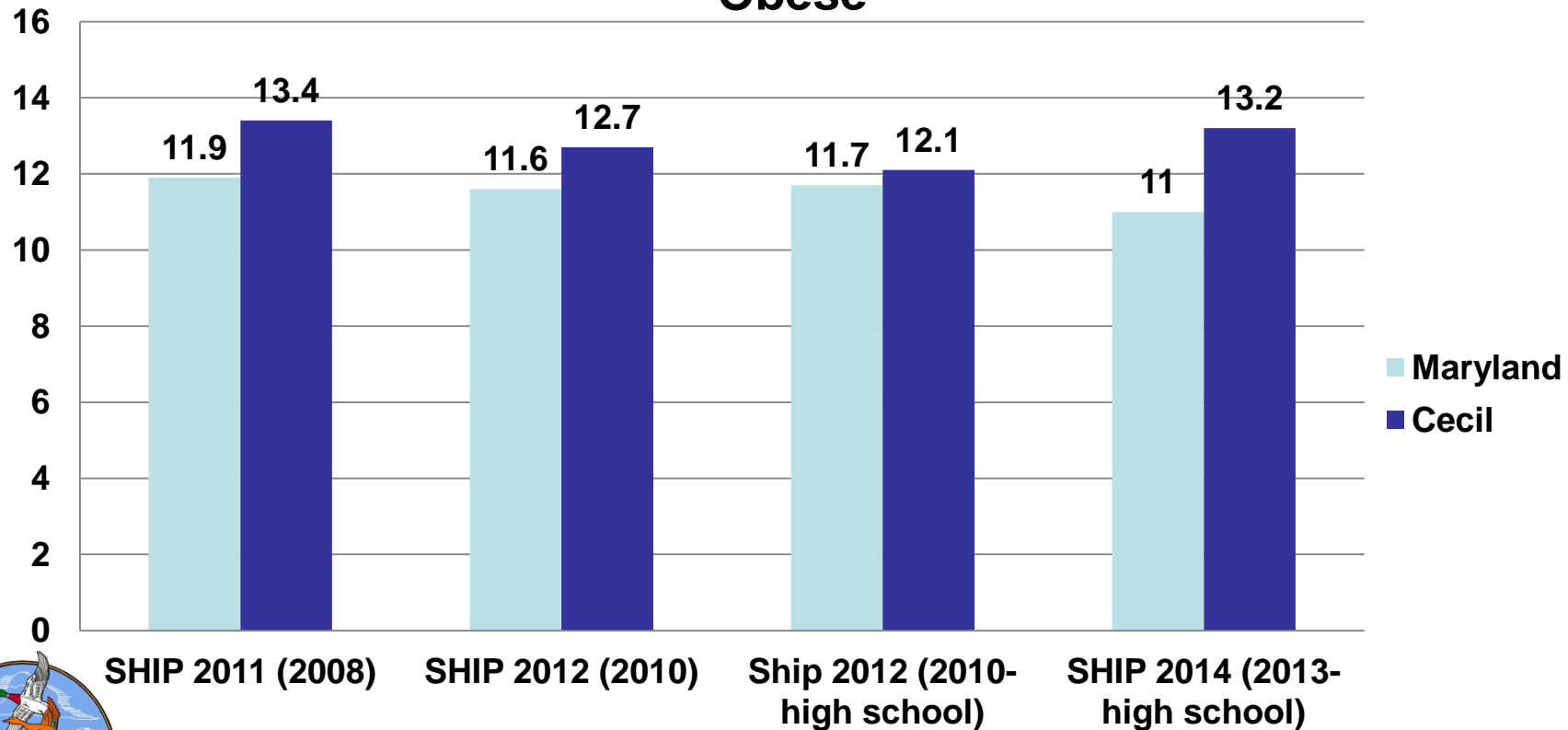
- Community Transformation Grant
 - Just a Minute School Program
- Other School Based Physical Fitness Activities
- Expansion of CCPS Breakfast Program
- Updated Nutrition Standards for CCPS



