



**Mental Health Core Service Agency Advisory Council
Access to Treatment Report
Cecil County Community Health Advisory Committee
July 16, 2015**

SHIP Measure: Suicide Rate

Suicide rate per 100,000 population					
	2007-2009	2008-2010	2009-2011	2010-2012	2011-2013
Cecil	13.6	12.8	16.8	13.6	15.1
Maryland	8.9	8.7	8.9	8.8	9.0

HP 2020 Target: 10.2 MD 2017 Goal: 9.0
Source: Maryland DHMH Vital Statistics Administration (VSA)

SHIP Measure: Emergency Department Visits Related to Mental Health Conditions

Rate of emergency department visits related to mental health disorders (per 100,000 population)				
	2010	2011	2012	2013
Cecil	7085.5	9974.8	10570.8	8901.6
Maryland	2780.8	3211.2	3500.6	3318.5

MD 2017 Goal: 3152.6
Source: Maryland Health Services Cost Review Commission (HSCRC), Research Level Statewide Outpatient Data Files

**Overview of Activities
January 2015 – June 2015**

Crisis Intervention Team (CIT)

CIT is a collaborative community partnership between first responders, mental health providers, consumers, mobile crisis services and other local community agencies for the common goals of increased public safety and appropriate service to people affected by mental health conditions and their families. It involves extensive training and education of first responders, an on-going partnership, and monitoring of how CIT is functioning once implemented. To date, 35 members of the first responder community have received the initial 4-hour training in behavioral health and effective crisis intervention with someone suffering from a serious psychiatric condition. The second phase of CIT involves a 40 hour training for designated responders.

Healthy People. Healthy Community. Healthy Future.

ADMINISTRATIVE SERVICES.....410-996-5550	ENVIRONMENTAL HEALTH SERVICES.....410-996-5160
ALCOHOL AND DRUG RECOVERY CENTER.....410-996-5106	HEALTH PROMOTION.....410-996-5168
EMERGENCY PREPAREDNESS.....410-996-5113	MENTAL HEALTH AND SPECIAL POPULATIONS SERVICES.....410-996-5112
COMMUNITY HEALTH SERVICES.....410-996-5130	TTY USERS FOR DISABLED: MARYLAND RELAY.....800-201-7165
DISEASE CONTROL.....410-996-5100	EN ESPAÑOL.....410-996-5550 EXT 4680

Development of Assertive Community Treatment (ACT)

In the Spring of 2015, the Mental Health Core Service Agency issued a Request for Proposals for the start-up and development of ACT in Cecil County. ACT is a community and evidence-based treatment model for individuals with serious mental illness that have previously required frequent or sustained periods of treatment in institutional settings. Core principles of ACT include assertive engagement techniques, a team approach, community-based treatment, frequent and intensive consumer contact when required, and inclusion of those with co-occurring disorders. Upper Bay Counseling & Support Services (UBCSS) was awarded the funding. They are currently working on obtaining licensure from the Office of Health Care Quality to deliver a mobile treatment service. They have also held their first consultation with the University of Maryland who will be overseeing how well the program adheres to the evidence-based model across time. They are expected to begin serving consumers in July of 2015.

Expansion of Mental Health First Aid (MHFA)

The Mental Health Core Service Agency also recently funded the expansion of Mental Health First Aid, an 8-hour evidence-based training curriculum that teaches lay people how to recognize and give initial assistance to a person experiencing symptoms of a mental health condition or mental health crisis. There is a version of the curriculum for intervention with both youth and adults. Cecil County now has nine instructors from a range of community agencies who can teach MHFA. MHFA is a useful tool in combating stigma in addition to furthering knowledge and skills that can help prevent suicide.

Development of Residential Crisis Service

For the past several months, the Mental Health Core Service Agency and Alcohol & Drug Recovery Center representatives have been participating on a workgroup led by Union Hospital on the development of a short-term behavioral health crisis assessment and stabilization center. The plan is for this site to serve as an effective community based alternative to services traditionally sought in the emergency room or hospital inpatient setting. It will be referral based and will serve those with mental health or substance use issues.