LHIC Updates

Cecil County Community Health Advisory Committee Meeting 1.20.2022



FY 20-22 Community Health Improvement Plan (CHIP)

- Review key CHIP health indicators.
- Task Force updates on activities.
- A final report will be drafted and results shared at our July CHAC meeting.
- Update on COVID-19

Cancer

Measure	Baseline (year)	Most Recent (year)	Trend
Lung Cancer Incidence	85.5 per 100k pop. (2012-2016)	87.1 per 100k pop. (2014-2018)	1
Lung Cancer Mortality Rate	61.5 per 100k pop. (2012- 2016)	58.8 per 100k pop. (2015-2019)	1
Prevalence of Smoking (adults)	24.8% (2017)	23.1% (2019)	1
Prevalence of Smoking or Vaping (grade 9-12)	23.5% (2016)	41.0% (2018)	1

Behavioral Health

Measure	Baseline (year)	Most Recent (year)	Trend
Prevalence of Youth Substance Use (grades 9-12):			
Marijuana (ever used)	34.8% (2016)	35.4% (2018)	1
Prescription Drugs (ever used)	13.3% (2016)	13.4% (2018)	1
Heroin (ever used)	2.7% (2016)	2.5% (2018)	1
Drug and Alcohol Intoxication Deaths	59 (2017)	92 (2020)	1
Rate of ED Visits Related to Substance Use Disorders (SUD)	2,133.2 per 100k pop. (2016)	2,084.1 per 100k pop. (2017)	1
Rate of ED Visits Related to MH Conditions	8684.0 per 100k pop. (2016)	9584.2 per 100k pop. (2017)	1
Prevalence of Depression among Youth (grades 9-12)	29.7% (2016)	34.4% (2018)	1
Suicide Death Rate	13.4 per 100k pop. (2012-2014)	19.2 per 100k pop. (2017-2019)	1

Childhood Trauma

Measure	Baseline (year)	Most Recent (year)	Trend
Prevalence of Adverse Childhood Experiences(ACEs) in Adults:			
0 ACES	34.7% (2015)	37.6% (2018)	1
1-2 ACES	46.8% (2015)	28.7% (2018)	1
3-8 ACES	18.6% (2015)	33.7% (2018)	1
Child maltreatment incidence rate	10.1 per 1,000 pop. (2016)	11.7 per 1,000 pop. (2018)	1
Domestic violence incidence rate	476.9 per 100k pop. (2017)	516.3 per 100K pop. (2019)	1

Diabetes

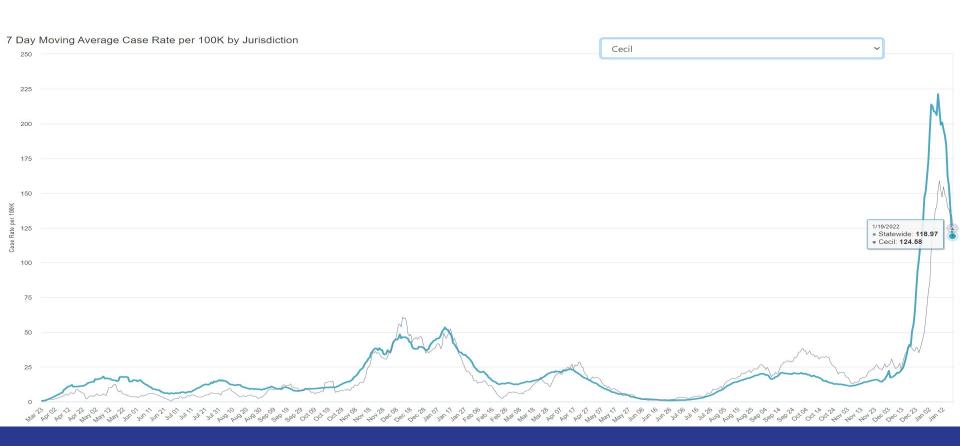
Measure	Baseline (year)	Most Recent (year)	Trend
Prevalence of diabetes (adults)	10.5% (2017)	10.3% (2019)	1
Prevalence of prediabetes (adults)	8.9% (2017)	Unable to Access	
Age-adjusted death rate due to diabetes	23.0 per 100k pop. (2017)	24.7 per 100k pop. (2019)	

For more information

- Health Advisory Committee:
 https://cecilcountyhealth.org/resources/health-advisory-committee/
- 2019 Community Health Needs Assessment: https://cecilcountyhealth.org/wp-content/uploads/2020/09/Cecil-County-Community-Health-Needs-Assessment-FY-2019-min.pdf
- FY 2020-2022 Community Health Improvement Plan:
 https://cecilcountyhealth.org/wp-content/uploads/2021/04/Cecil-County-Community-Health-Improvement-Plan-FY-2020-2022-rev.-2.12.2021-1.pdf

COVID-19 Updates

Case Rate



Positivity Rate



Vaccination

- Percentage of Cecil County residents age 12+ who are fully vaccinated: 63.9%
- Percentage of residents age 12+ who have received at least one dose: 76.3%
- Cecil County Health Department offers free COVID-19 vaccination for anyone age 5 and older.
- Vaccine is also available through many local pharmacies and provider offices.
- For upcoming Health Department or ChristianaCare, Union Hospital clinics you can visit https://cecilcountyhealth.org/coronavirus/vaccination/ or call 410-996-1005

Testing

- The Health Department offers PCR & Rapid testing by appointment
- At-home PCR saliva test kits are available while supplies last
- At-home rapid tests are being distributed through CCPL
- Families may now receive 4 free at-home rapid test kits at covidtests.gov
- Additional testing options can be found at:
 - https://cecilcountyhealth.org/coronavirus/testing/
- COVID positive at-home self-report portal:
 - https://covidlink.maryland.gov/selfreport
- To schedule a test or for more information call 410-996-1005.

Additional Information

- Face Mask Distribution
 - State of Maryland and federal government have plans to make N95s available to residents for free
- Updated Quarantine & Isolation guidance:
 - https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html
- Updated COVID-19 booster guidance:
 - Pfizer- recommended for 12+ (at least 5 mo. after 2nd dose)
 - Moderna- recommended for 18+ (at least 5 mo. after 2nd dose)
 - J&J- recommended that individuals get either Moderna or Pfizer Booster (at least 2 mo after first dose)
 - https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html