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Priority 5 SHIP Data

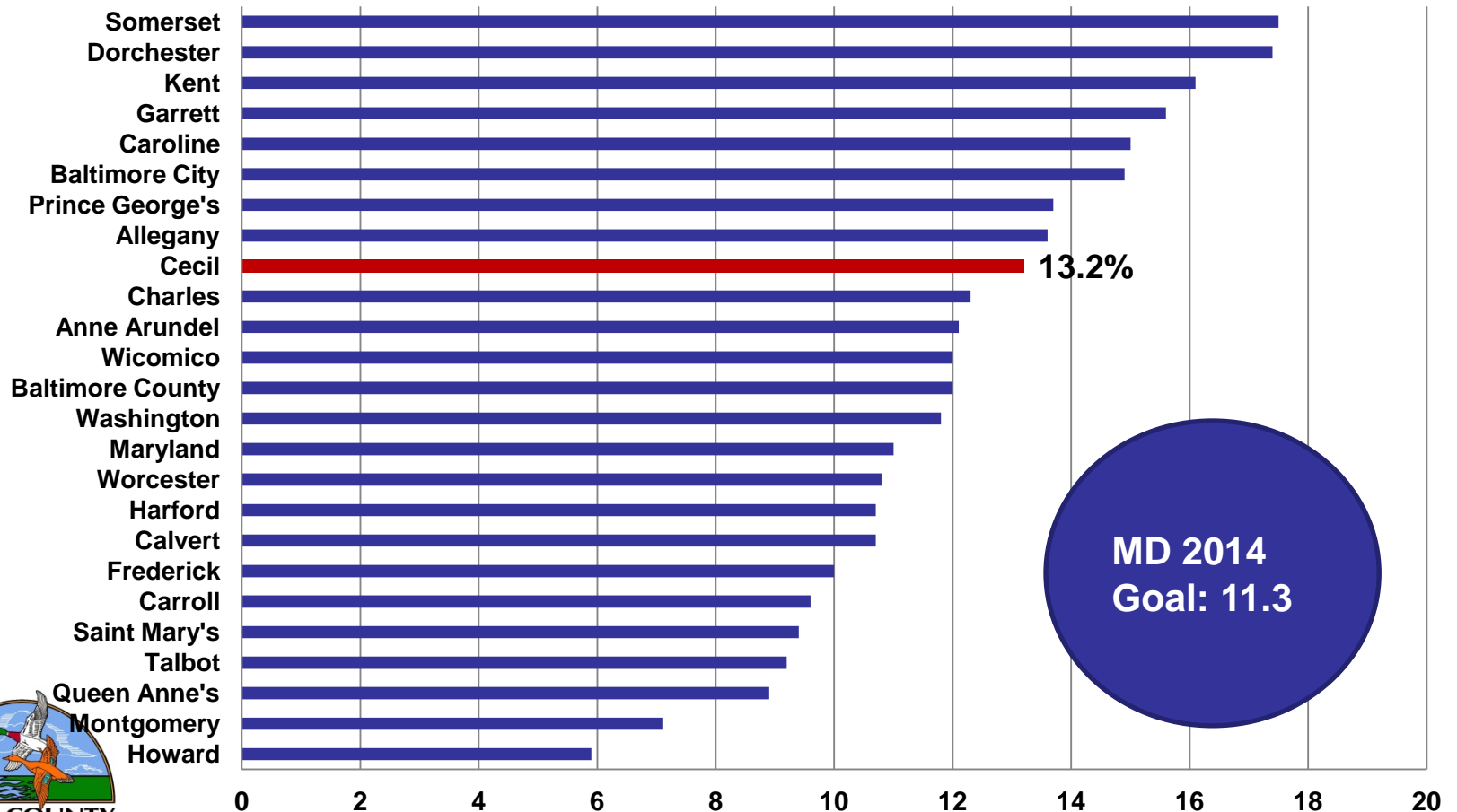
Percentage of Children and Adolescents Who Are Obese



