



**Mental Health Core Service Agency Advisory Council
Access to Treatment Report
Cecil County Community Health Advisory Committee
July 21, 2016**

SHIP Measure: Suicide Rate

Suicide rate per 100,000 population						
	2007-2009	2008-2010	2009-2011	2010-2012	2011-2013	2012-2014
Cecil	13.6	12.8	16.8	13.6	15.1	13.4
Maryland	8.9	8.7	8.9	8.8	9.0	9.2

HP 2020: 10.2 MD 2017 Goal: 9.0
Source: Maryland DHMH Vital Statistics Administration (VSA)

SHIP Measure: Emergency Department Visits Related to Mental Health Conditions

Rate of emergency department visits related to mental health disorders per 100,000 population					
	2010	2011	2012	2013	2014
Cecil	7085.5	9974.8	10570.8	8901.6	5501.6
Maryland	2780.8	3211.2	3500.6	3318.5	3442.6

MD 2017 Goal: 3152.6
Source: Maryland Health Services Cost Review Commission (HSCRC), Research Level Statewide Outpatient Data Files

**Overview of Activities
January 2016 – June 2016**

Crisis Intervention Team (CIT)

CIT is a collaborative community partnership between first responders, mental health providers, consumers, mobile crisis services and other local community agencies for the common goals of increased public safety and appropriate service to people affected by mental health conditions and their families. It involves extensive training and education of first responders, an on-going partnership, and monitoring of how CIT is functioning once implemented. To date, 35 members of the first responder community have received the initial 4-hour training in behavioral health and effective crisis intervention with someone suffering from a serious psychiatric condition. The second phase of CIT involves a forty-

Healthy People. Healthy Community. Healthy Future.

ADMINISTRATIVE SERVICES.....410-996-5550	ENVIRONMENTAL HEALTH SERVICES.....410-996-5160
ALCOHOL AND DRUG RECOVERY CENTER.....410-996-5106	HEALTH PROMOTION.....410-996-5168
EMERGENCY PREPAREDNESS.....410-996-5113	MENTAL HEALTH AND SPECIAL POPULATIONS SERVICES.....410-996-5112
COMMUNITY HEALTH SERVICES.....410-996-5130	TTY USERS FOR DISABLED: MARYLAND RELAY.....800-201-7165
DISEASE CONTROL.....410-996-5100	EN ESPAÑOL.....410-996-5550 EXT 4680



hour training for designated responders. One representative from the Sherriff’s Department completed the 40-hour training.

Development of Assertive Community Treatment (ACT)

ACT is the evidence-based model of community mobile treatment for individuals with serious mental illness that have previously required frequent or sustained periods of treatment in institutional settings. Core principles of ACT include assertive engagement techniques, a team approach, community-based treatment, frequent and intensive consumer contact when required, and inclusion of those with co-occurring disorders. Upper Bay Counseling & Support Services mobile treatment program is fully up and running with 34 consumers enrolled as of June 30, 2016. A mock audit by University of MD was scheduled for 7/7/2016 to assess fidelity to ACT performance measures. Once completed, Upper Bay plans to submit a request to the Behavioral Health Administration for formal review and official recognition as Assertive Community Treatment.

Expansion of Mental Health First Aid (MHFA)

The Mental Health Core Service Agency recently funded the expansion of Mental Health First Aid, an 8-hour evidence-based training curriculum that teaches lay people how to recognize and give initial assistance to a person experiencing symptoms of a mental health condition or mental health crisis. There is a version of the curriculum for intervention with both youth and adults. Cecil County now has nine instructors from a range of community agencies who can teach MHFA. MHFA is a useful tool in combating stigma in addition to furthering knowledge and skills that can help prevent suicide. The new instructors trained a total of 38 people in MHFA during this period.

Development of Residential Crisis Service

The workgroup led by Union Hospital that includes partners such as the Mental Health Core Service Agency, Alcohol & Drug Recovery Center, and other community partners last met in September and finalized the program plan for a Behavioral Crisis Assessment & Stabilization Center (BCASC). The plan is for this site to serve as an effective community based alternative to services traditionally sought in the emergency room or hospital inpatient setting. It will be referral based and will serve those with mental health or substance use issues. UHCC has purchased a parcel of land in down town Elkton and a draft of the architectural plans have been developed and shared with the workgroup. The hope is to break ground by Fall 2016 with an opening in early 2018.

Healthy People. Healthy Community. Healthy Future.

ADMINISTRATIVE SERVICES.....	410-996-5550	ENVIRONMENTAL HEALTH SERVICES.....	410-996-5160
ALCOHOL AND DRUG RECOVERY CENTER.....	410-996-5106	HEALTH PROMOTION.....	410-996-5168
EMERGENCY PREPAREDNESS.....	410-996-5113	MENTAL HEALTH AND SPECIAL POPULATIONS SERVICES.....	410-996-5112
COMMUNITY HEALTH SERVICES.....	410-996-5130	TTY USERS FOR DISABLED: MARYLAND RELAY.....	.800-201-7165
DISEASE CONTROL.....	410-996-5100	EN ESPAÑOL.....	410-996-5550 EXT 4680