



# Local Health Improvement Plan (LHIP) Update and Community Health Needs Assessment (CHNA) Plans

Presentation to the Community Health Advisory Committee

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**Daniel Coulter, MPH:** [daniel.coulter@maryland.gov](mailto:daniel.coulter@maryland.gov) 443.245.3767

**Jean-Marie Donahoo, MPH-HP:** [jmdonahoo@uhcc.com](mailto:jmdonahoo@uhcc.com) 443.674.1290

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# Local Health Improvement Plan (LHIP)- Background

State Health Improvement Process (SHIP) Launched in Sept. 2011

CHAC chosen to serve as Cecil County's Local Health Improvement Coalition (LHIC)

Local Health Improvement Plan (LHIP) released in Jan. 2012

Community Health Needs Assessment (CHNA) released in May 2013

LHIP Update Presentations- July, 2013, July, 2014, Jan., 2015

Revised LHIP Work Plans- Spring 2015

Community Health Needs Assessment (CHNA)- Summer 2015



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# Local Health Improvement Plan (LHIP)- Priorities

Priority 1:  
Prescription Drug  
Abuse

Priority 2: Access to  
Mental/Behavioral  
Health Treatment  
and Services

Priority 3:  
Substance Abuse  
Prevention

Priority 4:  
Child Abuse  
Prevention

Priority 5:  
Childhood Obesity



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# Local Health Improvement Plan (LHIP)- SHIP Data

- Cecil County is meeting MD 2017 Goals for 12 of 38 measures for which county level data is available
- LHIP targets 6 select measures



CECIL COUNTY HEALTH DEPARTMENT		Cecil County 2015 SHIP Update		CECIL COUNTY HEALTH DEPARTMENT	
Focus Area	Measure	MD 2017 Goal Met	Progress*		
Healthy Beginnings	Infant death rate	●	↓		
	Babies with Low birth weight	●	↑		
	Sudden unexpected infant death rate (SUIDs)	●	↓		
	Teen birth rate	●	↑		
	Early prenatal care	●	↓		
	Students entering kindergarten ready to learn	●	↑		
	High school graduation rate	●	↑		
Healthy Living	Children receiving blood lead screening	●	↑		
	Adults who are a healthy weight	●	↑		
	Children and adolescents who are obese**	●	↓		
	Adults who currently smoke	●	↑		
	Adolescents who use tobacco products	●	↑		
	HIV incidence rate	●	↓		
	Chlamydia infection rate	●	↓		
	Life expectancy	●	↑		
Healthy Communities	Increase physical activity	●	↓		
	Child maltreatment rate**	●	↑		
	Suicide rate**	●	↓		
	Domestic Violence	●	↓		
	Children with elevated blood lead levels	●	↓		
	Fall-related death rate	●	↓		
	Pedestrian injury rate on public roads	●	↓		
Access to Health Care	Affordable Housing	●	↓		
	Adolescents who received a wellness checkup in the last year	●	↑		
	Children receiving dental care in the last year	●	↓		
	Persons with a usual primary care provider	●	↑		
Quality Preventive Care	Uninsured Emergency Department Visits	●	↑		
	Age-adjusted mortality rate from cancer	●	↓		
	Emergency Department visit rate due to diabetes	●	↓		
	Emergency Department visit rate due to Hypertension	●	↓		
	Drug-induced death rate**	●	↑		
	Emergency Department Visits Related to Mental Health Conditions**	●	↑		
	Hospitalization rate related to Alzheimer's or other dementias	●	↑		
	Children (19-35 months old) who receive recommended vaccines	No data	No data		
	Annual season influenza vaccinations	●	↑		
	Emergency Department visit rate due to asthma	●	↓		
	Age-adjusted mortality rate from heart disease	●	↓		
Emergency Department Visits for Addictions-Related Conditions**	●	↑			
Emergency Department visit rate for dental care	●	↓			

\* Most recent year of data vs. previous year of data

\*\* Current priorities of Cecil County's Local Health Improvement Coalition

●	Measure met the MD 2017 Goal	# of measures met	12 measures
●	Measure did not meet the MD 2014 Goal	# of measures not met	26 measures
		no data	1 measure