•HP 2020 Goal: 16.1 • MD 2014 Goal 11.3
Source: Maryland Youth Tobacco Survey (MYTS)

Priority 5 SHIP Data

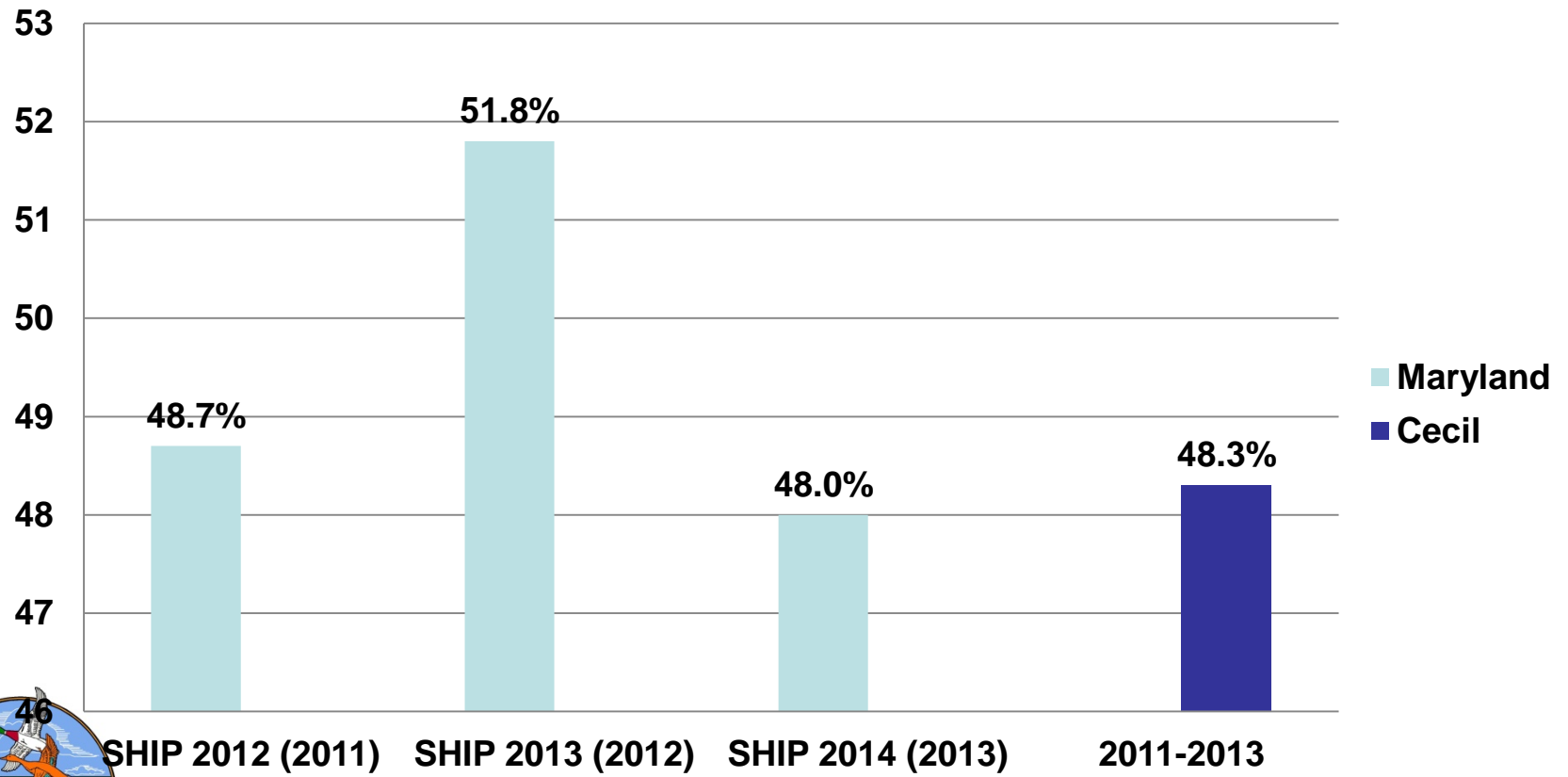
Children and Adolescents Who Are Obese County Comparison



SHIP 2014 (2013 high school) data
Source: Maryland Youth Tobacco Survey (MYTS)

Priority 5 SHIP Data

Percentage of Population That is Physically Active



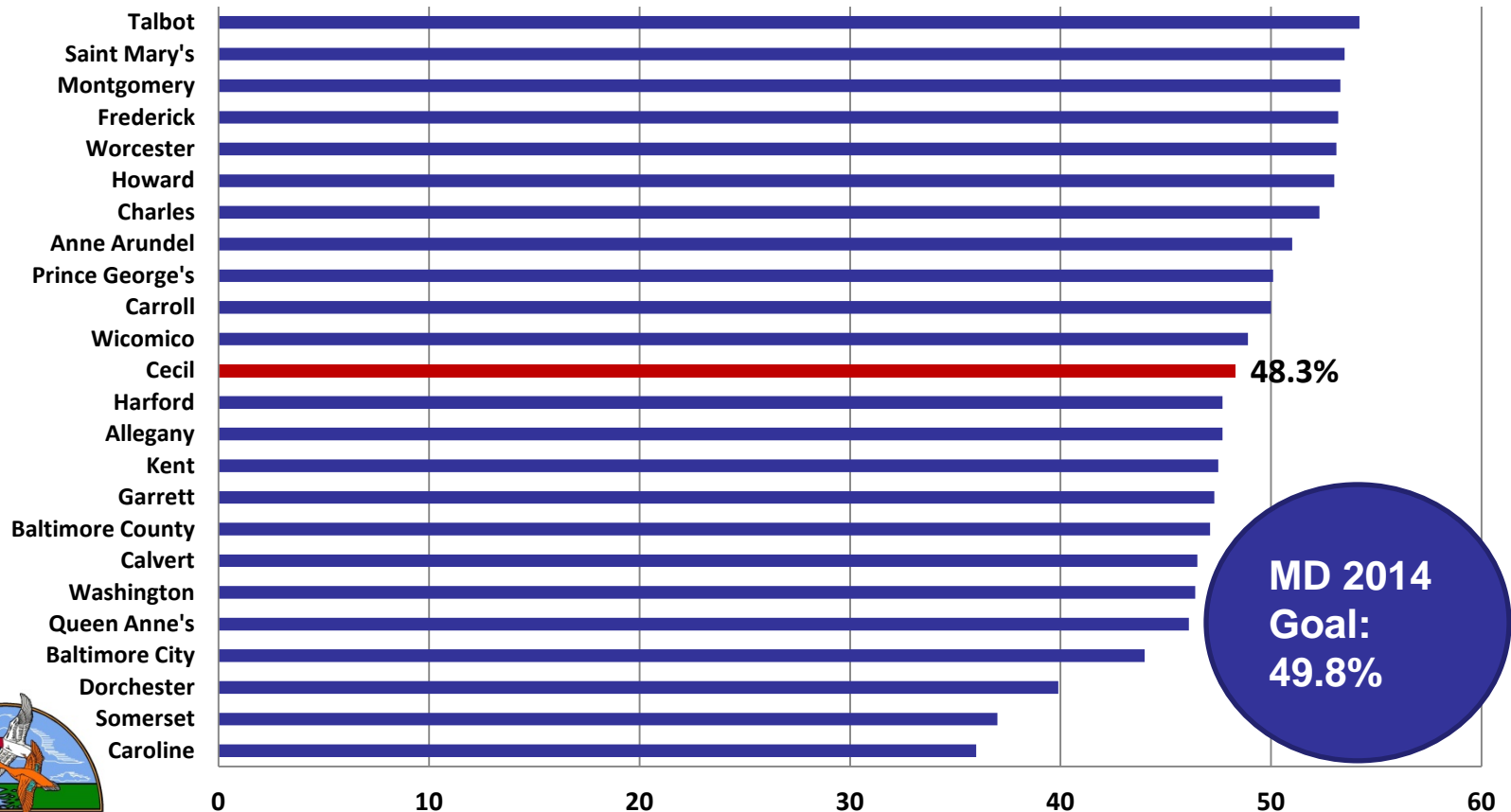
• HP 2020 Goal: 47.9

• MD 2014 Goal 49.8

Source: Maryland DHMH Behavioral Risk Factor Surveillance System (BRFSS)

Priority 5 SHIP Data

Percentage of Population That is Physically Active County Comparison



SHIP County 2011-2013 data

Source: Maryland DHMH Behavioral Risk Factor Surveillance System (BRFSS)

Additional Childhood Obesity Data

Nutrition Among High School Students		
Nutrition	Cecil	MD
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days	14.5%	20.1%
Percentage of students who ate fruits or drank 100% fruit juices less than two times per day during the past seven days	25.7%	31.9%