# Priority 1: Prescription Drug Abuse Goals & Objectives

- Goal: Reduce incidence of fatal and non-fatal overdoses in Cecil County
  - Raise awareness about consequences of substance abuse, including prescription drugs and other opioids
  - Elevate physician participation in Maryland prescription drug monitoring program (PDMP)
  - Increase community disposal of unused medications, especially prescribed controlled substances
  - Increase overdose prevention education and distribution of emergency overdose response kits with intranasal Naloxone medication
  - Elevate review and consideration of local overdose incidents



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# Priority 2: Access to Mental/Behavioral Health Treatment and Services Goal & Objectives

- **Goal: Reduce the number of individuals with behavioral health conditions being admitted to the local emergency room**
  - Expand the range of services within the continuum of mental/behavioral health care that are available to Cecil County residents
  - Develop strategies to reduce ER visits by identified “high utilizers” with behavioral health conditions
- **Goal: Reduce the suicide rate in Cecil County**
  - Promote community awareness and education on behavioral health conditions and how to access care



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# Priority 3: Substance Abuse Prevention

## Goal & Objectives

- Goal: Establish an accessible and integrated continuum of substance abuse prevention, intervention and treatment services for the adolescents and their families of Cecil County
  - Raise awareness about consequences of drug use among youth in Cecil County
  - Increase the number of Cecil County youth and families who participate in evidenced-based prevention and early-intervention programs



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# Priority 4: Child Abuse Prevention

## Goal & Objectives

- **Goal: Decrease the incidence of child abuse in Cecil County**
  - Increase public awareness about child abuse and neglect
  - Increase public awareness about child abuse and neglect prevention resources
  - Educate parents on issues of child development, discipline, and positive parenting skills
  - Educate professionals about child abuse and neglect
  - Increase programming for at risk families



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# Priority 5: Childhood Obesity

## Goal & Objectives

- Goal: Improve nutrition and increase physical activity for youth (children) in Cecil County to reduce the prevalence and incidence of childhood obesity
  - Increase awareness of available youth-oriented physical activities and youth-oriented nutritious foods available in the county
  - Increase motivation for youth to participate appropriate amounts of physical activity and eating healthy on a daily basis
  - Increase youth's access to physical activities and nutritious foods in each community in Cecil County



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# Community Health Needs Assessment (CHNA)- Plans

- Purpose:
  - Examination of the health status of Cecil County residents to identify key problems and assets
  - The ultimate goal is to develop strategies to address the community's health needs and identified issues [Creation of a Community Health Improvement Plan (CHIP)]
- Components:
  - Review of Secondary data sources
  - Community Health Survey
    - Open to all Cecil County residents ages 18 and older



## Focus Groups

For special populations who may have trouble accessing the survey

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# Community Health Needs Assessment (CHNA)- Timeline of Activities

- July-September 2015: Community Health Survey and Focus Groups
- October- November 2015: Develop CHNA
- January 2016: Present CHNA findings to CHAC
  - 30 day comment period; Revisions based on feedback
- February- March 2016: CHAC to decide on top three priorities for CHIP and create work plans
- March-April 2016: Develop CHIP
  - 30 day comment period; Revisions based on feedback
- June 2016: Publish completed CHNA and CHIP



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# Links

- Cecil County Community Health Survey:  
<https://www.surveymonkey.com/r/CecilCountyCommunityHealthSurvey>
- Cecil County Community Health Needs Assessment (current):  
[https://uhcc.thehcn.net/content/sites/uhcc/UHCC\\_CHNA\\_Report\\_FY12-FY13.pdf](https://uhcc.thehcn.net/content/sites/uhcc/UHCC_CHNA_Report_FY12-FY13.pdf)
- Cecil County Local Health Improvement Plan (current):  
[http://www.cecilcountyhealth.org/ccdhxx/pdf/LHIC%20Memo%20Attachment%20Cecil%20County%20Final\\_2.pdf](http://www.cecilcountyhealth.org/ccdhxx/pdf/LHIC%20Memo%20Attachment%20Cecil%20County%20Final_2.pdf)
- State Health Improvement Process: <http://cecil.md.networkofcare.org/ph/>



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