Percentage of students who ate vegetables less than three times per day during the past seven days	9.8%	13.8%
Percentage of students who drank soda one or more times per day during the past seven days	21.1%	18.0%
Percentage of students who ate breakfast on all of the past seven days	33.4%	33.0%
Percentage of students who ate breakfast on none of the past seven days	13.8%	15.7%



Source: Maryland Youth Risk Behavioral Survey (YRBS), 2013

Additional Childhood Obesity Data

Physical Activity Among High School Students

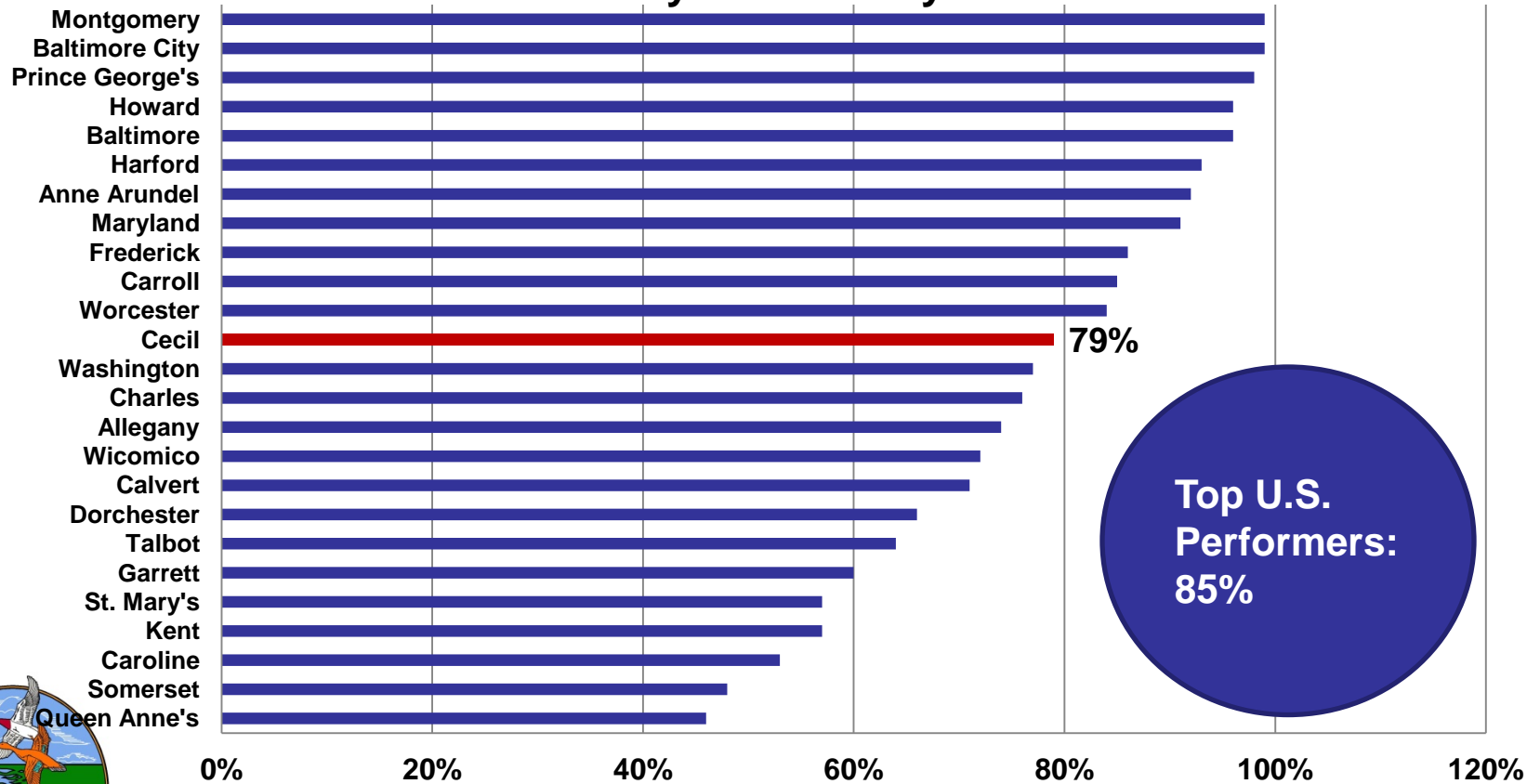
Physical Activity	Cecil	MD
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days	42.5%	40.1%
Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days	16.2%	18.0%
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school	35.2%	39.1%
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school	27.6%	18.2%



Source: Maryland Youth Risk Behavioral Survey (YRBS), 2013

Additional Childhood Obesity Data

Percentage of Population With Adequate Access to Locations for Physical Activity

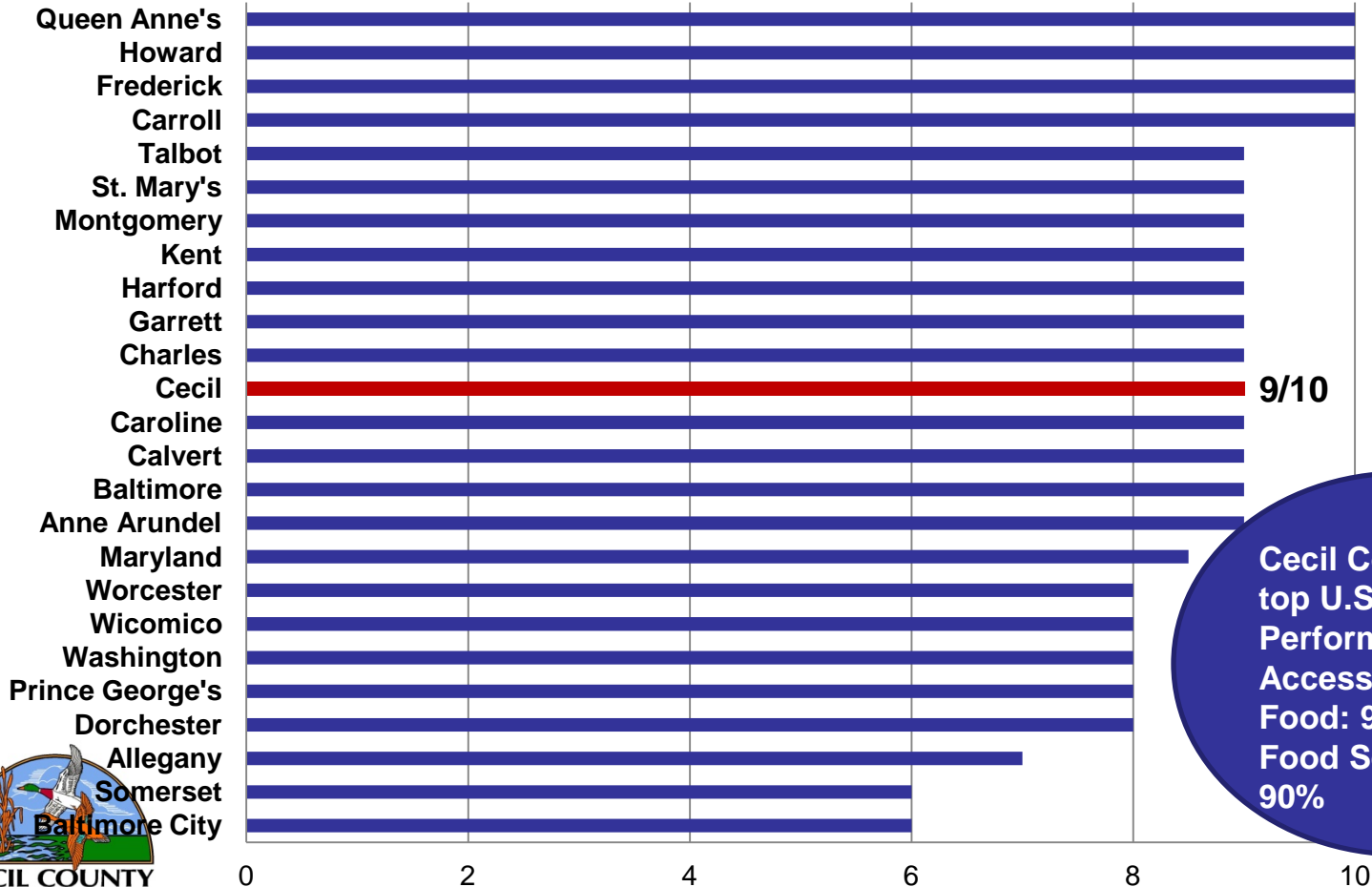


County Health Rankings 2014 (2010 & 2012) data

Sources: OneSource Global Business Browser, Delorme map data, ESRI, & US Census Tigerline Files

Additional Childhood Obesity Data

Food Environment Index



Cecil County is a top U.S. Performer. Access to Healthy Food: 95% Food Security: 90%



County Health Rankings 2014 (2011 (MtMG) & 2010 (USDA)) data
Source: USDA Food Environment Atlas, Map the Meal Gap from Feeding America

Future Directions

- Short Term:
 - FY 14 LHIP Annual Report
 - Revision of LHIP
 - Setting New Objectives through FY16
 - Collecting more data
 - Formally adding Chronic Disease to the Plan
 - Access to Care Workgroup



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Future Directions

- Long Term:
 - The next Community Health Needs Assessment is planned to begin during Q4 of FY15.
 - Union Hospital must complete the CHNA and Community Benefit Implementation Plan by June 30, 2016
 - The CHNA will inform the creation of new health priorities and LHIP for Cecil County.
 - The priorities and objectives in the LHIP and the Implementation Plan should align.



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Important Links

- Cecil County Community Health Needs Assessment:
https://uhcc.thehcn.net/content/sites/uhcc/UHCC_CHNA_Report_FY12-FY13.pdf
- Cecil County Local Health Improvement Plan:
http://www.cecilcountyhealth.org/ccdhxx/pdf/LHIC%20Memo%20Attachment%20Cecil%20County%20Final_2.pdf
- Cecil County Substance Abuse Assessment:
<http://wrangler.websitewelcome.com/~hdadmin/1221/wp-content/uploads/2013/08/Cecil-County-Substance-Abuse-Assessment-Report-FINAL.pdf>
- State Health Improvement Process: <http://cecil.md.networkofcare.org/ph/>
- Community Benefit Implementation Plan, UHCC:
https://www.uhcc.com/getattachment/About/Community-Benefit/UHCC-CBIP_FY13-FY14.pdf.aspx



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